

The 9th August
1854



W^m Maitlands Doctor, a Quaker, Fotheringel, in London,
Lumbar Street, Mighty Famous! 1755/.

[Personal (A) diary of
~~consumption~~ consumption of
solids and fluids,
exercise, sleep, amount
of urine voided, meteor-
ological observations,
etc., for one year;
dated Hamburg, Aug.
9, 1755 to Aug. 8, 1756.]

Surgeon General's Office

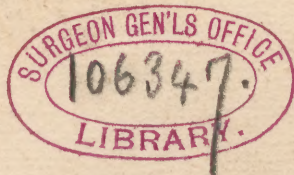
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Section,

No. 106347.

Feb. 21st February 1755.

Osborne, Vice Admiral, of *Red*
Watson. Rear Admiral, of *Red*
West. . . . Rear Admiral, of *Red*
Griffin. Vice Admiral, of *White*
Hawke. Vice Admiral, of *White*
Pocock. Rear Admiral, of *White*
Townshend. Rear Admiral, of *White*
Knowles. . .
Forbes. . . } Vice Admirals of *Blue*
Dorrawen }
Mostyn. Rear Admiral, of *Blue*
Holburn. Admir? of
Smith & Dead. Admir? of
Ding. Admir? of
Anson. Admir? of



Extract out of Amsterd^m: Garry: from y^e Article, Londⁿ
5^t Aug: 1755. / Vg^t

Men, ziet een authentique list der Fransche Zeemagt
volgens dewelke, deselve, bestaat uyt 91 Scheepen, namentl^{yk}:

6 jeder Van, 80 Stuckken,	}	62.. alle, Oorlogscheepen, en
15. . . van, 74,		29. fregatten, van, 44 tot,
7. . . van, 70,		20 Stukken
25. . . van, 64,		
9. . . van, 50,		

Hamburg the 9th August 1755.

up at 6 $\frac{1}{4}$, W; WNW m. 1 qz: & dry. at 6 $\frac{1}{2}$. (S).
 Rid fr. home, to N. p. 2 fr: 7 $\frac{1}{4}$ till 8 $\frac{1}{4}$, & t^h fr: 10 $\frac{1}{4}$ till 12 $\frac{1}{2}$;
 at 9. Bringol, 4 $\frac{1}{2}$, butter, 1 t. 5 $\frac{1}{2}$ t. 16,
 x Pickled herring. 2 , at 1. Amber, Stout. 16,
 at 2 $\frac{1}{4}$. bread, pud: Solids. 7 , y Humidity. 4,
 Turkoche, Express, Solids. 5 $\frac{1}{2}$, y Humidity. 8,
 Roasted Lamb. 6 , G: wine. 38.
 w: bread. 4 , 1 waterd, 49 t: 1
 at 4 $\frac{1}{2}$. Sugar. 1 , Coffee & milk. 12.
 Solids. 31 t: Liquids. 94 t:

Not out since dinner; Slept on Couch fr: 5 till 6; rid to N. p. 1 fr: 6 $\frac{1}{4}$
 till 7 $\frac{1}{4}$, to bed, at 8 $\frac{1}{2}$, slept fr: 8 $\frac{1}{4}$, disturbed by Wind, till circa 2; & fr: 5 $\frac{1}{2}$ till 6;
 W; W fr: 1 various & dry 1 Much Rain & thick 1 W; NW. Storms 1

up at 6 $\frac{1}{2}$; W; NW fr: 1 Rain, & V. 1 y: 10: Aug:; at 6. (S).
 Not abroad before dinner;
 at 9. Bringol, 4 $\frac{1}{2}$, butt: 7 $\frac{1}{4}$, Sug: 1 $\frac{1}{4}$ 6 $\frac{1}{2}$ t. 20 t:
 at 1 $\frac{1}{2}$. Dumps: Solid, 5 $\frac{1}{2}$, gruen, 2 t. 7 $\frac{1}{2}$, beef broth, &c. 26,
 5 Cray fish, in y broth. 2 $\frac{1}{2}$, , Colly flowers. 11,
 roasted Chicken. 9 , W: mat: wine. 5,
 w: bread. 4 , Champagne wine. 26,
 Cherry wine. 18,
 at 7. Sugar. 1 $\frac{1}{2}$, green tea, & milk. 24,
 Solids. 31 t: Liquids. 130 t:

Not abroad all day, Slept on Couch, fr: 5 till 6; to bed, at 8 $\frac{1}{2}$,
 Slept, fr: 8 $\frac{1}{4}$ till - & till 3;
 1 waterd, 60 t: 1

W; NW Storms 1 Cloudy, V. & dr: 1 V. & dry 1 W. NW h: 1
 It is unusually y. I Slept so well, after late drinking 4 cups Tea.

at 4. Sugar 1 1/2 green tea & milk 12 1/2
ab: 8. ryz, bread 2, honey 1 lb. 3 1/2 Luff 24, Tw:omad: 5. 29 1/2
3 1/2 12 7 1/2

NW, NW 1/4: V^o Dry & fine Very Fine - W. NE. m^o 1

Not out since dinner; Slept on Couch fr: 6 till 7, to
bed at 8³/₄ a little, Interruptedly fr: 9 till 2, & ditto fr: 5 till
6¹/₄; 1 waterd, 68⁶/₁!

W; NW m: V: Fine Very Fine W; Calmes

up at 8 $\frac{1}{4}$; Calms / fine, V. & dr. / yf. 13. Aug: at 8 $\frac{1}{2}$. (S & M) 5
 Walk'd on, Ramp't fr: 8 $\frac{3}{4}$ till 9 $\frac{3}{4}$ i
 at 10 $\frac{1}{4}$ Tringol, 6; butt: 4 Aug: 14-8 $\frac{1}{2}$ t. . t: tea, & milk . . . 24,
 at 2. plain, bread, pud: Solids . . . 6 , humidity . . . 7,
 Roasted, Chicken . . . 12 , Quyskin . . . 8,
 w: bread . . . 5 , R. wine . . . 35
 at 4 $\frac{1}{2}$ Sugar . . . 1 $\frac{1}{2}$, . t: tea, & milk . . . 26
 w: bread . 3t: butter, 1 . . . 4 ,

Solids . . . 37 t Liquids . . . 100 t.

Walk'd on, Rampart fr: 6 $\frac{1}{2}$ till 8; to bed, at 9; Slept fr: 9 $\frac{1}{4}$
 till 11 & till 12 $\frac{1}{2}$ & till 2 $\frac{1}{2}$; & dr: fr: 5 $\frac{1}{4}$ till 6; / waterd, 53 t: /
 W; NE m: / overcast & dry / grey & dry / W; NE m: /

up at 6; W; NE m: / fine, V. & dr. / yf. 14. Aug: at 6. (S) pd.
 Out on Street, ramp't fr: 9 $\frac{1}{2}$, & home, at 11 $\frac{1}{2}$;
 at 8. Tringol, 6, butt: 1, Aug: 2t: . . . 9 t: . t: tea, & milk . . . 24,
 at 2, plain, bread, pud: Solids . . . 3 $\frac{1}{2}$, , humidity . . . 4,
 roasted Young Mutton . . . 14 $\frac{1}{2}$, Colly flowers . . . 14,
 w: bread . . . 7 , Y. wine . . . 36,
 Solids . . . 34 t Liquids . . . 78 t.

Not out since 11 $\frac{1}{2}$, Slept on Couch fr: 5 till 6; to bed at 8 $\frac{1}{2}$
 Slept fr: 8 $\frac{3}{4}$ till 11 $\frac{1}{2}$ & a little, Interrupted by till 4 $\frac{1}{2}$;
 / waterd, 58 t: /

W; SE m: / Rain, & th: / Rain, & fog / W; W S W m: /



up at 7: W; WSW / Rain & fog / y: 15: Aug 6; at 12. (S) pd:
 To y / Exchange, at 12½, & 6½ at 1½;
 at 9.. Pringol 5¼, butt ¾, Sug ¾. 7 t.. 6: tea & milk. . . . 12,
 at 1¼. H. 26. wine. . . . 15,
 at 2, Young Sturgeon, cold. . . . 11, Mash'd Turnoips. . . . 13,
 fry'd Pope-fish. . . . 6, H. 26. wine. . . . 20,
 w: bread. . . . 6, Champagne wine. 26,
 at 4½. Sugar. . . . 1, E. beer. . . . 10,
 Coffe & milk. . . . 12,
 Solids. . . . 31 t. Liquids. . . . 108 t.

Drove in coach, fr: 5 till 6¼; to bed at 8¼, Slept a little, In,
 interruptedly, fr: 9 till 4¼;
 1 waterd, 75 t. 7

W; SW m. / Lowing & dr: / Foggy. 1 W; W m. /
 up at 7: W; E m. / V: dr: & fine / y: 16: Aug: at 6 2 (S & Spd):

Rid, fr: home, to N. W. & fr: 7¼ till 9, & 6½ fr: 10¼ till 12½;
 at 9½. w: bread, 5's, butter 1½. . . . 6½ t. . . . 15,
 x at 8. Biscuits. . . . 1, at 1. Amber Stout. . . . 15,
 at 2¼. Pickled herring. . . . 3, green Kidney beans. 13,
 Young Sturgeon. . . . 11½, R: wine. . . . 37,
 fry'd Pope fish. . . . 2, x at 8. H. 26 wine. 14,
 w: bread. . . . 8,
 ab: 4½. Sugar. . . . 1, g: 2: tea & milk. 14.

Solids. . . . 32 t. Liquids. . . . 108 t.
 Not out since dinner; to bed, at 9½, Slept fr: 9¼ till 1½ & fr: 4
 till 5;
 1 waterd, 56 t. 1

W; E m. / Various & dry / grey & dry / W; SE m.)

up at 6 $\frac{1}{4}$; W; SE m: W fine, de: 1 y: 17. Aug:; at 6 $\frac{1}{2}$. (N) pd.
 Rid fr: home to N. Hill fr: 7 $\frac{1}{4}$ till 8 $\frac{1}{4}$;
 at 9. Tring 4 $\frac{1}{2}$, w: bread 1 t: rye 1 t: 6 $\frac{1}{2}$ to } t: tea & milk 10
 butter 2 $\frac{1}{4}$ Sugar 1 $\frac{1}{4}$ 2 $\frac{1}{2}$ } at 1. Att: E beer 28
 at 2 $\frac{1}{4}$. duompl: & gt. gruvon. Solids 4 $\frac{1}{2}$ beef broth 20
 Veal, cutlets 1 $\frac{1}{2}$ Gr: wine 31
 w: bread 6 at 7 $\frac{1}{2}$. H. 26. wine 12
 at 4 $\frac{1}{4}$. Sugar 1 green tea & milk 14

Solids 36 t: x Liquids 124 t:

Not abroad since morning 8 $\frac{1}{4}$; to bed at 8 $\frac{1}{2}$; Slept fr: 8 $\frac{1}{4}$ till
 fr: 4 till 5 $\frac{1}{2}$; all interruptedly; 1 water 47 t: 1

W; Wm: p Rain, Thunder, Lightning grey & gloomy & V: W; SW m: 1

up at 6 $\frac{1}{2}$; W; SW m: 1 V: d dry 1 y 18th Aug:; at 6 $\frac{3}{4}$. (N)
 Rid fr: N. Hill fr: 7 $\frac{1}{4}$ till 8 $\frac{1}{4}$;
 at 9 $\frac{1}{4}$. Tring 4 $\frac{1}{4}$, butt: 2, Sug: 1 $\frac{1}{2}$ 6 $\frac{1}{2}$ to } t: tea & milk 10
 w: bread 10 $\frac{1}{2}$ at 1. A beer 31
 at 2 Boiled Bacon 2 Kidney beans 6
 roasted Chicken 13 Artichoke 6
 w: bread 10 $\frac{1}{2}$ at 1. beer 8

Solids 32 t: Champagne wine 32
 at 5. J. G. T. aly 6

Not abroad since morning 8 $\frac{1}{4}$; Liquids 108 t:

to bed at 8 $\frac{1}{2}$; Slept fr: 8 $\frac{1}{4}$ till 10 $\frac{1}{2}$ & fr: 11 $\frac{1}{2}$ In
 interrupted much, fr: circa 2 $\frac{1}{2}$ till 4; / water 57 t: 1

W; NW m: 1 Various d dry / Very Fine, 1 W; E & V: & m: 1

up at 6 $\frac{1}{2}$; W; E $\frac{1}{2}$ & V $\frac{1}{2}$ fine, y: 19: Aug: at 7. (N $\frac{1}{2}$ p L:
 Rid, fr: n $\frac{1}{2}$ till home, fr: 7 till 8 $\frac{1}{2}$, & 8 $\frac{1}{2}$ fr: 11 $\frac{1}{2}$ till 1;
 * at 9. bring, 4, butt: $\frac{3}{4}$. Sug: $\frac{1}{4}$. 7 t.: 6: tea, & milk. 32,
 x at 5. in bed, 19,
 Twixt 1 & 2. A beer. 18,
 at 3 $\frac{1}{2}$. dumpl: & given Solids. 6, beef broth &c? 27,
 roasted Chicken. 4, Savoy's 6, Carrots 6 t.: . . . 12,
 Veal fittlett. 7 $\frac{1}{2}$, Gr: wine. 32,
 w: bread? 4 $\frac{1}{2}$, Cherry wine. 12,
 Solids. 29 t. Liquids. 132 t.

Not abroad, since 1; to bed, at 8 $\frac{1}{2}$, Slept Intermittently fr: 8 $\frac{1}{2}$ till
 4; NB. . . / waterd, only 48 t.: /

/W; SSE & V: / w: & Rain / Rain & thick / W; S & V: m: /
 up at 6; W; S W m: / Rain, & thick / y: 20: Aug: at 5. (Flad: & m: at 6 $\frac{1}{2}$ P:
 Walked fr: n $\frac{1}{2}$ till 10 till 11, fr: 6 $\frac{1}{2}$ till 8 $\frac{1}{2}$;
 at 6 $\frac{1}{4}$. Sugar. 2 $\frac{1}{2}$ t.: green tea, & milk. 32,
 at 9 $\frac{1}{2}$, ry: bread, 6 $\frac{1}{4}$, butt: $\frac{1}{4}$, Sug: 2 t.: 10 . . . 6: tea, & milk. 24,
 at 1 $\frac{1}{2}$ E beer. 27,
 at 2 $\frac{1}{2}$. Coit: flounder, fish. 5 $\frac{1}{2}$, Cutt Turnips. 6,
 fry'd, flounder, fish. 10 $\frac{1}{2}$, Potatoes. 6,
 w: bread. 5 $\frac{1}{2}$, E beer. 8,
 Gr: wine. 35,
 Solids. 34 t. Liquids. 138 t.

To Parson, Brandorff fr: 4 $\frac{1}{2}$ till 6; to bed, at 8 $\frac{1}{4}$; Slept Somew:
 Interrupted by fr: 9 till 3; NB I had, Slept before, on Couch, fr: 6 $\frac{1}{2}$ till
 7 $\frac{1}{2}$; / waterd, only 56 t.: /

/W; WNW fr: / various & moist / grey & dr: / W; WSW Storms /

up at 5 $\frac{1}{4}$; W; WSW ft. 1; hazy / y: 21: Aug: ; at 6. (N) pd.
 Walkd fr: N till 8 & t^h: fr: 6 $\frac{1}{2}$ till 8 $\frac{1}{2}$ i
 at 4. Sugar. 2 t^o. green tea & milk. 24
 at 9 $\frac{1}{4}$, ry, bread 7 $\frac{1}{2}$, butt: 1 $\frac{1}{2}$, Sug: 2 t^o. 11 .. H^o tea & milk. 24
 at 1. Apple, pancakes, Solids. 6 $\frac{1}{2}$.. Humidity. 12
 Lamb stones Fryd, Dry. 15 .. Artichokes. 6
 w: bread 5 t^o. Chees 2 t^o. 5 $\frac{1}{2}$.. E beer. 17
 R^o wine. 32 t^o .. & .. ab: 4 $\frac{1}{2}$ R^o wine. 16 . 48
 at 5. Sugar. 1 .. gr: tea & milk. 12
 Rid, fr: N till home, fr: 5 $\frac{1}{2}$ till 7; to bed at 9, Slept much
 Interrupted by fr: 9 $\frac{1}{4}$ till 12 $\frac{1}{2}$ & fr: 6 till 7 $\frac{1}{2}$ / water 84 t^o / :
 W; SW fr: / Various & dr: / V^o & dry / W; SW Storms /
 up at 8 $\frac{1}{2}$; W; SW ft. 1; dr: / y: 22: Aug: at 8. (N) pd.
 Not out before dinner.
 at 9 $\frac{1}{2}$. Pringol, 5 $\frac{1}{2}$, butt: 1 $\frac{1}{2}$, Sug: 1 t^o. 7 t^o. Coffee & milk. 12
 at 2. plain bread, pud: Solids. 5 .. Humidity. 7
 Smoked, beef pluck. 4 .. Carrots. 4
 Fryd, Plaiz-fish. 10 $\frac{1}{2}$.. H. 26. wine. 35
 w: bread. 4
 at 4. Sugar. 1 $\frac{1}{2}$.. Coffee & milk. 18
 Solids. 32 t^o .. Liquids. 76 t^o
 Not out of door, all day; Slept on couch, fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$
 to bed, at 8 $\frac{1}{4}$, Slept fr: 9 till 1 $\frac{1}{2}$ & fr: 2 till 3, & fr: 5 till 6;
 / water 53 t^o /
 W; NW fr: / Various & dr: / V^o & dry / W; SW h: /

up at 7 $\frac{1}{4}$; W; Wh: / v: & fine / y: 23: Aug: at 7 $\frac{1}{4}$, N: Spd:
 Walked, via, Stenisch dantz fr: 8 till 9 $\frac{1}{2}$;
 at 9 $\frac{1}{4}$, Pringel, 4, butt: $\frac{1}{2}$, Sug: 1. 5 $\frac{1}{2}$ t: green tea, & milk: . . . 13,
 at 1 $\frac{1}{4}$. Juss: 10, Cold Lay Juss: 10, cold . . . 26,
 at 2. Euxel schef: 10, w: Solid: . 7, . . . Humidity 10,
 boild bacon 5 $\frac{1}{2}$,
 boild Eggs / 3, & whites / 8 } Champagne wine, 36,
 w: bread 8 }
 at 4 $\frac{1}{2}$. Sugar 1, . . . green tea & milk: 13,
 Solids . . . 35t. Liquids . . . 98t.

Rid, fr: home, to N. fr: 5 $\frac{1}{2}$ till 7; to bed, at 8 $\frac{1}{4}$ Slept fr: 9 till
 & much, Interrupted, till 3 $\frac{1}{2}$; / waterd, 62 t: /
 W; SW: fr: variously & dr: 1 grey & dry 1 W; SW: fr: /
 up at 7; W; SW: fr: / grey & dry . / y: 24: Aug: at 7 $\frac{1}{4}$ N: Spd:
 Rid, on, y: hills fr: 10 $\frac{1}{2}$ till 12 $\frac{1}{4}$;
 at 9. Pringel, 4 $\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{2}$. . . 6 $\frac{1}{2}$ t: green tea, & milk: . . . 18,
 at 1 $\frac{1}{2}$. A beer 16,
 at 1 $\frac{1}{2}$. plumb pud: Solids 5, . . . humidity 3,
 Roasted Mutton 11 $\frac{1}{2}$, green kidney beans . . . 13,
 w: Bread 10, . . . R: wine 30,
 twint 3 $\frac{1}{2}$ & 4 $\frac{1}{2}$. . . E beer, 14 t: . . . & Cherry wine, 14 t: . . 28,
 at 7 $\frac{1}{4}$. Cherry wine . . . 10,
 Solids . . . 33t. Liquids . . . 118t.

Walked fr: N: Spd to Loo: fr: 5 till 7; to bed
 at 8 $\frac{1}{4}$ Slept fr: 6 till . . . & Interrupt: much, till 3 $\frac{1}{2}$;
 / waterd, 51 t: /
 W; S by W fr: 1 Rain, & N: 1 grey & thick, 1 W; Wm: 1

up at 7 $\frac{1}{4}$; W; Wm: Rain, & Th^{rs} 1; 25th Aug:; at 5 $\frac{1}{2}$, (M^d) Fla^d.
 Walkd, fr; Nth, to Sth from fr: 8 till 9 $\frac{1}{2}$, & 6th fr: 9 $\frac{1}{2}$ till 11.
 at 3. in bed. Dry, & cold. 14,
 at 8 $\frac{1}{2}$. Sugar. 1 $\frac{1}{2}$ t^o. green tea & milk. . . . 32,
 at 1 $\frac{1}{4}$ plain bread, pud: Solids. . . . 6 " Humidity. . . . 7,
 Cold bacon. 2 $\frac{1}{2}$. Carrots. 9,
 Roasted Chicken. 14 " E. beer. 18,
 w: bread. 7 " W. mad: wine. 7,
 / at 2 $\frac{1}{2}$ (Sp^d) & P. / . 84. hock. 27,
 twice, 5 & 6. Dry, & cold. 18,

Solids. 31 t^o Liquids. 132 t^o
 Not abroad, since 11; to bed at 8 $\frac{1}{4}$; Slept much, Interruptedly
 fr: 8 $\frac{1}{2}$ till 3 $\frac{1}{2}$; I had Slept on Chair, fr: 3 $\frac{1}{2}$ till 4 $\frac{1}{2}$;
 W; Wm: Rain, & Various Rain, & V: 1 waterd 55 t^o /
 up at 6; W; W, fr: 1/4th & Rain, & y: 26th Aug: at 6 $\frac{1}{2}$ (N^d) pd:
 Aid, fr: Nth & home, fr: 6 $\frac{1}{4}$ till 8 $\frac{1}{2}$;
 at 9 $\frac{1}{4}$ Pringol, 4 $\frac{1}{2}$; butt: 1/2 Aug: 2 t^o. . . 7 t^o. gr: tea & milk. . . 26 t^o.
 at 2 $\frac{1}{4}$. Dumpl: & grouven, Solids. . . 6 $\frac{1}{2}$, beef broth &c. . . 26.
 roasted Chicken. 11 $\frac{1}{2}$, gravy. 2.
 Cold beef. 2 " Champ: wine, 28,
 w: bread. 7
 at 4. Sugar. 1, green tea & milk 12,
 Solids. 35 t^o Liquids. 94 t^o

Not out since Morning 8 $\frac{1}{2}$, to bed at 8 $\frac{3}{4}$, Slept fr: 9 till 10:
 & till 12 & till 1, & fr: 2 $\frac{1}{4}$ till 4; 1 waterd 60 t^o /
 W; NW m: / Various & dry / cloud: & V: / W; Wm: /

up at 6; W, Wm: / th: & V: / yf: 27: Aug:; at 10 $\frac{1}{2}$. (N) F.
 Walkd, on Streets, grass brooke, & ramp: fr: 6 $\frac{1}{4}$ till 9; & to Exch:
 at 9 $\frac{1}{2}$ Pring 4, rye 2 $\frac{3}{4}$, butt: 4, Sug: 1 $\frac{1}{2}$. T: 6 $\frac{1}{2}$ tea & milk . . . 18,
 x at 1 in bed, dry fr: . . . 7,
 at 1. dry fr: . . . 14,
 at 2. green & w: Turp: for 6 fr: 6, y humidity . . . 10,
 Boild bacon, lean, & fatt . . . 4,
 Roasted Mutton, hashed . . . 11, . . . gravy . . . 3,
 w: bread . . . 8, . . . R: wine . . . 32,
 at 4 $\frac{1}{4}$. Sugar . . . 14, . . . gr: tea & milk . . . 18,
 Solids . . . 37 $\frac{1}{2}$; Liquids . . . 102 $\frac{1}{2}$.

Not out since dinner; Slept on Couch, fr: 5 till 6; to bed, 8 $\frac{1}{4}$
 Slept, Interruptedly, fr: 8 $\frac{1}{2}$ till 2 $\frac{1}{2}$ & fr: 5 $\frac{1}{4}$ till 5 $\frac{3}{4}$; / waterd 65 t
 W; W fr: / various & dr: / Various & dr: / W, W S W m:
 up at 6; W, W S W m: / a: & dr: / yf: 28: Aug:; at 6 $\frac{1}{2}$. (N) & S.
 Walkd, on, ramp: fr: 7 $\frac{1}{4}$ till 8 $\frac{1}{4}$; & to R: & fr: 10 till 11 $\frac{1}{2}$;
 at 9 $\frac{1}{4}$, Pring 4, rye 2 $\frac{3}{4}$, butt: 1 Sug: 1 $\frac{1}{2}$. T: gr: tea & milk . . . 19,
 at 2 $\frac{1}{4}$. dumpl: & Rice Solids . . . 6 $\frac{1}{2}$, beef broth & . . . 27,
 Pidgeon, out of Pyz . . . 12 $\frac{1}{2}$ gravy . . . 3,
 Pyz = crust, Solids . . . 5, . . . y humidity . . . 4,
 w: bread . . . 3, . . . H. 26. wine . . . 33,
 ab: 5. Sugar . . . 1, . . . Coffee & milk . . . 12,
 Solids . . . 37 $\frac{1}{2}$; Liquids . . . 98 $\frac{1}{2}$.

Not out since dinner; to bed, at 8 $\frac{1}{4}$, Slept some,
 w: Interruptedly, fr: 9 till 4; / waterd 65 t: /
 W; W S W m: / Rain, & V: / dr: & gr: / W; S W fr: /

up at 6½; W; SW fr: / y: 29: Aug:; at 5½. (S) pd:
 Walkd. on ramp. fr: 7 till 8½;
 at 9. Pringol 4½, ry 1½ butter ¾. 6¼ to } to tea & milk. . . . 24.
 Sugar. . . . 1¼
 at 2. 2 Large Apples, put: Solids. 6, y humidity. . . . 28.
 Young Sturgeon, boild. . . . 12, Champagne wine. 36.
 5 Pories fish, fry. . . . 5, ab: 6½. H. Wings. 6.
 w: bread. . . . 5½
 at 4¼. Sugar. . . . 1, Coffee & milk. . . . 12.

Solids. . . . 38t. Liquids. 106t.

Not out since morning 8½; to bed, at 8½, Slept some w:
 Interruptedly, fr: 8¾ till 3¼, / waterd 80 t: /

/W; W m: / gr: & dry / grey & dry / W; SW m: /

up at 6; W; SW fr: / grey & dry / y: 30: Aug:; at 5½. (P) & milk;
 Rid fr: home, to N. St. fr: 6½ till 8¼, & 10½ till 12;
 at 9. Pringol 5, butter ½, chees ¼. . . . 5¼ t. . . . 13,
 ab: 1. . . . Amber Stout. . . . 19,

at 2¼. apples, Pancakes Solids. . . . 5¼, y humidity. . . . 6.
 Venison, out Pasty. . . . 11½, turnips & juices. . . . 10.
 Bacon, done, in Pasty. . . . 3
 Pye, = crust, y Solid. . . . 6, y humidity. . . . 8,
 w: bread. . . . 6½, New H. wings. . . . 28.
 at 4¼. Sugar. . . . 1, green tea & milk. 12,
 Solids. . . . 39t. Liquids. 96t.

Not out since, 12; to bed, at 8¼, Slept fr: 8½ till 12½ &
 fr: 3½ till 5; / waterd 62 t: /

/W; W SW fr: / V: & fine / gr: & rainy / W; SSE fr: /

up at 6½; W, SSE f: / rainy & V: / y: 31st Aug:; at 6. (N) pd:
 Rid, fr: home, to nth hill, fr: 7 till 8½;
 ab: 9. Lingel 4¼ butt: ¾, Sug: 1½ . . . 6½ t. Coffee & milk . . . 19,
 at 1½. Young beef: Loin, roasted . . . 15, Colly flours . . . 16,
 w: bread . . . 8½, N.T. wine . . . 37,
 at 4. Sugar . . . 1, green tea & milk . . . 12,
 twist 5½ & 6½ . . . N.T. wine . . . 20,
 at 8½. 2 figgs; Solids . . . 31st Liquids . . . 104th
 Not abroad, since Morning 8½; to bed, at 8½, Slept some: In,
 interruptedly, fr: 8¼ till 4; / waterd, 66 t. 7

/ W; WSW m: / grey & dry / gr: rainy & V: / W; SSW f: /
 up at 6½; W. SSW f: / gr: & dr: / y: 1st Septemb:; at 6½, (N) pd:
 Walkd, on y hills, fr: 7½ till 9¼; & on y hills fr: 11½ till 1;
 at 6¼. Sugar . . . 2 t. green tea & milk . . . 24,
 at 9½, Lingel 4¼, butt: ¾, Chees ¾ . . . 5½, t: tea & milk . . . 18,
 Sugar . . . 1½, ab: 12. 2nd P: beer . . . 16,
 at 2. Young Sturgeon fish, boiled . . . 9, Carrots . . . 14,
 Powderd Neats Tongues . . . 9½, Champagne wine . . . 30,
 w: bread . . . 7½, x ab: 8 till 9. H. 26 wine . . . 16,
 at 4¼. Sugar . . . 1, green tea & milk . . . 12,
 Solids . . . 36th Liquids . . . 130th
 Rid, on y hills fr: 5½ till 7½; read till 10, to bed, at 10¼, Slept
 Interruptedly, fr: 10½ till 4; / waterd 76 t. 7

/ W; SSE. It: / dark, & dry / Lowry & dry / W; SSW f: /
 Jay, SE 1st

up at 6½; W; S; N; & dry 1 y; 2; 2ber; at 6½. (S. pd. & glwry;
 Rid. fr. N. road home, fr. 1½ till 8¼; & to N. road, fr. 12 till 1¼;
 at 9½. Iringol, 4¼. butter, ¼. 5 t. } t. tea & milk. 18.
 honey ½, Sugar, 1 t. 1½ } at 12. N. wine. 14.
 at 2½. Roast young beef hash. 13 } water, or gravy. 4.
 w. bread. 9, Alt. E. beer. 32.
 ry. bread, to y. E. beer. 1½ } Liquids. 68

Solids. 30 t.

Not abroad since 1¼; to bed, at 8; Slept frequently Interrupt;
 fr. 8½ till — & till 5½; } Water, 57 t. }

/W; S W fr. / Rainy & V. / Gloomy & dry / W; Calm, SE. /

up at 6½; W; SE. calm, / to N. road, fr. 1 y; 3; 2ber; at 8½ (N. & E. pd. /
 Saunterd, amōg. Encl. fr. 7¼ till 9¼; & again, to Koopmans gar. fr. 1 till 1;
 at 9½. Iringol, 5½. butter, ½. Sug. 2 t. 8 t. } green tea & milk. 30 t.
 at 2½. Potatoes Solid. 5 } x humidity. 6.
 x ab. 1½. A. beer. 16.

Young roasted beef hash. 14 } gravity, or water. 8.
 w. bread. 11 } at 4. N. wine. 16.
 n. Alt. E. beer. 42.

Solids. 38 t.

Liquids. 150 t.

Not abroad since 1; to bed, at 8½; ab. 6. N. wine. 16.
 Slept fr. 8¾ till, — & interruptedly till, — ab. 6 & 7, 84 hock. 16.
 fr. 2 & fr. 4½ till 5½; }
 / water, 107 t. /

/W; WNW fr. / Rainy & V. / Much Rain, / W; S W Storm, /
 a, Rain-bow

M^r. Fleischman, was wth me, fr. circa, 6 till 7;

up at 7 $\frac{1}{2}$; W; SW Storm, Rain, & th^k / y⁴: rber; ab^t: 2 (L) at 8. O.L.

Not abroad before dinner;

at 8.. 2 Small figs. t.

at 9. Bring 4, butt²: 2, chees²: 2, Sug²: 1 t. . . . 6, green tea, & milk . . . 18,

ab^t: 11. a Peach, 8,

at 12 $\frac{1}{4}$. A beer 16,

at 2 Roasted leg of Mutton. 14, Colly flowers 10, Savoy 6. 16,

w^t: bread. 12, E beer, 29,

NH wine. 31,

at 6 $\frac{1}{4}$. Sugar. 1, green tea, & milk. 18,

Solids . . . 33 t. Liquids . . . 136 t.

Not abroad all day; to bed, at 8 $\frac{1}{2}$, Slept, Interruptedly, fr 8 $\frac{3}{4}$

till 4; I had Slept on Couch, fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$; / water d, 56 t. /

W; SW, St^o: / Various & Rain, / gloomy &, Dr: / W; SW m^o: /

up at 6; W; SW m^o: / g^t tom¹: & Dr: / y⁵: rber; at 6 $\frac{1}{4}$, (S).

Rid, fr: N^o ad home, fr: 7 till 8 $\frac{1}{4}$;

at 9 $\frac{1}{4}$. Bring 3, honey 1, Sug²: 1 t. . . . 5 t. green tea, & milk. . . . 19,

ab^t: 1. a Peach. 8,

at 2. Bacon fry, Solids. . . 16, Humidity 9,

Powderd Neat's Tongue. . . 2, NH wine. 36,

w^t: bread. 7, Ex at 6. Dr. wine. 8,

at 5. Sugar. 1, Coffee & milk. . . . 12,

Solids . . . 31 t. x Liquids . . . 92 t.

Walked on ramp fr: 6 till 7; to bed, at 8 $\frac{1}{2}$; Slept w^t:

freq^t: Interruptions, fr: 8 $\frac{3}{4}$ till 4; / water d, 64 t. /

W; SW m^o: / V^a & Dry Rain, & th^k / W; E m^o: /

up at 7; W; E. m. / rain, & th^k / yf: 6: rber; . No O
 . Not out before dinner: Sug^s 1, 2 xab: 6. gr: tea & milk. 12
 at 10¹/₂, hony¹/₂, Sugar 2t: . . . 2¹/₂ t. green tea & milk. 26,
 ab: 2. ry & bread 2t: hony¹/₂ . . . 2¹/₂ . E. beer, hott. . . . 24.
 at 2¹/₄. Curry & frb & fru. Solid. . . 6 . yf green, &c. . . . 7.
 7 fryd. & opes fish. 9 . . . H. 26. wine. . . . 25.
 w: bread. 7 . . . Twint 4 & 5. N. wine. 14.
 Solids. . . . 28t. * Liquids. . . 108t.

Not out all day; to bed, at 8¹/₄, Slept fr: 8¹/₂ till 10 & till
 1¹/₄; & fr: 3¹/₂ till 5; no O / waterd, 64t: /

/W; NE. m. / Rain all day / V: & dry / W; WNW m. /
 up at 6¹/₄, W; WSW m. / Rainy & V: / yf: 7: rber: at 2¹/₂ (m):

Walked on y ramp fr: 6¹/₄ till 8¹/₄ t.
 at 9¹/₄ bringol, 3¹/₄. Sugar 1¹/₄ . . . 5¹/₂ t. green tea & milk. 22.
 at 1. . . 2 Scotts Pills.
 Dumpl. & Gruven, Solids. 6 . beef broth &c. . . . 28.
 boiled beef 3 . Savoy's & parrots. 5: 14.
 Roasted Chicken; 12¹/₂ . gravy. 4.
 w: bread; 9 . N. wine; . . . 30.
 at 3. Sugar. 1 . green tea & milk. 12.
 Solids. . . . 37t. Liquids. . . 110t.

Not out since dinner, Slept on Couch, fr: 4¹/₂ to
 6¹/₂; to bed, at 9, Slept fr: 9¹/₄ till 12, & till 3 & fr: 3¹/₂
 till 5; / waterd, 51t: /

/W; NW m. / grey & dry / driz: rain / W; WNW m. /

up at 6 $\frac{3}{4}$; W; WNWm $^{\circ}$ /Rainy/y $^{\circ}$: 8 Aug; at 12 $\frac{1}{4}$ (S). at 3. (H) $^{\circ}$:
 at 3 $\frac{1}{2}$. (L). at 8. O. wat: 1; at 10 $\frac{1}{2}$. O wat: 1 ad $^{\circ}$:
 at 7.. hony. 2 $\frac{1}{2}$ t. green tea, & milk. . 28,
 at 9 $\frac{1}{2}$ stringol, 4 $\frac{1}{2}$, butt: 4, Sug: 4. . 6 . Coffee & milk. . . 16,
 ab: 12. 4. Amber Stout. . . 14,
 at 2 $\frac{1}{4}$. Smoked boild ham, . . . 6, Spinage 14, Carrots 6 t: 20,
 4. Sape, fish fryo. 4 $\frac{1}{2}$ } x at 5 $\frac{1}{2}$. a Peach: 28,
 rye bread: 4 t. w: br: 4 t. . . 8 } NH. wine. . . . 28,
 ab: 4. Ditto wine. . . 14.

Solids: . . . 27 t. Liquids: . . . 125 t.

Not out since yesterday; dinner; to bed at 9; Slept
 fr: 9 $\frac{1}{4}$ till 1 $\frac{1}{2}$, & fr: 3 $\frac{1}{2}$ till 5; I had slept on Couch fr: 7 $\frac{1}{2}$ till 8 $\frac{1}{2}$

W; NWNm $^{\circ}$ /Various & dr: /th $^{\circ}$ & moist / W; SWm $^{\circ}$ /
 up at 7; W; SWm $^{\circ}$ /gr: & moist / y $^{\circ}$: 9: 20 $^{\circ}$; no O.
 Walked on ramp $^{\circ}$ & Street fr: 7 $\frac{1}{4}$ till 9 $\frac{1}{4}$;
 at 9 $\frac{3}{4}$. rye, br: 4 $\frac{1}{4}$, w: 1 $\frac{1}{4}$ butt: 1, Sug: 1 $\frac{1}{2}$. 8 t. gr: tea & milk. . 16,
 at 2 $\frac{1}{2}$. dumpl: & rice, Solids. . . 5, bee broth & . 29,
 roasted Chicken. 12, }
 Powderd Neate Tongue. . . . 1 $\frac{1}{2}$, } NH. wine. 39,
 Rye bread 3 t. w: bread. 5 t. . . 8 }
 at 5 $\frac{1}{2}$. Sugar. 12, Coffee & Sug: 12,
 Solids: . . . 35 t. Liquids: 96 t.

Not out since Morning 9 $\frac{1}{4}$; to bed at 9, I slept interrup
 tedly, fr: 9 $\frac{1}{4}$ till 5; / water 55 t. / y.
 W; WSWm $^{\circ}$: /thick & Rain/ gr: & moist / W; WSWm $^{\circ}$:/
 No O all day;

up at 6 $\frac{1}{4}$; W; Wby Sm^o/qt: & dry / y: 10: r^o?; at 6 $\frac{1}{2}$. (N): at 94 (N)
 Rid, Via, Loudon fr: 7 till 9; & in Coach fr: 11 till 12;
 at 9 $\frac{1}{2}$. Pringol 4 $\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: 1 t. . 6 t. gr. tea, & milk . . . 26,
 ab: 1. amber. Stout . . . 16,
 ab: 2 $\frac{1}{2}$. apple, pancake, Solid . . . 9 $\frac{1}{2}$ y humidity . . . 18,
 Smoakd ham, boild . . . 3, 1 artichock . . . 13,
 10: bread . . . 6 $\frac{1}{2}$ x at 7 $\frac{1}{2}$ NH wine . . . 20,
 6 $\frac{1}{2}$ NH wine . . . 20.

Solids . . . 25 t. x Liquids . . . 90 t.

Not out since, 12; Slept on Couch, Sitting, fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$
 To bed, at 8; Slept Somew. Interruptedly fr: 8 $\frac{1}{4}$ till 5 $\frac{1}{2}$;
 1 waterd, 4 t. /
 1 W; NW m: / fine, V: & dr: / grey & rainy / W; NW m: /
 up at 7 $\frac{1}{2}$. W; NW m: / V: & fine, / y: 11: r^oer; at 8. (N) pd:;

Not out before dinner;
 at 8. Sugar . . . 2 t. green tea, & milk . . . 32.
 at 1. 2 figs . . .
 at 2 $\frac{1}{2}$. apple, pud. Solids 4; Chee 4 $\frac{1}{2}$. y humidity . . . 21,
 Corn, butter, beef . . . 9 $\frac{1}{2}$ } NH wine . . . 34.
 Smoakd ham boild . . . 1,
 10: bread . . . 5, }
 Potatoes, Solid . . . 2 y humidity . . . 3,

Solids . . . 24 t. Liquids . . . 90 t.

Not out all day; To bed, at 8 $\frac{1}{2}$; Slept a little, Interruptedly, fr: 9 till 4;
 1 waterd, 5 t. /
 1 W; N m: / Rain & V: / V: & rain, / W; W m: /

up at 6; W; WSW m: / V: unsett: / y: 12: 26:; at 6. (M) d & f: 7:

Walked on ramp pt: fr: 6½ till 8;

at 9. ry, bread 2¼, Lingol 3¼. 6½ t: } to tea & milk. 22,
butter ½, Sugar 2t: 2½ } ab: 1. E beer, hott. 24.

at 2¼. bread pud: Solids 6½, y humidity 7,

Smoked ham, Boils 8, Carrots 14,

w: bread 7½, E beer 5,

NH. wine 14,

ab: 4. Sugar 1, Coffee & milk 10.

Solids . . . 32t. Liquids . . . 26t.

Not out since Morning 8; to bed, at 8½, Slept from
8¼ till 1½, & Interruptedly fr: 3½ till 5 & till 6; / water 73t: /

W; W: 4 m: / much Rain, th: / Rain & thick / W; WSW m:

up at 7; W; SW f: / Rain & thick / y: 13: 26:; at 7¼. (N) d:

Rid, fr: home, to N. f: 7½ till 9; & b: f: 11 till 12¼;

at 9½, ry, bread 5¼, butter ¾. 6½ t: 16,

at 1¼. NH. wine; 10,

at 2¼. Sugar 1t: butter ½. 1½, gruel, prunes, raisins. 26,

Bread pud: Solids 5, y humidity 5,

Roasted Chicken 9½, Carrots 9,

w: bread 5½ Smoked ham, 3t: 6½. H. 26. wine. . . 30,

ab: 5. Sugar 1, gr: tea & milk. . . 12,

Solids . . . 32t: Liquids . . . 108,

Not out since dinner, Slept on Couch, fr: 7 till 7¼, to bed,
at 8½, Slept Interruptedly fr: 9 till 11, till 3; / water 51t: /

W; WNW m: / various, dr: / dry, V: & fine / W; WNW m: /

up at 6; W; WNW m. / dr: V. & fine, 1 y: 14: rber; at 6. (S) pd:
 Walkd. on ramp. fr: 6 $\frac{1}{2}$ till 8 $\frac{1}{2}$; & to K. fr: 9 $\frac{3}{4}$ till 12 $\frac{1}{4}$;
 at 9 Tringl, 3 $\frac{3}{4}$, butt: 2, Sug: 1 $\frac{1}{4}$. 6 t. b: tea, & milk. 22,
 at 12 $\frac{1}{2}$. plain bread, pud: Sol: . 5 . . humidity del. . . . 7.
 Corned buttrick beef 12 . . Carrott 10, Savoy 10 t. 20.
 w: bread 9 . . a. trichoke 11.
 H. wine 34.
 at 4. G. wine; 14.

J. Esq: & f: fr: 4 till 5 $\frac{1}{2}$;
 Lay. J. H. Esq: & f: fr: 4 till 5 $\frac{1}{2}$;
 Solids . . . 32 t. x Liquids . . . 116 t.

Not out since dinner, to bed, at 8 $\frac{1}{4}$, Slept fr: 8 $\frac{1}{2}$ till 11
 & till - & till, 3 $\frac{1}{4}$; J. H. Esq: & f: fr: 4 till 5 $\frac{1}{2}$;
 1 water 66 t. /

/W; NW m. / very fine / Gloomy & dry / W; NE m. /

up at 6 $\frac{1}{4}$; W; NE & N m. / Glo: & dr: / y: 15: rber; at 6 $\frac{1}{4}$ (S) nd:
 Rid, fr: home to N. A. fr: 6 $\frac{1}{4}$ till 8; & walked, 2 hours till 1;
 at 9. ry, bread, 2 $\frac{3}{4}$, w: 1 $\frac{1}{4}$, butt: 2. . . 5 $\frac{1}{4}$ t. . green, tea, & milk. . . 32 t.
 Chees: 2, Sugar, 1 $\frac{1}{4}$ t. 2 $\frac{3}{4}$ 19,
 at 2 $\frac{1}{4}$. w: kidney beans Solid, circa. 3 . . humidity & green. . . 13,
 1 moak, ham boil. 5 $\frac{1}{2}$. . Alt: E. beer. . . . 16,
 roasted, Chickens. 7 $\frac{1}{2}$. . NH. wine; 16,
 w: bread. 9

Solids . . . 33 t. Liquids . . . 96 t.

Walkd. fr: N. A. to O. S. fr: 4 till 6; to bed, at 8 $\frac{1}{4}$; Slept
 Somew. Interruptedly fr: 8 $\frac{1}{2}$ till 5; 1 water, 62 t. /

/W; E. since 12 / Exceed: fine / fine & dry / W; W. Calm, /

up at 6 $\frac{1}{2}$; W; W^h Calms / Dr: & fine / y: 16: 7b^h; at 6. (S) p.d.:
 Rid, fr: 11 $\frac{1}{2}$ till 8 $\frac{3}{4}$;
 at 9 $\frac{1}{2}$ rye, 3 $\frac{1}{2}$, w: 2, butt: 1 Sug: 2t: 8 $\frac{1}{2}$ t: t: tea, & milk: . . . 22,
 twist, 12 $\frac{1}{4}$ & 12 $\frac{1}{2}$. Old french wine 16,
 at 2 $\frac{1}{4}$. bread pud: Solids 4 $\frac{1}{2}$, . . . humidity 5,
 Roasted Leg of Mutton 13, . . . Mash'd turneps & gravy 14,
 w: bread 7, . . . N.H. wine 31,
 at 4 $\frac{1}{2}$. Sugar 1, . . . green, tea, & milk 16,
 Solids . . . 34t: Liquid . . . 104t:

Not out since Morning 8 $\frac{3}{4}$; Slept on Chair, fr: 6 till 7,
 to bed, at 9, Slept a little, Interrupted fr: 9 $\frac{1}{4}$ till 2 & fr: 4 $\frac{1}{2}$ a 5 $\frac{1}{2}$.
 / W; W m: / W^h & Dry / W: 7 Fine / W; NE m: /
 / waterd, 51 t: /

up at 6 $\frac{1}{4}$; W; NE m: / W: 7 Fine / y: 17: 7b^h; at 6. (F) p.d.:
 Rid, Via, Gorb's side & fr: 7 $\frac{1}{2}$ till 9; x at 11. Pudding . . . 7,
 at 9 $\frac{1}{2}$ rye, bread 4 $\frac{3}{4}$, w: 1 $\frac{1}{4}$ butt: 1 Sug: 1t: 8 $\frac{1}{2}$ t: t: tea, & milk: . . . 16,
 Say about 1 . . . at N.H. wine 7,
 at 2 $\frac{1}{4}$. grt: grumey 4, . . . humid: 17t: N.H. wine 24,
 Roasted Mutton, hash'd 13, . . . Spinage: 13,
 w: bread 8 $\frac{1}{2}$, . . . N.H. wine 27,
 at 4. Sugar 1, . . . green, tea, & milk 17,
 Solids . . . 35t: Liquid . . . 111t:

Not out since Morning 9; Slept on Couch, fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$, to
 bed, at 8 $\frac{3}{4}$, Slept fr: 8 till 11 & till 2, & till 4; / waterd 59 t: /
 / W; NE m: / Various & fine, / Extra Fine / W; NE m: /

up at 6 $\frac{3}{4}$; W; NE m^o / Extra Time / y^e: 18: 2ter; at 6. (S) pd.
 Walkd, on Ramp & to h^o: at 9 $\frac{1}{2}$, & on Ramp^o: fr: 12 $\frac{1}{4}$ till 2;
 at 9. ry, bread 4 $\frac{3}{4}$, w^t: 2 $\frac{1}{2}$: butt: $\frac{3}{4}$ Sug^r: 1 $\frac{1}{2}$: 8 $\frac{1}{2}$ t.: Coffee & milk. . . . 16.
 at 2. w^t: bread. . . . 1 $\frac{1}{2}$, N^t. wine. . . . 7,
 at 3. Pease, pud: Solid^r. . . . 3 $\frac{1}{2}$, y^e humidity. . . . 5,
 Cornd buttrick^r beef. . . . 14, Carrots. . . . 9,
 w^t: bread. . . . 9 $\frac{1}{2}$, Artichokes. . . . 5,
 E beer. . . . 24,
 3 N^t. wine. . . . 24,
 37 $\frac{1}{2}$ Liquids. . . . 94 $\frac{1}{2}$

Not out since, 2; Slept on Couch, fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$; to bed, at
 8 $\frac{3}{4}$, Slept fr: 9 till 1 $\frac{1}{4}$ & till 2 & till 4; / Waterd 59 t.
 / W; NE m^o / Dry V^o: & fine / foggy & fine / W; E m^o /

up at 6 $\frac{3}{4}$; W; E by Sm^o / V^o: 7 fine / y^e: 19: 2ter; at 5 $\frac{1}{2}$ (S) pd.
 Walkd, on Streets fr: 7 $\frac{1}{2}$ till 8 $\frac{1}{2}$; & to y^e Arch: fr: 12 till 1 $\frac{1}{4}$;
 at 9 $\frac{1}{2}$ ry, br: 4 $\frac{1}{4}$, w^t: 1 $\frac{1}{4}$, butt: 1 $\frac{1}{2}$: Sug^r: 1 $\frac{1}{2}$: 8 $\frac{1}{2}$: t.: tea, & milk. . . . 16,
 at 12. 2 bisquits. . . . 1, N^t. wine. . . . 8,
 at 2 $\frac{1}{4}$. broild Carbel^r fish. . . . 16, Mashd Turneps. . . . 17,
 broild ham. . . . 1 $\frac{1}{2}$, N^t. wine. . . . 33,
 w^t: bread. . . . 9, Old Mamsay wine. . . . 3,
 at 5 $\frac{1}{4}$ Sugar. . . . $\frac{1}{2}$, Coffee & milk. . . . 11,
 Solids. . . . 36 $\frac{1}{2}$ Liquids. . . . 88 $\frac{1}{2}$

Not out since dinner; Slept on Couch, fr: 7 till 8, to bed,
 at 9, Slept a little, Interruptedly fr: 9 $\frac{1}{4}$ till 4; / Waterd 65 t.
 / W; NE m^o / Dry & overcast / Dry & overcast / W; E m^o /

up at 6 $\frac{3}{4}$; W; E m: / Dr: & Overc: / y: 20: 7 ber; at 7. (S) pd:
 Rid fr: home to N. till 9; & b: fr: 11 till 12 $\frac{1}{2}$.
 at 9 $\frac{1}{2}$, ry, & bread 3 $\frac{1}{4}$, w: 1 $\frac{1}{4}$; butt: 1b: . . . 6 $\frac{1}{2}$ t: . . . 20,
 at 2 $\frac{1}{4}$. Rel Soupe, Solids . . . 6 ,, humidityz . . . 20,
 Plain bread pud: Solids . . . 5 ,, humidityz . . . 7,
 fried Barbel = fish . . . 13 ,, NT. wine . . . 23,
 w: bread . . . 7 $\frac{1}{2}$.
 at 5. Sugar . . . 1 ,, Coffee & milk . . . 10,
 Solids . . . 39 t: Liquids . . . 80 t:

Not out since 12 $\frac{1}{2}$, Slept on Couch fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$, to bed,
 at 8 $\frac{1}{4}$. Slept a little interruptedly fr: 9 till 4 $\frac{1}{2}$;
 / waterd 66 t: / ab: 6. OF.

~~W; ESE m: / grey & dry / very Fine W; E by N fr: /~~

up at 6 $\frac{3}{4}$; W; E by N fr: / W: Fine, / y: 21: 7 ber; at 6 $\frac{3}{4}$. (S) pd:
 Rid fr: home to N. till 8; & walkd in fields fr: 11 $\frac{1}{2}$ till 1;
 at 9 $\frac{1}{2}$, ry, & bread 3 $\frac{1}{4}$, w: 1 $\frac{1}{4}$; butt: 1, Jy: 1 t: . 8 t: . Coffee & milk . . . 16,
 at 1. ry, & bread . . . 1 ,, NT. wine . . . 6,
 at 1 $\frac{1}{2}$. Venison, Pye = crust. circa . . . 6 ,, humidity circa . . . 8,
 Venison, out of Pye . . . 9 ,, gravy . . . 5,
 Roasted Chicken . . . 8 ,, gravy . . . 3,
 Apples = pye = crust. circa . . . 6 ,, Apples . . . 11,
 w: bread . . . 5 $\frac{1}{2}$ t: , chees $\frac{1}{2}$. . . 6 ,, Champaign wine . . . 13,
 NT wine . . . 26,
 ab: 4 $\frac{1}{2}$. . . 7. H. 26. wine . . . 16,
 Solids . . . 44 t: Liquids . . . 104 t:

Not out since 1, Slept on Couch fr: 7 till 8; to bed, at 8 $\frac{1}{2}$, Slept
 Somew: Interruptedly — till 4 & fr: 4 $\frac{1}{2}$ till 6; / waterd 58 t: /

W; ENE fr: / fine & hasey / hasey & fine, W; ENE fr: /

W & P & his wife dined w: me.

up at 6 $\frac{1}{4}$; W; E by Np/W: Fine, 1 y: 22: rber; at 6 $\frac{1}{4}$ (N:) p.d:
 Rid, to Delaun's hill & t.b. fr: 7 $\frac{1}{2}$ till 9 $\frac{1}{2}$; & walk on hills &c. fr: 12 $\frac{1}{4}$ till 1 $\frac{1}{4}$
 at 10. ry. b: 4 $\frac{1}{2}$ w: 2, butt: 1 t: . . . 7 $\frac{1}{2}$ t: . . . 11,
 twist 11 $\frac{1}{2}$ & 12. Amber Stout 33,
 at 2 $\frac{1}{4}$ Eye, Crust Solids. 5 $\frac{1}{2}$, humidity 7,
 Venison, out of Eye, 15, turnips, gravy, &c. 17,
 w: bread. 5 $\frac{1}{2}$, Champagne wine 34,
 at 4 $\frac{1}{2}$ Sugar. 1 $\frac{1}{2}$, green tea & milk 18,
 Solids 35 t. Liquids 120 t.

Not out since 1 $\frac{1}{4}$, Slept off say on Chair & couch, fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$, to
 bed, at 8 $\frac{1}{4}$; Slept somewhat interruptedly fr: 8 $\frac{1}{2}$ till 3 $\frac{1}{2}$; /waterd, 61 t: /

/W; NE fr: / hazy & dry / Grey & dry / W; NE m: /

up at 6; W; ENE / W: & dry / y: 23: rber; at 6; (S).

Rid fr: N had home, fr: 7 till 8 $\frac{1}{2}$,
 at 9 $\frac{1}{2}$ ry, bread 4 $\frac{1}{2}$, w: 2 $\frac{1}{2}$, butt: 1. Sug: 1. 9 t: . b: tea & milk . . . 11,
 twist 12 $\frac{1}{2}$ & 1 35,
 at 2 $\frac{1}{4}$ Cold Mutton 7 Savoy 10,
 Seal, Duck 9, Gravy &c. 4,
 w: bread 9, H. 26. wine 32,
 at 5. Sugar 1, gr: tea & milk 12,
 Solids 35 t. Liquids 104

Not out since 8 $\frac{1}{2}$, to bed, at 9, Slept fr: 9 $\frac{1}{4}$ till 12 & fr:
 3 till 5 $\frac{1}{2}$; N had, Slept on Couch, fr: 7 $\frac{1}{2}$ till 8;
 /waterd, t: /

/W; ENE m: / dry & fine, / dry & fine, /W; ENE fr: /

up at 6 $\frac{1}{4}$; W; ENE fr: / has cy & d: $\frac{3}{4}$ / y: 24. 16 $\frac{3}{4}$; at 7. (N) p d:

Walkd on ramp fr: $7\frac{1}{2}$ till $9\frac{1}{4}$;

at $9\frac{1}{4}$ rye bread, $3\frac{1}{4}$, w: $1\frac{3}{4}$, butt: $2\frac{3}{4}$ Sug: $1\frac{1}{4}$. 8 t: to tea & milk: . . . 22,
at $1\frac{1}{2}$ w: bread. $\frac{1}{2}$, NH wine. . . . 7,

at $2\frac{1}{4}$ plain bread, put: . Solids. . . . 7, humidity. . . . 7,

smoked ham boil. 4, Carrots. . . . 11,

Roasted Chicken. 9, Gravy. . . . 3,

w: bread. 5, NH wine. . . 42,

at 6. Sugar. $1\frac{1}{2}$, gr: tea & milk 16,

Solids. 35 t: Liquids. . . 108 t:

Not out since $9\frac{1}{4}$, Slept on Couch fr: $7\frac{1}{4}$ till $8\frac{1}{4}$, to bed,

at $9\frac{1}{4}$, Slept, but little, Interruptedly fr: $9\frac{1}{2}$ till $4\frac{1}{2}$ / water d: 56 t: /

W; ENE m: / various & dry / grey & dry. / W; ENE m: /

up at 6 $\frac{1}{2}$; W; ENE m: / gr: & dr: / y: 25: rber; at 6. (N) p d:

Walkd fr: home, to Nth fr: 7 till 9

at $9\frac{1}{2}$ rye bread, $6\frac{1}{2}$, w: $1\frac{3}{4}$, butt: $1\frac{1}{4}$, Sug: 1 t: $9\frac{1}{2}$ t: to tea & milk: . . . 18,

at $12\frac{1}{2}$ w: bread. 1, NH wine. . . . 12,

at $1\frac{1}{2}$ plain bread put: Solids. . . . 6, humidity. . . . 8,

Stewed Teal, Duck. 8, Gravy. . . . 4,

Chicken, fricassee. 4, Artichoke. . . . 10,

w: bread. 6, NH wine. . . . 44,

at 6. Sugar. $1\frac{1}{2}$, gr: tea & milk. . 18,

Solids. 36 t: Liquids. . . 114 t:

Walk fr: Nth home, fr: $3\frac{1}{4}$ till $5\frac{1}{4}$, to bed, at $8\frac{1}{2}$, Slept,

fr: $8\frac{1}{4}$ till 12 & Interruptedly fr: $1\frac{1}{2}$ till $4\frac{1}{2}$ & till $5\frac{1}{4}$; / water d: 68 t: /

W; NE m: / Grey & dry / Grey & dry / W; NE m: /

up at 7 $\frac{1}{4}$; W; NE m.: / Gloomy & dr.: / yf: 26: 7ber; at 7 $\frac{1}{2}$. (S) pd:
 Not out before dinner;
 ab: 9. ry & br: 5 $\frac{1}{2}$, w: 1 $\frac{1}{2}$, butt: 1, Sug: 1. 9t: green tea, & milk: ... 12t.
 ab: 12 $\frac{1}{2}$. E beer, 2st: NT. wine 5t: ... hott. ... 33,
 at 2 $\frac{1}{4}$. plain bread, pud: Solids: ... 7. y humidity ... 8,
 Roasted Chicken, ... 11 " Carrots & gravy ... 13,
 w: bread. ... 6 " NT. wine ... 24,
 ab: 4 $\frac{1}{2}$. Sugar, ... 1 " Coffee & milk ... 16.
 Solids ... 34t: Liquids ... 106t

Not out since Yesterday; to bed at 9 $\frac{1}{2}$, Slept Interrupt
 fr: 10 $\frac{1}{4}$ till 4 $\frac{3}{4}$ & dozed fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$; / Waterd, 58t: /

/W; E SE fr: / various & dr: / Extra Fine, W; E by Sfr: /
 up at 7 $\frac{1}{4}$, W; E by Sfr: / Extr: fine / yf: 27: 7ber; at 8 (N) pd:

Not out since yf: 25 $\frac{1}{2}$;
 at 8 $\frac{3}{4}$. Lingol 5 $\frac{1}{2}$, butt: 1 $\frac{1}{2}$ Sug: 2t: 8t: b: tea & milk: ... 32t.
 at 2. Apple dumpl: Solids: ... 5 $\frac{1}{2}$ " y humidity ... 22,
 Chees: ... 1 " NT. wine ... 7,
 Herring Buidling ... 3 " y humidity ... 5.
 Curd fr: 6 b: green & w: Solids 3 " y humidity ... 5.
 Roasted Chicken, cold ... 4 " NT. wine ... 28.
 w: bread ... 7 $\frac{1}{2}$ }
 at 3 $\frac{1}{4}$. Sugar, ... 1 " Coffee & milk ... 16.
 Solids ... 33t: Liquids ... 110t

Not out since yf: 25 $\frac{1}{2}$; Slept on Couch, fr: 6 till 7; to bed at
 9, Slept a little, Interruptedly fr: 9 $\frac{1}{2}$ till 2 $\frac{1}{4}$ & fr: 4 till 5;
 /W; E SE m.: / grey & dry / gloomy & dr: / W; SE m.: /
 1 Waterd, 77t: /

up at 7 $\frac{1}{4}$; W; W S W m / Gloomy / y: 28: 26 $\frac{1}{2}$; at 7 $\frac{1}{4}$. (N $\frac{1}{2}$)
 To ~~the~~ at 9 $\frac{1}{4}$ & t $\frac{1}{2}$ at 12 $\frac{1}{2}$;
 at 9. Tringol, 4 $\frac{1}{2}$, butt $\frac{1}{2}$ & Sug: 1 $\frac{1}{4}$. 6 $\frac{1}{2}$ t. t: tea; 22,
 at 12 $\frac{1}{2}$. w: bread. 1, N $\frac{1}{2}$ wine. 8,
 at 1. Buttrick, beef. 18, Mash'd Turnips. . 18,
 w: bread. 9, N $\frac{1}{2}$ wine. 14,
 *E. beer. 24,
 at 3 $\frac{1}{2}$. N $\frac{1}{2}$ wine. 14,
 at 4. Sugar. $\frac{1}{2}$, green tea & milk. . 12,
 Solids. 35 t. Liquid. . . 112 t.

Not out since 12 $\frac{1}{2}$, Slept on Couch, fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$; to bed at 8 $\frac{3}{4}$.
 Slept, Somew^t Interruptedly fr: 9 $\frac{1}{4}$ till 5; / water 65 t. /
 / W; S W m: / Various & dr: / little rain & grey / W; N m: /

up at 6 $\frac{1}{2}$; W; N & E m: / gr: & dry / y: 29: 26 $\frac{1}{2}$; at 6 $\frac{1}{4}$; (S $\frac{1}{2}$)
 Aid, fr: home, to h^t / fr: 7 till 8 $\frac{1}{2}$; & walk in field fr: 11 till 12 $\frac{1}{2}$;
 at 9. rye bread 3 $\frac{3}{4}$, w: 2, butter 1 $\frac{1}{4}$ 7 $\frac{1}{2}$ t. } t: tea & milk. . . 18,
 Chees $\frac{1}{2}$, Sugar 1 t. 1 $\frac{1}{2}$ } at 11. N $\frac{1}{2}$ wine. . . 12,
 at 1. Plumb pud: Solids. 5, y^h humidity. 4,
 Roasted, beef. 13 $\frac{1}{2}$, Carrots. 9,
 w: bread. 7 $\frac{1}{2}$, Artichocks. 10,
 Alt. E. beer. 28,
 N $\frac{1}{2}$ wine. 24,

twixt 4 & 4 $\frac{1}{2}$ R^a wine. 31,
 Solids. 35 t. Liquid. . . 136 t.
 To Parson, Brandorff fr: 4 $\frac{1}{2}$ till 6; Slept on couch, fr: 6 $\frac{1}{2}$ till
 7 $\frac{1}{2}$, to bed, at 8 $\frac{1}{2}$, Slept Somew^t Interruptedly fr: 8 $\frac{3}{4}$ till, circa 3,
 & Lord, fr: 5 till 6; / water 9 t. /
 / W; S E fr: / Various & dry / Thick & rain / W; S S W $\frac{1}{2}$ /

up at 6½; W; SSWm: 1/4; & dr: 1/4; 30: 1/2; at 6¼ (S) at 6½. (P).
 Rid fr: N. 1/2; home, 1 fr: 7¼ till 8¼;
 at 10 Bringl. 4½, butt: ½, Sug: 1 lb. . . 6 lb. b: tea & milk. . . 18,
 at 1½. NH. wine. . . 10,
 at 2¼. plain, bread pud. Solids. . . 7 . . . y humidity. . . 8,
 frye Sole-fish. . . 17 } Gr: wine. . . 31,
 Corned buttuck beef. . . 4 } NH. wine. . . 15.
 w: bread. . . 6
 at 5½. Sugar. . . 1 . . . green, tea & milk. 12.
 Solids. . . 41 lb. Liquids. . . 24 lb.
 Not out since, 8¼, Slept on Couch, fr: 6½ till 7½; to
 bed, at 9½, Slept much interrupt: fr: 9¼ till 2½ & fr: 4 till
 1/2 Water d. 50 lb.
 W; S W m: 1/4; & dry 1 dry & fine, 1 W; S by Wh: 1
 up at 7; W; S by W fr: 1/4; dr: & fine, 1/4; Octob:; at 7¼ (N).
 Rid Via Land: fr: 7½ till 9¼; & to Ench: & b: fr: 12 till 1½
 at 9½. Bringl. 6, butt: 1, Sug: 1½. . . 8 lb. b: tea & milk. . 28,
 ab: 12. NH. wine. . 14.
 at 2¼. apple, pud: Solids. . . 6 . . . y humidity. . . 20.
 Corned Buttuck beef. . . 11 } NH. wine. 28,
 w: bread. . . 7½
 at 5. w: bread 3, butt: ½, Sug: 1 lb. . . 5 . . . gr: tea & milk. 16,
 Solids. . . 38 lb. Liquids. . . 106 lb.
 Not out since, dinner, Slept on Couch, fr: 6½ till 7½, to
 bed, at 8½, Slept fr: 8¼ till 1¼, & fr: 3½ till 5 & 5½;
 1/2 Water d. 54 lb.
 W; S W. fr: 1/4; Rainy & th: 1 gr: & dr: 1 W; S W m: 1

up at 7 $\frac{1}{4}$; W; S W m: / V: & fine / y: 2: 8 b: at 7 $\frac{1}{2}$. (N $\frac{1}{2}$)
 Rid, Via, Drury fault, &c: fr: 7 $\frac{1}{2}$ till 8 $\frac{3}{4}$;
 at 9 $\frac{1}{4}$. Pringol, 4 $\frac{1}{2}$ butt: 2, Sug: 1 $\frac{1}{2}$. 6 $\frac{1}{2}$ t: Coffee & milk. . 22,
 at 1 $\frac{1}{2}$. w: bread. 1 $\frac{1}{2}$.. beef broth. . . . 16,
 raw Oysters. 5. 3 .. Porter beer. . . . 16,
 at 2 $\frac{1}{4}$ plain bread, pud. Solids. 4 $\frac{1}{2}$, yHumidity. . . 5,
 Corned buttuck beef 11, Colly flour. . . 17,
 Oysters in Shells fry. Solids. . 7 .. yHumidity. . . 6,
 w: bread. 6 $\frac{1}{2}$, NTwins. . . 20,
 Champ. wine. . . 21,
 1 waterd, 67 t: /

at 6 $\frac{1}{4}$. Sugar. 1, gr: tea & milk. 11,
 Solids. . . . 40 t, Liquids. . . 134 t.

Walks to Altona & t $\frac{1}{2}$ fr: 4 $\frac{1}{2}$ till 6; Nepton Cough fr: 7 $\frac{1}{2}$ till 8 $\frac{1}{2}$, to bed, at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{1}{4}$ till 11 & Interrupt till 4;
 / W; W S W m: / V: & fine / y: & fine / W;

up at 6 $\frac{1}{2}$; W; S S E m: / V: 1 Fine / y: 3: 8 b: at 6. (N $\frac{1}{2}$).
 Walks on, Ramp: & Streets fr: 7 $\frac{1}{4}$ till 9;
 at 9 $\frac{1}{2}$. Pringol, 5 $\frac{1}{2}$ butt: 3, Sug: 1 $\frac{1}{4}$. 7 $\frac{1}{2}$ t: . t: tea & milk. . 16,
 at 1. . 6. raw Oysters. 2 $\frac{1}{2}$, NTwins, 7, Eber 14. 21,
 at 2 $\frac{1}{4}$. plain bread pud. Solids. . . 4 .. yHumidity. . . 5,
 Corned buttuck beef 9, Colly flour. . . 18,
 2 Shells fry Oysters, Solids. . . 7 .. yHumidity. . . 6,
 w: bread. 8 .. NTwins. . . 28,
 ab: 6. Sugar. 1, gr: tea & milk. . 12,
 / waterd 68 t: / Solids. . . 39 t, Liquids. . 106 t.

Not out since morning 9. Slept on Cough fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$,
 to bed, at 8 $\frac{1}{2}$ / Slept fr: 9 till 1 $\frac{1}{2}$, & Interrupt fr: 2 till 5;
 / W, S by E fr: / Various & dry / V: y fine. / W; S S W fr: /

up at 6; W, SSW fz: 1/4 fine 1/4: 4: 8ber; at 6 1/2. (S).
 Out at 7: J. Skinns fz: 6 1/2 till 10.
 at 6 1/4. Sugar. 2 lb. green tea, & milk. 28.
 at 10 1/4 Brings 4, butter 1/2. . . . 4 1/2, at 1 1/2. N.T. wine. 14.
 at 2 1/4. plain bread pud. Solids. 4 1/2. y humidity. . . . 5.
 Boiled Peasch, & Pike fish. . . . 13.
 Oysters frye in 3 Shells, Solid. 9 1/2 y humidity. . . . 10.
 w: bread. 6 1/2. N.T. wine. . . . 27.
 at 5 1/4. Sugar. 1 lb. Coffee & milk. . . . 18.
 Solids. . . . 41 lb. Liquids. . . . 102 lb.

Not out since Morning 10: Slept on Couch, fz: 6 3/4
 till 7 1/4; to bed at 8 1/2, Slept some w: Interrupt: fz: 9 till 4 1/2
 1/4 W; SW fz: 1 wa. & dry 1/4 Very Fine 1/4 W. W fz: 1/4
 1/4 water 7 lb. 1/4

up at 7: W; W fz: 1/4 fine 1/4: 5: 8ber; at 6. (S) pd:
 Got up in Coach, at 10, & 6 lb at 1 1/4;
 at 8 1/2. w: bread 4 1/4, butt: 1, Sug: 14. 7 lb. green tea & milk. 28.
 at 1 1/2. Dumpl: & rice Solids. . . . 8 1/2, beef broth, &c. . . . 26.
 Roasted Chicken. 13 1/2, Carr: 7. Colly ft. 20; 27.
 w: bread. 8. N.T. wine. . . . 47.
 turnt 7 & N.T. wine. . . . 20.
 Solids. . . . 37 lb. Liquids. . . . 14 lb.

Not out since dinner; to bed at 8 1/2, Slept fz: 8 1/4 till
 9 1/2 / Confused dreams & interruptedly till 5; / water 9 lb. 1/4
 1/4 W; W fz: 1/4 Very fine, / Rainy & gr: 1/4 W; WSW fz: 1/4
 Colly flowers; troublesome & Confused dreams!

up at 7 1/4; W; S W m: / gr: & th: / y: 6: 8 t:; at 6. (N) p d:
 Not out before dinner;
 at 9 1/2. w: bread 5 t: butt: 1 t: Sug: 1.. 7 t: b: tea, & milk... 22,
 at 2 1/4 Corned buttuck, beef... 8, & Artichoke: ... 9,
 Boile Pike fish... 4,
 Oysters fryd in Shells, Solids... 7, & humidity... 6,
 w: bread... 9, R: wine... 36,
 at 4 1/2, Sugar... 1, & gr: tea & milk... 12,
 Solids... 36t Liquids... 85t:

Not out all day, Slept on Couch fr: 6 till 7; to bed at 8 1/2,
 Slept fr: 8 3/4 till 10 1/2, & till 2 1/2 & fr: 5 till 6; / water 66 t: /
 W; S W m: / moist & th: / Gloomy & dry / W; S S W m: /
 up at 7 1/4; W; S W m: / gr: & dry / y: 7: 8 t:; at 7 1/2.. (S) p d:

Walkd on ramp fr: 7 1/2 till 9 1/4;
 at 9 1/2. ry: Br: 6. w: 2, butt: 1 1/2. Sug: 1 1/2. 11 t: b: tea & milk; 22,
 at 1 1/2. raw oysters... 3, & ab: 1. N T wine. 14,
 at 2 1/4. Oysters fryd in shells, Solids. 4 1/2, & humidity... 4,
 roasted Chicken... 7, Carrots 10 t:.. 10,
 w: bread... 7 1/2, E beer... 16,
 No Sleep all Night! N T wine;... 28,
 at 6. Sugar... 1, & gr: tea & milk... 16,
 Solids... 34t Liquids... 110t.

Walkd on y Streets fr: 3 1/4 till 5 1/2, Slept on Couch fr:
 6 1/2 till 7 1/2, to bed at 8 1/2, Slept not at all y whole night,
 tossing ab: & trying for sleep to no manner of purpose
 W; S W m: / dark & moist / gloomy & dry / W; S W m: /
 / water 80 t: /

up at 8; W; WSWm: / V: & fine / y: 8: 8th; at 10. (F) pd:
 Not out before noon; ^{hott.}
 at 11. bisquits 2^l: Sugar 2^l: . . . 2½^l: E. beer 15. N. Wine 5; 20.
 at 2. plain bread pud: Solids. . . 5 y. humidity. . . 4.
 Boild Mutton. . . 6 y. Mutton broth; . . . 18.
 w: bread. . . 3½. N. Wine. . . 14.

Solids. . . 17^l. Liquids. . . 56^l:
 Drove in Coach, Via N. Works, fr: 4 till 5¼, to bed at 6¼, Sup:
 Very Interruptedly & restless all Night / waterd, 5^l: /
 W; WSWm: / Rain & th: / very Fine / W; SWm: /

up at 8; W; SWm: / V: Fine / y: 9: 8th; No O.
 Not out before noon;
 at 1: 8½. w: bread, 2½, butt: 2, Sug: 1¼. 5^l: green tea & milk. . 28,
 at 1. E. beer, hott. . . 16,
 at 2¼ plain bread pud: Solids. . . 4 y. humidity. . . 4.
 Pye crust Solids. . . 5 y. humidity. . . 6,
 Kid out y Pye. . . 9. Potatoes. . . 6,
 w: bread. . . 2 y. G: wine. . . 28,
 ab: 4. Sugar. . . 1 y. green tea & milk. 12.
 Solids. . . 26^l: Liquids. . . 100^l:

Not out all Day, Slept on Chair, fr: 5½ till 6½, to bed,
 at 9, Slept interruptedly, but much better than Night before,
 fr: 10 till 5; / waterd, 48^l: /

/ W; WSWf: / various / Rain, & V: / W; WSWm: /
 No O all Day;

up at 7½; W; W; f: / Rain & gr: / y: 10: 8 oz; at 10½. N: & Slims

Not out since y 8th m, Coach 1 hour;
at 8. Sugar: 1½ t. gr: tea & milk: 22,
at 10. w: bread 3 t. butt: ½. Sug: 1 t. 4½, Coffee & milk: 16,
at 1. bisquits: 1, E beer, hott: 22,
at 2½. fryd flounder fish: 8, mashd Turnips: 13,
Roasted hare: 9½ } N.T. wine: 28
w: bread: 5½ }
at 5½. Sugar: 1 gr: tea & milk: 11,
Solids: 31 t. Liquids: 112 t.

Not out since y 8th; Slept on Chair fr: 6 till 7, to bed at 8½,
Slept Interruptedly fr: 10¼ till 3; / Water d, 56 t.!

NW; WSW fr: / Various & fine / Very Fine, / W; SSW fr: /

Walkd 1 hour & rid 1 hour, to N. Tail fr: 7¼ till 9¼ & rid, fr: 11 till 12½
at 9½, Bringd 5, butter ½ t. 5½ t. Luv wine, cold: 16,
at 1. w: bread: ½, E beer, hott: 22,
at 2¼. 2 Apples, pad: Solids: 6 gr: humidity: 25,
Chees: 1 N.T. wine: 6,
fryd flounder fish: 6 Gr: wine: 35,
Stewd roasted hare: 11,
w: bread: 4. / Water d 52 t.!

at 5½. Sugar: 1 green tea & milk 12,
Solids: 35 t. Liquids: 116 t.

Not out since dinner, Slept on Chair fr: 6½ till 7½,
to bed, at 8½, Slept Interruptedly, fr: 9½ till - & till 5½;
/ W; SSW fr: / Various & dry / gloomy & / W; W. ly. m. /

up at 8; W; W; 4 m / gr: & V: 1 y: 12: 8 ber; at 7. (met)

To K. in Coach, & 6: at 12;

at 9. ry: 6: 4 3/4, w: 1 butt 3/4. 6 1/2 t: gr: tea & milk. 22,
at 12 3/4. Bioquets. 1, Sugar 1/2. 1 1/2. Lard & butter hott. 23,
at 1 1/4. Potatoes Solids. 2 y: humidity. 4
Eys = crust, Solid. 8 y: humidity & broth 4. 12
Kid, flesh, out of Eys. 10 H. 26. wine. 32
w: bread. 4 1/2, at 4. O F 1
at 3 3/4. Sugar. 1/2, green, tea & milk. 11.

Solids. 33 t: Liquids. 104 t:

Not out since dinner, Slept on Chair, fr: 6 till 7; to bed
at 8 1/2. Slept fr: 9 1/2 till 12 1/2, & fr: 1 1/2 till 3; / water 54 t: /
/ W; E S E m: / grey & dry / grey & dry 1 W; N E m: /

up at 7 1/2; W, N E m: / gr: & dry / y: 13: 8 ber; No O.

Not out since yesterday, 22 fr: x ab: S. E beer hott 26
at 7 3/4. Sugar. 1 1/2 t: gr: tea & milk. 22.
at 9 3/4. ry: 5, w: 2 1/2, butt: 1. 8 1/2, at 10 1/2. E beer, hott. 26,
at 1 3/4. Stew'd hare. 19 1/2, water = gravy. 10
w: bread. 8 1/2, Cutt Turnips. 14
R: wine. 27

twixt 2 1/2 & 4. 27. wine. 31
at 4 1/2. Sugar. 1, green, tea & milk. 12.

Solids. 39 t: x Liquids. 108 t:

Not out all day; Slept on Couch, fr: 6 till 7; to bed at
9, Slept fr: 9 1/2, Somew: Interrupted, till 4 1/2; / water 76 t: /
/ W; N E m: / Grey & dry / gr: & dry / W; N E m: /
no O.

up at 7½ W; NE m: / gr: & dry / yf: 14: 8 ber; at 9. (S)pd:
 Not out before dinner;
 at 10. Pringol, 5½ butt: 4, Sug: 1¼. 7½ t: b: tea, & milk. . 22,
 at E beer, hott. . . 28,
 at 2. roasted Kid, hash'd. . . 11 . gravy & water. . 12,
 w: bread. . . 9, E. beer, cold. . 12,
 ab: 9. 2 figs;
 at 5. Sugar. . . 1½, young green Kidney beans 18,
 Gr: wine. . . 37,
 1½, green tea & milk. 17,
 Solids. . . 29 t: Liquids. . 146 t:

Not out since yf: 12: before, noone; to bed at 9, Slept a
 little, Interruptedly fr: 9¼ till 5; / Waterd. 68 t: /
 W; NE m: / gr: & dry / fog & moist / W; E: m: /
 up at 7½ W; E: m: / th: & wet / yf: 15: 8 b: at 7. (S)pd: at 7½. (P)
 Walkd on ramp: fr: 8 till 9¼;
 at 9½. Pringol, 4¼ butt: 2 Sug: 1¼. . 6 t: b: tea, & milk. 16,
 at 1¼ Beer. . . 16,
 at 2¼ dumpl: & graven Solids. . . 6½, beef broth. . . 24.
 Veal Cutt lett. . . 12½ Colly flower. 13.
 w: bread. . . 4, Champ: wine 31.
 at 4½. Sugar. . . 1, Coffee & milk 12,
 Solids. . . 30 t: Liquids. . 112 t:

Not out since morning; lay on Couch fr: 6 till 7; to bed
 at 8½, Slept Interruptedly fr: ab: 10 till 5; / Waterd. 58 t: /
 W; WSW m: / fog & thick / dr: & gloomy / W; SE m: /

up at 7½, W. S. W. m. / qz; & at 8:00 / y. 16: 8 b; at 8. (S).
 To k; & a.c. to Bosanquet fr: 10. till 11½;
 at 9. Pringol, 4½, butt: ½, Sug: 1½. 6½ t. b: tea, & Milk. 22.
 at 2¼. plain bread pud: Solids. 4½ at 1½. E. beer, hott. 26.
 Roasted, kid, 1 y last of it. 11½, green, kidney bean 14
 w: bread, 5½, N. T. wine, 28.
 at 4. Sugar, 1, green, tea & milk 11.
 Solids, 29 t. Liquids, 106 t.
 Walked, on, ramp. & Streets, fr: 4½ till 6¼, Slept on couch,
 fr: 7½ till 8, to bed, at 8½, Slept some: Interrupted by
 fr: 11½ till 3½ & fr: 6½ till 7½; 1 water d, 7 2 t: 1
 W; S m: / thick & moist / Various & d: / W; W S W m: /
 up at 8; W; W S W m: / V: & d: / y 17: 8 b:; at 4½ (m) at 8. (P) m
 Not out before dinner
 at 9½. Pringol, 4½, butt: ½, Sug: 1½. 6½ t. b: tea, & milk. 16,
 at 1. ry, bread. 1½, N. T. wine. 5.
 at 2. Bread pud: Solids. 6, y humidity. 6.
 Veal, Cuttleth. 14, gravy & c. 5.
 w: bread. 5, N. T. wine. 11.
 R: wine. 32.
 Near 5. Sugar, 1, green, tea & milk 17.
 Solids, 34 t. Liquids, 92 t.
 Not out all day; Slept on couch, fr: 6½ till 7½, to bed at 9,
 Slept Interruptedly, fr: 10¼ till 2, & fr: 5 till 6; / water d 50 t: 1
 / W; S W; / Very Fine / Various, d: / W; E. S E. m: /

up at 7 $\frac{1}{2}$ W. E. S. E. m. 18: 86; at 7 $\frac{1}{4}$ Q. M. x P.
 Rid. fr. home, to 11 $\frac{1}{2}$ till 9 $\frac{3}{8}$, & 6 $\frac{1}{2}$ till 1 $\frac{1}{2}$ till 1; at 2 in bed.
 at 9 $\frac{1}{4}$ Pringel 3 $\frac{3}{8}$, butt. 8. Chees 4... 5 $\frac{1}{4}$ t. Duffin, warm, ... 16,
 for Purgings or loosening Diet at 1 $\frac{1}{2}$ Beer... 16,
 at 2 $\frac{1}{4}$ great grumous... 3 $\frac{3}{4}$ y. water... 22,
 Apple, pancakes Solids... 10 y. humidity... 21,
 Raw bacon... 1 $\frac{1}{2}$ y. R. wine... 35,
 w: bread... 3 $\frac{1}{2}$ }
 at 5. Sugar... 1 y. Coffee & milk... 11,
 Solids... 25 t. Liquids... 128 t.

Not out since dinner; to bed at 9 $\frac{1}{2}$ Slept fr. 10 till 2, &
 Interruptedly fr. 3 $\frac{1}{2}$ till 5 & till 6; / water 55 t. /

W. E. m. / Dry & Fine / Over-cast / W. NE m. /
 up at 8; W. NE m. / over-cast / y: 19: 86; at 2 (P &) fl. d.

Not out since yesterday at 1
 at 9 $\frac{1}{4}$ w: bread, butt. 2, Sug: 1 t. 4 $\frac{1}{2}$ t. gr: tea, & milk 16,
 at 1 bisquets... 1 y. 10 fan: 5 t. 15,
 at 1 $\frac{1}{2}$ poor Knights Solids... 7 y. humidity... 5,
 Smoked beef... 2 $\frac{1}{2}$ y. E beer... 14,
 roasted Chicken... 8 y. 84. hock... 25,
 w: bread... 4 y. R. wine... 14,
 x Carrotty... 6.

Solids... 27 t. Liquids... 95 t.
 Not out all day, Slept on Chair fr. 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$, to bed
 at 8, Slept some. Interruptedly fr. 9 till 11 $\frac{1}{2}$ & till 1 $\frac{1}{2}$ &
 fr. 4 $\frac{1}{2}$ till 5 $\frac{3}{4}$; / water 45 t. /
 W. SE m. / V. & dry / grey & moist / W. NE m. /

up at 7½, W; NE m: / grey & dry: / y: 20: 8 ber; at 7½. (m) t
 Walked on ramp 5 fr: 8 till 9½; xgt 12. in bed, 12. 10.
 at 9¾. Bringol 4, butt: ½, Sug: 1½. 6 t: gr: tea & milk: . 30.
 at 2¼. Oak rice, put: Solids: . 4. 4. Humidity: . . . 3.
 roasted chicken, 10. green kidney beans 15.
 w: bread. 4½. Gr: wine. 16 t: 10.
 N.T. wine. . . . 14.

at 5. w: bread 3½ butt: ½, Sug: 1 t: . 5. green tea & m: 12
 Solids: . . 30 t: x Liquids: . 100 t:
 Not out since Morning, to bed at 9, Slept fr: 10 till 12¼,
 & fr: 3 till 6; / water d, t: /

/ W; NE m: / grey & dry / grey & dry, / W; E NE m:
 up at 7¾, W; E NE m: / gr: & dry / y: 21: 8 ber; at 12½. (F).
 Rid via Goby & fish & ke: fr: 8 till 9¾;
 at 10 Bringol 5t: butt: ½ Sug: 2 t: . 5½ t: t: tea & milk. . 22,
 at 2¼ dumpl: & rice, Solids: . 5½, beef broth & ke: . 28.
 Croit Pyke fish 13. N.T. wine. . 31.
 w: bread. 5

at 6. Sugar. 1. green tea & milk. 19,
 Solids: . . 30 t: Liquids: . 100 t:
 Not out since Morning; to bed at 9½, Slept Interrupt:

fr: 10 till 2. & fr: 4 till 5½; / water d 5 t: /
 / W; E m: / grey & dry / dr: & grey / W; S W m: /

up at 6 $\frac{1}{2}$ W; S W m? / qz: & dr: / y: 22: 8 ber; at 8 $\frac{3}{4}$; (F).

Not out before dinner;
at 2.. in bed, 7, 7, 7,
ab: 9 $\frac{1}{2}$. Pringol. 4 $\frac{1}{2}$, butt: 2, Sug: 2. 7 7, 22,
at 12 $\frac{1}{2}$, bed: 1 $\frac{1}{2}$, Sugar: 2. 1 19,
at 2. faked rice, pud: Solids. 4, 4,
2 on the fowl. 13 $\frac{1}{2}$, 8,
a feller, & a wood hogel. 2, 14,
w: bread 6 $\frac{1}{2}$, 14

at 4 $\frac{1}{2}$. Sugar. 1, 18,
at 8. a fig: 35t. 106t.

Not out since Yesterday Morn; Slept on Couch, fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$
to bed, at 9, Slept, little, Interrupted, fr: 9 $\frac{1}{2}$ till 5 $\frac{1}{2}$;

W; SSW m? / grey & dry / gloomy & dry / W; Sby E m? /

up at 7; W; Sby E m? / V: & dry / y: 23: 8b: ; at 6 $\frac{1}{4}$. (M) & 2

Rid on ramp: fr: 7 $\frac{1}{2}$ till 8 $\frac{1}{4}$, & to wood: 6. & b: at 1, fig seeds

at 9. with: 2 $\frac{3}{4}$, up: 2 $\frac{1}{4}$, butt: 2, Sug: 1 $\frac{1}{2}$. 5 $\frac{1}{2}$ t. b: tea & milk. 22,

at 2 $\frac{1}{4}$ dumpl: & rice, Solids. 5 $\frac{1}{2}$, 26,

fryd, Solz fish & Crab Sauce, 19 $\frac{1}{2}$, 34.

w: bread: 6, 18,

at 4 $\frac{1}{2}$. Sugar. 1 $\frac{1}{2}$, 18,

Not out since dinner; Slept on Couch, fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$, to bed,

at 9, Slept some: Interruptedly, fr: 10. till 2 $\frac{1}{4}$, & fr: 5 $\frac{1}{2}$ till

till 6 $\frac{1}{2}$;
W; SSW m? / grey & dry / Fine / W; SSW fr: /

up at 7 $\frac{1}{4}$, W; SSW ft: / dry & fine, 1 y: 24. 8 ber; at 8. (F) & N.
 Rid, on Ramp: & Streets fr: 8 $\frac{1}{4}$ till 9 $\frac{1}{2}$;
 at 10. w: br: 3 $\frac{3}{4}$ ry: 1 $\frac{1}{4}$, butt: 4. 5 $\frac{3}{4}$ t: } x ab: 5. H 26 wine 14.
 Sugar. 2 $\frac{1}{4}$, } . 6: tea & milk. 30.
 at 2 $\frac{1}{4}$ apple, pud: Solids. 5 } y humidity. 19.
 Roasted Chicken. 10 } . G: wine. 5.
 Potatoes Solid. 3 } y humidity. 6.
 w: bread. 6 } . G: wine. 14.
 H 16. wine. 14.

Solids. 32 t: } x Liquid. 102 t:
 Not out since, Morning; to bed, at 8 $\frac{3}{4}$, Slept. Somew: In,
 Interruptedly, fr: 9 $\frac{1}{4}$ till 5; } water d. 62 t: /
 /W; SSW ft: / Rain, & thick / grey & dry / W; WSW ft: /

up at 7 $\frac{1}{2}$, W; WSW ft: / Rain, & th: / at the 25: 8 ber; at 7. (S).
 Rid, fr: home, to N. till fr: 7 $\frac{1}{4}$ till 9; & 6: fr: 11 till 12 $\frac{1}{2}$,
 at 9 $\frac{1}{2}$. bringel 5 $\frac{1}{2}$, butter 1, Cheese 2. . . 7 t: } Jud. Ains, hott. 17 t:
 at 1. Beer. 15,
 at 2 $\frac{1}{4}$. fryd, Sole fish. 11 } humidity. 4.
 Crabbin, y Sauce. 3 $\frac{1}{2}$ }
 fryd, tryps. 10 } Cutt Turnips. 13.
 w: bread. 6 $\frac{1}{2}$. G: wine. 31.
 twint, 5 & 6. E. beer cold. 30.

Solids. 38 t: } Liquid. 110 t:
 Not out since, dinner, to bed, at 9, Slept fr: 9 $\frac{1}{4}$ till
 12 & till 1 $\frac{1}{2}$; & fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$, & fr: 7 $\frac{1}{4}$ till 8; } water d. 56 t: /
 /W; WNW fr: / moist & th: / Rain, & th: / W; WSW ft: /

up at 8; W, SW by W St. / rain, V: 7 yf 26: 86?; No O.

Not out before dinner,
at 9. w: fr: 4, ry: 2, butt: 1, Sug: 1. St: Coffee. N3. . . . 22,
at 1 1/4, dumpl: & rice, Solids. . . . 5 1/2, beef broth & leeks. 34,
boiled beef & yf. . . . 11, Champagne wine, 32,
w: bread. . . . 6 1/2, Old Mamsiey wine, 6,
twixt 5 1/4 & 6 1/4. . . . 4, E beer, cold. . . . 36,

Solids. . . . 31 t. Liquids. 130 t.

Not out all day, I slept on Couch, fr: 4 1/4 till 5 1/4, to
bed, at 8 3/4, Slept a little, Interrupt: fr: 9 1/4 till 5 1/4;
no O 1 water d. 58 t.

W; WSW h: / Rainy & thick / Rain & th: 1 W; W Storms

up at 7 1/2, W, W fr: / Dry & V: 7 yf: 27: 86; at 6. M p'd.
Walked to Oxen, m: & b: fr: 9 till 11; & on Streets fr: 12 till 12 3/4,
at 8 3/4. Prings: 4 1/2, butt: 2. Sug: 1 t. 6 t: b: tea & milk. . . . 18,
ab: 1. Beer. . . . 16,

at 1 1/2. w: bread & rice in broth. . . . 5 1/2, beef broth, leeks &c: 25,
Roasted fowl, Chickens. . . . 8, Carrotty. . . . 13,
w: bread. . . . 5 1/2, Champ: wine. 32,
Solids. . . . 25 t. Liquids. 104 t.

Not out since dinner; to bed, at 8 1/4 Slept fr: 8 1/2 till
11 1/2, & fr: 4 till & till 6 1/2;
1 water d. 66 t.

W; NW h: / dark & moist / Very fine, 1 W; NW m:
Frost this Night

up at 8; W; NW m: / V^{ry} Fine, / y^e 28: 8 ber; at 8 M^{xt} & fig Seeds.
 Not out since, Yesterday Noon;
 at 8 $\frac{3}{4}$ w: bread, 5 $\frac{3}{4}$ butt? 4 rye, 1 t: . . . 7 $\frac{1}{2}$ t. } at 5. in bed, 12 $\frac{3}{4}$ t. 7
 Sugar 1 $\frac{1}{2}$ } t: tea & milk. . . . 22
 at 2 $\frac{1}{4}$. apple, pud: Solidz. . . . 5 $\frac{1}{2}$ } Humiditys. . . . 15
 Buttuck beef, Day 3rd . . . 12 } E beer, cold. . . . 32
 w: bread. 6 $\frac{1}{2}$ } Champ. wine. . . . 32
 Solids. . . . 33 t. Liquids. . . . 108 t.

Not since yesterday, Slept on Couch, fr: 9 till 10, to bed, at
 10 $\frac{1}{4}$, Slept fr: 10 $\frac{1}{2}$ till 2 $\frac{1}{2}$, & fr: 5 $\frac{1}{2}$ till 6; / Waterd, 52 t: /
 / W; NE. m: / Very Fine, frost / frost, V^{ry} fine / W; NE. m: /

up at 6 $\frac{1}{2}$; W; NE. m: / frost & fine, / y^e 29: 8 ber; at 7 $\frac{1}{2}$. S^{pt}.
 Not out since y^e 27: before dinner;
 twice at 7 $\frac{1}{2}$ & 8. Sugar 2 t. green tea, & milk. 28.
 at 10 $\frac{1}{4}$. w: br: 2 $\frac{1}{4}$, rye, 1 $\frac{1}{2}$ butt: 2 y^e: 14. 5 $\frac{1}{2}$ } Coffee & milk. . . . 16
 at 2 $\frac{1}{2}$. 2 Scotts Pills.
 dumpl: & grussus in broth. Sol: 5 $\frac{1}{2}$ } beef broth, (stirred). 30.
 cold beef 11 $\frac{1}{2}$ } Cr^o wine. . . . 36.
 w: bread. 4 $\frac{1}{2}$ }
 ab: 5. Sugar. 1 } green tea, & milk. 12
 Solids. . . . 30 t. Liquids. . . . 122.

Not out since y^e 27: Slept on Couch, fr: 7 $\frac{1}{2}$ till 8 $\frac{1}{2}$; to bed,
 at 9 $\frac{1}{4}$, Slept fr: 9 $\frac{1}{2}$ till 11 $\frac{1}{2}$ & till 3, & fr: 4 till 6;
 / Waterd, 48 t: /
 / W; NE. m: / grey & dry / grey & dry / W; W^{ly} m: /

2 Scotts Pills!
 Had, my bed, warmed y^e 1st time, & down, quilt on!

up at 7 $\frac{1}{2}$, W, W $\frac{1}{4}$ /gr: & Dr: / yf: 30: 8 ber, at 3 $\frac{1}{4}$ (flat: at 64 P)
 at 7 $\frac{1}{2}$. O all Slime, at 8 $\frac{1}{2}$ th: Jf: O. all 10 $\frac{1}{4}$. O all Jf: at 12. O mus:
 ab: 8. honey 2 $\frac{1}{2}$ t: gr: tea & milk . . . 28.
 ab: 10. Triumf, 4 $\frac{3}{4}$ butt: $\frac{3}{4}$ Sug: 1 t: . 6 $\frac{1}{2}$, Coff & milk . . . 16,
 at 2 $\frac{1}{4}$. dump: & gr: m: u, Solids. 6 , beef broth, & Cherw: 32,
 Ox w: & blood m: u, Solids. 10 , y humidity, circa. 7,
 w: bread 6 , N-Twing . . . 27,
 at 5 $\frac{1}{4}$. Sugar 1 , Coffee & milk . . 16,
 Solids . . . 32 t: Liquids . . . 126 t:
 Not out since, yf: 27: to bed, at 9, Slept fr: 9 $\frac{1}{2}$ till 11 $\frac{1}{2}$ &
 till 4 & till 5 & 5 $\frac{1}{2}$; / waterd, 44 t: / at 3. OP.

W; W $\frac{1}{4}$ m: / Moist & thick, / grey & moist W; NE fr: /
 up at 8; W; NE fr: / gr: & Dr: / yf: 31: 8 ber; at 10. (No p: d:
 Not out since, yf: 27: .
 at 8 $\frac{1}{2}$, brown, Sugar 2 t: . Sage tea & milk . 28.
 at 10, w: fr: 3, rygl 4, butt: $\frac{3}{4}$. Sug: 1 $\frac{1}{2}$. 6 $\frac{1}{2}$. Coffee & milk . . . 22.
 at 2 $\frac{1}{4}$. fine roasted hars 16 , mashed turnips . . . 16,
 w: bread 6 $\frac{1}{2}$, rygl 1 t: 7 $\frac{1}{2}$. N-Twing . . . 37,
 at 5 $\frac{1}{4}$. Sugar 1 , green tea & milk 11,
 Solids . . . 33 t: Liquids . . . 114 t:
 Not out since, yf: 27: ; to bed, at 9 Slept fr: 9 $\frac{1}{2}$ till 11 $\frac{1}{2}$ &
 till 2 $\frac{1}{4}$ & fr: 3 till 5; / waterd, 70 t: /

W; NE m: / dry & fine / P: frost & V: fine, / W; N by E m:

up at 7 $\frac{1}{2}$, W; N by W m: / T: frost & fine, / E m: Novemb:; at 7 $\frac{1}{2}$. N. p d:
 Rid fr: home, to n p d fr: 7 $\frac{1}{4}$ till 9 $\frac{1}{4}$; & b: fr: 11 till 12 $\frac{1}{4}$;
 at 9 $\frac{1}{4}$ bringol, 4, butt: 4, chees 4... 5 $\frac{1}{2}$ t:.. Lull spm, hott. . . . 16,
 at 1 $\frac{1}{4}$. Beer. . . . 16,
 at 2 $\frac{1}{4}$. apple, pud: Solids. . . . 6 $\frac{1}{2}$, y^h humidity. . . . 15,
 fryd flairs fish. . . . 13 $\frac{1}{2}$, salted turnips. . . . 4,
 w: bread. . . . 8 $\frac{1}{2}$, Old Mamsy wine. . . . 7,
 N. I. wine. . . . 30.

at 5 $\frac{1}{2}$. Sugar. . . . 1, Coffee & milk. . . . 16,
 Solids. . . . 35 t, Liquids. . . . 704 t.

Not out since dinner; Slept on couch, fr: 7 till 8; to bed
 at 9, Slept fr: 9 $\frac{1}{2}$ / interrupt: till 2, & fr: 5 till 6; / waterd, 55 t

W; N m: f darke, & moist / Foggy & moist / W; S W m: /

up at 7 $\frac{1}{4}$, W; S W m: / fog & m: / y: 2: qber. at 10 $\frac{1}{2}$. O N: p d:

Not out since yesterday; x 2 at 8, twod, priunes. . . . 14,
 at 9 $\frac{1}{4}$, w: fr: 3 $\frac{1}{4}$, rye, 1 $\frac{1}{4}$, butt: 1 $\frac{1}{2}$, Sug: 2: 7 t: b: tea, & milk. . . . 28,
 at 12 $\frac{1}{2}$. rye, bread. . . . 1, N. I. wine. . . . 7,
 at 1 $\frac{1}{4}$. plain, pud: Solids. . . . 6, y^h humidity. . . . 3,
 Roasted, beef. . . . 12, grayze. . . . 3,
 green, Turcksche fribra Solids. . . . 4, y^h humidity. . . . 8,
 w: bread. . . . 4 $\frac{1}{2}$, E beer, cold. . . . 15,
 N. I. wine. . . . 22,
 at 4. Sugar. . . . 1 $\frac{1}{2}$, green head m: 18,
 36 t, Liquids. . . . 126 t.

Not out, since yesterday; to bed, at 8 $\frac{1}{4}$, Slept some w: Inter,
 ruptedly fr: 9 till 5;
 / waterd, 62 t: /

W; W S W m: / Rain, & thick / Mild, & th: / W; W S W f: 1

up at 7½; W; Wh: / foggy Rain, fr: 3: 9ber; at 7½. (N) pd:
 Rid, fr: home, to 1/2 bed fr: 8 till 9½, & 6: fr: 11 till 12½;
 at 10. w: bread 4, ry, 1½, butt: ½. . . 6 lb. Indurin, hott. . . . 16,
 at ¼. Beer. . . . 15,
 at ¼. apple, pud: Solids. . . 6, y humidity. . . 15,
 Sugd or stewd hare. . . . 14, } gravy or water &c. 6,
 pud: out y hare, Solids. . . 3½ } x at 7. NT wine 14,
 w: bread, 8½, Cheest lb. . . . 9½, NT. wine. . . 28,
 at 4½. Sugar. . . . 1, green tea & milk. 12,
 Solids. . . 40 lb. x Liquids. 106 lb.

Not out since dinner; to bed, at 9½, Slept fr: 8½, a
 little, Interruptedly, till 1½, & Slept & dr: fr: 5½ till 6½;
 W; W fr: / Rain, & thick / Rain, & V: / W; W fr: / water & 50 lb:

up at 8; W; Wh: / Rain, & V: / y: 4: 9ber; at 1. (F) & N:
 Rid, on ramparts, fr: 8½ till 9;
 at 9½. Triugel 4¼, butt: ½ Sug: 14. 6½ lb. gr: tea & milk. 28.
 at 2½. plain bread, pud: Solids. . . 5, y humidity. . . 6,
 Salt & beef in pluck finick. . . . 13, y farrotts. . . 12,
 w: bread. . . . 6½, } gravy &c. . . 5,
 R: wine. . . 35,
 at 5. Sugar. . . . 1, green tea & m: 18,
 Solids. . . 32 lb. Liquids. 104 lb.

Not out since morning; to bed, at 9, Slept a little Inter,
 rupted, fr: 9¼ till 3, & fr: 3½ till 5; / water & 61 lb: /
 W; W fr: / Rain, & thick / Rain, & th: / W; W fr: /

up at $7\frac{1}{2}$ W; Wm: / Rain & grey / y: 5: gber; at $7\frac{1}{4}$ E.N: pd:
 Walkd, on ramp: fr: $7\frac{1}{4}$ till $9\frac{1}{4}$;
 at $9\frac{1}{2}$, bring 4, butt: $\frac{1}{2}$, hony $\frac{1}{2}$... 5^{lb} } .6: tea & milk... 28.
 Sugar... 1 $\frac{1}{2}$.
 at $2\frac{1}{4}$ plain flour pud: Solids. 7, yshumidity... 5.
 Roasted Chicken... 11, farrotts 8, gravy 5... 13.
 w: bread... 8, Cr: wine... 32.
 at 5. Sugar... 1 $\frac{1}{2}$, green tea & milk... 18.
 Solids... 34^{lb} Liquids... 96^{lb}.
 Not out since Morning, to bed, at 9, Slept much, Inter-
 ruptedly fr: 10 till 4 $\frac{1}{2}$;
 /W; WSW fr: / hail & Rain, / mild & gr fog / W; WSW m: /

up at $7\frac{1}{2}$ W; SW m: / V: / foggy / y: 6: gber; at 6. (S)
 Out in Coach, at 10, & b. at 11 $\frac{1}{2}$;
 at 2. in bed... 7^{lb} Lushwin, cold... 7^{lb}.
 ab: $9\frac{1}{2}$, ry: 2 $\frac{1}{2}$, w: 1 $\frac{1}{2}$, butt: 1, Sug: 1^{lb}. 6, gr: tea & milk... 18,
 at $2\frac{1}{4}$ Apple pud: Solids... 7 $\frac{1}{2}$, yshumidity... 19,
 Powdering beef... 3,
 Ragout hare... 10, Sauce... 2.
 w: bread... 7 $\frac{1}{2}$, Champagne wine 40.
 at $4\frac{1}{2}$ Sugar... 1, tea & milk... 18,
 Solids... 35^{lb} Liquids... 104^{lb}.
 Not out since dinner; Slept on Couch fr: $6\frac{1}{2}$ till $7\frac{1}{2}$, to
 bed, at 9, Slept, interruptedly, fr: 10 till 4;
 /W; WSW m: / mild & dry / frosty, fine / W; WSW m: /

up at 7 $\frac{1}{4}$, W; WSW m: / fine, & dr: / yf: 7 qbr; at 7 $\frac{1}{4}$. (MS).

Rid, on ramp: fr: 7 $\frac{1}{4}$ till 9 $\frac{1}{4}$;

at 9 $\frac{1}{2}$, Bringol, 4 $\frac{1}{2}$, butt: $\frac{1}{2}$ 5 t: . . . Luf: wine, hott. . . . 18,

at 2. w: bread, 1 t: Sugar, 1 t: 2 , . . . Luf: wine, hott. . . . 18,

Ox w: Unrust. Solids 3 $\frac{1}{2}$, . . . Humidity 2,

broild Pyke, fish 10 , . . . Butt: for 16 therm. 13,

w: bread 7 $\frac{1}{2}$, . . . Champain, wine. 29,

at 4 $\frac{1}{2}$, Sugar 1 , . . . Coffe, & milk . . . 16,

Solids 29 t: Liquids . . . 26 t:

Not out Since Morning, to bed, at 9, Slept Interruptedly,
fr: 9 $\frac{1}{4}$ till 2, & fr: 4 till 5 $\frac{1}{2}$; / waterd, 52 t: /

W; W $\frac{1}{2}$ m: / grey & dry / milds & Slecty / W; W $\frac{1}{2}$ /

up at 8; W; Wf: / gr: & milds / yf: 8: qbr; at 8. (S) pd:

Not out before Noone.

at 9 $\frac{1}{2}$, Bringol, 4 $\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: 2, . . . 7 t: to tea & Milk. 30,

at 2 $\frac{1}{4}$. Stewd, hays 13 , . . . gravy or water 6,

Oxen, Gaugt flouff 3 , . . . Champagne. 33,

w: bread 10,

at 4 $\frac{1}{2}$, Sugar 1 , . . . gr: tea & milk 12,

Solids 34 t: Liquids . . . 81 t:

Not out Since Yesterday Morning, Slept on,
Couch, fr: 6 till 7, to bed, at 9, Slept fr: 10 till 1 $\frac{1}{2}$ & fr:
4 till 6 $\frac{1}{2}$; / waterd, 52 t: /

W; SW. fr: / dark, & thick / Rain, th: / W; ENE m: /
& NE.

up at 8 $\frac{1}{4}$; W; ENE m^o / rain, & th^k / y^o 9: 9^o; at 8 $\frac{1}{2}$. (S) p^d.
 To k^k at 9 $\frac{1}{4}$, b^k at 12 $\frac{1}{4}$; in Coach;
 at 9. Pring^o 4, ry^o 1, butt^o $\frac{1}{2}$ Sug^o 2 $\frac{1}{2}$. St: gr: tea, & milk. 28,
 at 12 $\frac{1}{4}$. apple, pud^o: Solids. . . . 7 $\frac{1}{2}$, y^o humiditys. . . . 21,
 Powderd beef. . . . 13, Carrots. . . . 5,
 w^o: bread, 8 $\frac{1}{2}$, Chee, 1 $\frac{1}{2}$. . . 9 $\frac{1}{2}$, Champain Wine, 31,
 at 3. H. 26. wine. . . 14,
 at 4. Sugar. . . . 1, green, tea & m^k. 11,
 Solids. . . 39 $\frac{1}{2}$: Liquid. 110 $\frac{1}{2}$:
 Not out since dinner; Slept on Chair fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$, to
 bed, at 9. Slept Interrupt: fr: 9 $\frac{1}{2}$ till 1 & fr: 4 till 5, & fr: 5 $\frac{1}{2}$ till 6;
 / waterd, 46 $\frac{1}{2}$: /
 W; ENE m^o / Moist & thick / W^o & dry / W; NW m^o /
 up at 8. W; NW m^o / fine, & dry / y^o 10: 9^o; at 8 $\frac{1}{4}$. (F).
 Rid, on, Ramp^o fr: 12 till 1 $\frac{1}{2}$;
 ab: 9. Pring^o 4 $\frac{1}{2}$ butt^o $\frac{1}{2}$, Sug^o 2 $\frac{1}{2}$. . . 7 $\frac{1}{2}$: t: tea, & milk. . . 32 $\frac{1}{2}$
 at 1 $\frac{1}{4}$. Beer. . . . Beer. . . . 16,
 at 2 $\frac{1}{4}$. Roasted beef hashd. . . 16, water or gravy & 8,
 w^o: bread. . . . 8 $\frac{1}{2}$, Cutt Turnips. . . 14,
 at 4 $\frac{1}{4}$. Sugar. . . . 1 $\frac{1}{2}$, Coffe & milk. . . 18.
 x^o wine. . . 32.
 Solids. . . 33 $\frac{1}{2}$: Liquid. 120 $\frac{1}{2}$:
 Not out since dinner; to bed, at 8 $\frac{1}{2}$; Slept, fr: 9 till
 1 $\frac{1}{2}$ & fr: 2 till 5;
 / waterd, 49 $\frac{1}{2}$: /
 W; N m^o / Fine, all day fr: frost, fine W; NW fr: /

up at 7 $\frac{3}{4}$; W, NW fr: sh: frost, V: fine / y: 11 qt:; at 7 $\frac{7}{8}$. (N)pt
 Walk'd on ramp: fr: 8 till 9 $\frac{1}{4}$; & to Rock: & b: fr: 1 till 2;
 at 9 $\frac{3}{4}$. Bringol 5, butter $\frac{1}{2}$, honey 1 lb: 6 $\frac{1}{2}$ lb: } to: tea & milk 32,
 Sugar. 1
 at 2 $\frac{1}{4}$ Powderd beef 2 " Carrots 9,
 roasted chicken 12 $\frac{1}{2}$. gravy 3,
 w: bread 10, H. 26 wine, 20,
 Champ: wine, 28,
 ab: 5.. Sugar 1 Coffee & milk 18,
 Solids 33 lb: Liquids. Not:

Not out since dinner, Slept on Couch, fr: 7 till 8 to bed
 at 9, Slept fr: 10 $\frac{1}{4}$ till 2 $\frac{1}{4}$, & fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$; / waterd 62 lb: /
 W; WNW m. / Cold & dry / frosty & V: 1 W; SSW ft:
 up at 8 $\frac{1}{4}$, W, S & V: / Snow & V: / y: 12: qber; at 8 $\frac{1}{2}$. (N)pt
 Walk'd on ramp: fr: 8 $\frac{1}{2}$ till 9 $\frac{1}{2}$;
 at 10. w: b: 5 $\frac{1}{2}$, ry: $\frac{1}{2}$ butt: 1, Sug: 2 lb: 10 lb: to: tea & milk. 28.
 at 2 $\frac{1}{4}$. Ox Saldan w. 4, Brauz Post Soup. 28,
 Fresh Powderd beef 13 " G: wine. . . . 34,
 w: bread 8 $\frac{1}{2}$,
 at 5.. Sugar 1 $\frac{1}{2}$, gr: tea & milk 16,
 Solids 37 lb: Liquids. 106 lb:

Not out since Morning; to bed at 9, Slept fr: 9 $\frac{1}{4}$ till 12,
 & fr: 1 till 4 & fr: 7 till 7 $\frac{3}{4}$; / waterd, 52 lb: /
 W; SSW Storme / V: & dry / rain & th: 1 W; SSW ft: /

up at 8, W; SW m: / th^k: & moist / y: 13. qb³; at 4 $\frac{1}{2}$ (L & M) t;
 Rid on ramp⁵ fr: 8 $\frac{1}{4}$ till 9 $\frac{1}{4}$,
 at 9 $\frac{1}{2}$, rye bread 3. w: 1 $\frac{1}{4}$, butt² 4. 5 $\frac{1}{2}$ t⁷ } b: tea & milk. 28.
 Sugar 2 } at 1. N T wine. 14.
 at 2 $\frac{1}{4}$. Powderd buttuck beef . . 13 $\frac{1}{2}$. Carrots 8,
 Apple = pyz, y Quot. 3 $\frac{1}{2}$. Apples 9,
 w: bread 5 $\frac{1}{2}$. N T wine. 14.
 R^d wine. 14.
 at 4 $\frac{1}{2}$. Sugar 1 . gr: tea & milk. 18.
 Solids. 31 t. Liquids. 105 t.

Not out since Morning, to bed at 9, Slept, Somew: in,
 Interruptedly, fr: 10 till 4 $\frac{1}{2}$; / waterd, 52 t:
 / W; SW, m: / milds & rain, / Rain, & th^k: / W; SE ft: /

up at 8, W; SE ft: / Dry & th^k: / y: 14. qb³; at 7. (M) t;
 Not out since Yesterday Morning;
 at 9. Pringel 5, butt² 4, Sug² 2 $\frac{1}{2}$. 8 t: b: tea & milk. . . 32 t.
 at 1 $\frac{1}{2}$. Gr^d wine 5 t: E beer hott 18. . . . 23,
 at 2. Boils flowerz = fish. . . . 22. Cett Turneps . . . 13.
 w: bread 5 $\frac{1}{2}$. Gr^d wine 28.
 at 5 $\frac{1}{2}$. Sugar 1 $\frac{1}{2}$. Coffe & milk. . . 10.
 Solids. 36 t. Liquids. 106 t.

Drove in Coach on, Streets; fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{4}$, Slept on Couch,
 fr: 7 till 8; to bed, at 9, Slept, a little, Interruptedly, fr: 9 $\frac{1}{2}$ till
 2 $\frac{1}{2}$ & fr: 4 till 5 & fr: 5 $\frac{1}{2}$ till 6; / waterd, 77 t: /

/ W; SSE fr: / milds & th^k: / W^d & drys / W; S by E storm,

up at 7 $\frac{1}{2}$; W; S by E. ft. / mild, v. & dr. / y. 15: qb. at 8 $\frac{1}{4}$. (F) p d:
 Rid. fr. home, to N. hill fr. 8 till 9 $\frac{1}{2}$, & t. fr. 1 till 1 $\frac{1}{2}$, say 12 $\frac{1}{2}$;
 at 10. bring 4, butt $\frac{1}{2}$, chees $\frac{1}{4}$... 5 $\frac{1}{2}$ t. Att. E. beer. 28,
 at 1 $\frac{1}{2}$. G. wine. 10,
 at 2 $\frac{1}{4}$. Calves feet, fyd. 19 .. y. laus. 4,
 Apple, puds, Solids. 6 .. y. humidity. 16,
 w. bread. 7 $\frac{1}{2}$, G. wine. 33,
 at 5. Sugar. 1 .. Coffee & milk. 11,
 Solids. 39 t. Liquids. 102 t.

Not out since dinner; Slept on Couch, fr. 7 till 8,
 to bed, at 9, Slept fr. 10 till 1 & fr. 2 $\frac{1}{2}$ till 4 & fr. 5 $\frac{1}{4}$ till 6 $\frac{1}{2}$
 / waterd. 6 t. /

/ W; S S W fr. / V. & dry / frosty & fine / W; S S W m. /
 up at 8; W; S S W m. / frost, v. 7 fine, / y. 16: qb. at 8 $\frac{1}{4}$ (S) p d:
 To K. in Coach, t. at 12 $\frac{3}{8}$;
 at 9 bring 4 $\frac{1}{2}$, butt $\frac{1}{2}$, Sug $\frac{1}{2}$ 2 t. 7 t. gr. tea & milk. 28.
 at 12 $\frac{1}{2}$. E. beer, hott. 8.
 at 1. Pease pud: Solid. 4 $\frac{1}{2}$.. y. humidity. 4.
 Powderd, buttuck beef. 16 .. Carrott 5, Sellaug 9. 14.
 w. bread. 6 $\frac{1}{2}$, G. wine. 33,
 at 4. Sugar. 1 .. Coffee & milk. 11,
 Solids. 35 t. Liquids. 98 t.

Not out since dinner; Slept on Couch, fr. 5 till 6; to
 bed, at 9, Slept fr. 10 till 12 $\frac{1}{2}$, & fr. 2 till 4 $\frac{1}{2}$; / waterd. 50 t. /
 / W; W m. / mild, gr. & dr. / n. frost, fine / W; E. m. /

up at 7 $\frac{1}{4}$, W, E by S m^o: fr: 7 $\frac{1}{4}$ fine, y^e: 17. q^b: at 6. (flad^m)

Not out since yesterday 12 $\frac{1}{2}$;
at 8 $\frac{1}{4}$. honey $\frac{1}{2}$, Sugar 1 $\frac{1}{2}$ 2 t^o. } t^o: tea, & milk . . . 28.
Pringol 4 $\frac{1}{2}$, butter $\frac{1}{2}$ 5 " x at 8 $\frac{1}{4}$. R: wine . . . 12.
at 2 $\frac{1}{4}$. bread pudding Solids . . . 6 " y humidity . . . 8,
Roasted Chicken 7 $\frac{1}{2}$. Spinage 14.
Boiled haddock = fish 6 " } N.T. wine . . . 29,
w: bread 6 $\frac{1}{2}$ } at 4 $\frac{1}{2}$. R: wine . . . 14.
at 5 $\frac{1}{2}$. Sugar 1 " Coffee & milk . . . 11.
Solids . . . 34 t^o x Liquids . . . 116 t^o.

Not out all day, Slept on Couch, fr: 7 till 8, to bed,
at 9 $\frac{1}{2}$ Slept, fr: 9 $\frac{1}{4}$ till 1 $\frac{3}{4}$, & fr: 3 $\frac{1}{2}$ till 5; / Water d, 52 t^o /
/ W; S E m^o: / grey & dry / mild & rainy W; E by S Stormy
up at 7 $\frac{1}{2}$, W, E by S Stormy, / M: & rain, y^e: 18. q^b:; at 10. N^o p^d:
Not out since y^e 16:

at 8. honey $\frac{1}{2}$, Sugar 1 $\frac{1}{2}$ 2 t^o. } t^o: tea, & milk . . . 22.
at 10 $\frac{1}{4}$. Pring 4 $\frac{1}{2}$, butter $\frac{1}{2}$, Sugar 1 $\frac{3}{4}$. 7 " } t^o: tea, & milk . . . 22,
at 2 $\frac{1}{4}$. dumpl: Solids 5 $\frac{1}{2}$. Giblett broth . . . 28,
Goose giblett: 7 " Large Cellary root . . 8,
roasted Chicken 7 " N.T. wine . . . 33.
w: bread 6 $\frac{1}{2}$.
Solids . . . 35 t^o Liquids . . . 113 t^o.

Not out since y^e 16th Slept on Couch, fr: 5 till 6; to bed,
at 9, Slept, fr: 9 $\frac{1}{2}$ till 2 $\frac{1}{2}$, & fr: 4 till 5 & fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$;
/ water d, 62 t^o /
/ W; S S W fr: / V: & dry / V: & dry / W; S S E m^o: /

up at 8 $\frac{1}{4}$, W, SSE m: / V: & rainy / y: 19: gber; at 7 $\frac{1}{2}$. (S) p: at 8 $\frac{1}{2}$. (P) m:
 Rid fr: home, to N. A. fr: 8 $\frac{3}{4}$ till 10 $\frac{1}{4}$, & b: fr: 11 $\frac{1}{2}$ till 1;
 at 10 $\frac{1}{2}$. Pringol, 4 $\frac{1}{4}$, butter $\frac{3}{4}$ 5 $\frac{1}{2}$ t. Alt: E beer. 28,
 at 2 $\frac{1}{4}$. plain, bread, pud: Solids 4. y humidity. 4.
 Cold haddock fish. 8, Cutt Turneps. 10.
 Ling fish. 5, Gr: wine. 10.
 w: bread. 6 $\frac{1}{2}$. Champ: wine. 28,
 at 5. Sugar. 1 $\frac{1}{2}$, Coffee & milk. 18.
 twint, 7 & 9. Gr: wine. 16.
 Solids. 30 t. Liquid. 114 t.

Not out since dinner, to bed at 9 $\frac{1}{4}$, Slept fr: 9 $\frac{3}{4}$
 till 1 $\frac{1}{4}$, & fr: 4 till 6 $\frac{1}{4}$; / waterd 70 t: /
 / W; SSE m: / Rain, & thick / Mild, & rain / W; SW m: /
 up at 8 $\frac{1}{2}$, W; SW m: / H: & V: / y: 20: gber; at 11. (S) p:
 Not out since yesterday noone, x at 8 $\frac{1}{2}$, Stewd pringol 11
 at 9 $\frac{1}{2}$, Pring 4 $\frac{1}{2}$, butt $\frac{1}{2}$, Sug $\frac{1}{2}$. 6 $\frac{1}{2}$ t. b: tea & milk. 18.
 at 2 $\frac{1}{4}$. plain, pud: Solids. 8, y humidity. 4.
 roasted Goose. 13 $\frac{1}{2}$, Apple Sauce. 17,
 w: bread. 6 $\frac{1}{2}$, H: 26 wing. 41,
 at 4 $\frac{1}{2}$. Sugar. 2, b: tea & milk. 12.
 Solids. 35 t. Liquid. 103 t.

Not out since yesterday noone; Slept on Couch fr: 6 till
 7, to bed at 9, Slept fr: 11 $\frac{1}{4}$ till 2 & fr: 4 till 5 & fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$,
 / waterd 48 t: /
 / W; SW m: / mild, & dry / Mild, & dry / W; S. m: /

up at 7 $\frac{1}{4}$ W; S by E m: / mild & dr. / y: 21: gber; at 8. (Flag. & mlt.)

Not out since y 19th;

at 8 $\frac{1}{2}$. Sugar 2 t. Sage, tea, & milk. 32.

ab: 10. Pringol, 4 butt: $\frac{1}{2}$ Sug: $\frac{1}{2}$. . . 6 . . . t: tea, & milk. 22.

at 2 $\frac{1}{4}$. butterd Eggs, 10 $\frac{1}{2}$, butter $\frac{1}{2}$. 12 . . . E beer, hott. 17.

w: bread 8 . . . R: wine, 33.

ab: 5. Sugar 1 . . . Coffee & milk. 12.

Solids 29 t. Liquids 116 t.

Not out since y 19th Slept on Couch, fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$ to bed

at 9, Slept fr: 9 $\frac{1}{2}$ till 1 & fr: 5 till 7; / waterd 85 t. /

/ W; S W m: / mild, gr: & dry / mild & dr rain, / W; S S W storm,

up at 8 $\frac{1}{2}$ W; S S W ft: / dr: & V: / y: 22: gber; No O

Not out since y 19th;

at 10. Pringol, 4 $\frac{1}{2}$, butter $\frac{1}{2}$ 5 t.

at 2 $\frac{1}{4}$. w: bread $\frac{1}{2}$, Sug: $\frac{1}{2}$, butter $\frac{1}{2}$. 2 $\frac{1}{2}$, Prunes, raisins, gruel. 27.

fryd flounder = fish. 19, } N: wine. 34.

w: bread 7 $\frac{1}{2}$ } ab: 4. N: wine. 14.

ab: 5. Sugar 1 . . . Coffee & milk. 11.

Solids 35 t. Liquids 86 t.

Not out since y 19th, Slept on Couch, fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$,

to bed, at 9, Slept fr: 9 $\frac{1}{4}$ till 1 $\frac{1}{2}$, & fr: 5 till 6 $\frac{1}{2}$; / waterd 50 t.

/ W; S W m: / grey, dr: & mild, / mild & V: / W; S W storm,

No O all day; }

y Dyett, y: 21: provd binding!

up at 7½, W; SW ft: / m: V: & dr: / yf: 23: gb: at 3. (S) at 8. (S).

Not out, Since yf: 19th;
at 9. Frings 4t: butter ½, Sug: 1½. 6t: Sage, tea & milk. 22,
at 1. rye bread. 1, R: wine. 11,
at 1½. I moak beef. 8, Feller roots. 8,
Pease, mud: Solids. 3½, y humidity. 4,
roasted Chicken. 8, E beer. 12,
w: rye bread. 4, w: bread 5½. 9½, R: wine. 30,
at 6. E beer. 18,
Solids. 36t: Liquids. 110t:

Not out, Since yf: 19th, Slept on Chair fr: 4 till 5, to
bed, at 9½, Slept a little interruptedly fr: 10 till 5;
/ W; WSW fr: / mild, & th: / Rain & V: / w: water d 55t: /
/ W; SW ft: & V: /
up at 7½, W; SSW ft: / Rainy & V: / at 24 gb: at 6 (L) at 8. (L)
Rid, on, ramp: fr: 8 till 9½; & to N Mills & b: fr: 11½ till 1;
at 9¼ Frings 4½, butt: ½, hony ½ Sug: 1½. 7t: Sage, tea & m: 22,
at 1½. w: bread. 1½, R: wine. 14,
at 2¼. Ox w: mud: w: w: Solids. 5, y humidity. 3,
Roasted Goose. 12½, apple Sauce. 16,
w: bread. 7, N: wine. 28,
at 4¼. Sugar. 1, b: tea & milk 13.
Solids. 34t: Liquids. 96t:

Not out, Since dinner; to bed, at 9¼. Slept fr: 11 till
2¼ & fr: 4 till 5, & fr: 5½ till 6½; / water d 54t: /
/ W; SW fr: / V: & mild, / Much rain / W; SE Storm

up at 8 $\frac{1}{4}$ W; S E Storme / much rain / y: 25th q b:; at 7. (S).

Not out before noone.

ab: 9 $\frac{1}{4}$. Brings 4 $\frac{1}{2}$, butt $\frac{1}{2}$, Sug: 2t: 7t: green tea & milk. 34.

at 2 $\frac{1}{4}$. Ox flesh = mutton 5 Savoyz 18,

Powderd beef 4 $\frac{1}{2}$ } NT. wine . . . 33,

roasted Chicken 5 $\frac{1}{2}$ } at 4 $\frac{1}{2}$. G. wine . 14.

w: bread 9 $\frac{1}{2}$ } ab: 8 $\frac{3}{4}$. D. wine . 20.

at 5 $\frac{1}{2}$. Sugar 1 $\frac{1}{2}$ } Coffee & milk . 11.

Solids . . . 34t: } Liquids . . 130t:

Not out since Yesterday; Slept on Couch fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$.

To bed at 9 $\frac{1}{2}$. Slept fr: 10 till 5 & fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$;

1/W; S S E Storme / Rain, & V: Mild, & fine 1/W; S W Storme

up at 8; W, S W Storme / m: & fine 1 y: 26th q b:; at 7. (N).

Not out since y: 24th;

at 9 $\frac{1}{2}$. Brings 4 $\frac{1}{2}$, butt $\frac{1}{2}$, Sug: 1 $\frac{1}{2}$. 6 $\frac{1}{2}$ t: t: tea & milk . 18t:

at 2 $\frac{1}{4}$. apple dumplings: Solids . . . 5 } y humidity . . . 14,

Roasted Goose 12 $\frac{1}{2}$ } Gravy 4,

Oxen Trypt flipp 2 $\frac{1}{2}$ } Champagne wine 42,

w: bread 6 } of marmey . . . 4,

ab: 5. Sugar 1 $\frac{1}{2}$ } t: tea & milk . 18,

Solids . . . 34t: } Liquids . . 100t:

Not out since y: 24th; to bed at 9 $\frac{1}{2}$, Slept fr: 12 $\frac{1}{4}$

till 3, & fr: 5 $\frac{1}{2}$ till 7;

1 waterd, 66t: /

1/W; S W Storme / V: & day 1/M: V: & day 1/W; S W Storme /

up at 8 1/4. W. SW m. / mild & fine / y: 27. q: 6 3/4; at 8 1/4. (L).
 Drove in, Couch, to N mills & b: fr: 10 3/4 till 12 1/2;
 at 9 1/2 Spring: 4 1/4, butt: 3 1/2, Sug: 2 1/4. 7 t. b: tea & milk. 32.
 at 2 1/4. w: bread. 2, Brown Kohl, Soup. 26,
 Boiled Salmon, Trout. 19 1/2, NH wine. . . 33,
 w: bread. 6 1/2, at 4 1/2. d: wine. 14,
 at 5. Sugar. 1, Coffee & milk. 13,
 Solids. . . 36 t. Liquids. 119 t.

Not out since dinner; Slept on Couch fr: 6 1/2 till 7 1/2 & fr:
 8 till 8 1/2, to bed at 10, Slept a little, Interrupt: fr: 10 1/2 till 3 3/4;
 / W; SW m. / m. gr: & dry / mild & rainy / W; ENE m. /
 1 waterd, 62 t.

up at 8. W. ESE m. / gr: & dry / y: 28. q: 6 3/4 (L)
 Rid fr: home, to N / fr: 8 1/4 till 10, & b: fr: 11 1/4 till 1;
 at 10 1/4, w: br: 4, rye 2 1/4, butt: 3/4, cheeq: 2. 7 1/2 t. Att: E beer warm. 18,
 at 1 1/4. Bignits. 1, NH wine. 14,
 at 2 1/4. Potatoes, Solid. 5, Humidity. 11,
 Powderd Neats Tongues. . . 16, NH wine. . . . 35,
 w: bread. 9, at 7 1/2 & 9. E beer 44
 at 4 1/2. Sugar. 1 1/2, b: tea & milk. 18,
 Solids. . . 40 t. Liquids. 140 t.

Not out since dinner; to bed, at 10, Slept fr: 10 1/4 till
 3 1/2, & fr: 7 till 7 1/2;
 1 waterd, 60 t.

/ W; SW fr: / mild & darke / m: 4 gr: / W; ~~SW~~ m: /
 ENE m:

up at 8½, W; ENE m. / milde, & rain, / yf: 29: qbr; at 5½. (L) & m.

Not out before dinner;

at 9¼, Bring: 4½, butt: ½; Sug: 2t. 7 t. gr: tea & milk. . . 28,

at 2¼. plain bread pudr: Solids. . . 7 . . yf humidity 9,

Boild Salmon Trout fish. . . 22, } NT. wine. . . 49,

w: bread. 9½

at 4¾ Sugar. 1½, Coffee & milk. 18,

Solids. . . 47t. Liquids. 104t.

Not out since Yesterday; Slept on Couch, fr: 7½ till 8½,

to bed, at 10¼ Slept fr: 10½ till 12 & till 2½, & fr: 4¼ till 5½;

W; ENE m. / grey & moist / milde, & foggy / W; SE m. /

up at 8; W; SSE m. & fog / yf: 30: qbr; at 8¼. (N).

To Kth in Cork ch. at 9¼, bth at 12½; X twixt 6: & 7. 84 hoks. 32.

ab: 9, Bring: 4½, butt: ½, Sug: 2t. 7t. b: tea & milk. . . 22,

at 1½. Powderd beef. 3, E beer, cold. . . . 14,

Roasted Hare. 16, Cellary root boild. . . 6,

Pudding out of hare, Solids. . . 4, yf humidity. . . . 3,

w: bread. 7½, Gr: wine. . . . 34,

at 4½. Sugar. 1½, b: tea & milk. . . 17.

Solids. . . 39t. Liquids. 128t.

Not out since dinner, Slept on Chair fr: 3 till 4,

to bed, at 9½, Slept fr: 9¼ till 11½, & till 1½ & till 3½ & 6½;

W; SSE m. / milde, & thth / m: & fog / W; E^{ly} Calmes /

up at 8 $\frac{1}{2}$. W. Calme, / Milde, & fog / $\frac{1}{2}$: Xber; at 6. L & P. at 8 $\frac{1}{2}$. P.

Not out before dinner;
at 9. Bring 4 $\frac{1}{2}$, butt $\frac{1}{2}$, Sug: 2t: 7 $\frac{1}{2}$: tea & milk. 30,
at 1 $\frac{1}{2}$. Bisquit. 2, NT. wine. 5,
at 2 $\frac{1}{4}$. Ox flesh mungst powd: 6, Brown Toft Sprouts. 22,
Powd: Ox tongues. 2 $\frac{1}{2}$,
Boild Ham. 2, } NT. wine. 28,
w: bread. 9 }

at 4 $\frac{3}{4}$. Sugar. 1, Coffee & milk. 17,
Solids. 28t: Liquids. 102t:

Not out all day, Slept on Couch fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$; Slept much,
interruptedly fr: 10 $\frac{1}{4}$ till 4 $\frac{1}{4}$ & fr: 7 $\frac{1}{4}$ till 7 $\frac{3}{4}$; / Waterd, 60 t: /
W; NW m: / milde, & thick / grey & dry / W; E m: /

up at 8, W; NE m: / m: gr: & dr: / $\frac{1}{2}$: Xber; at 8. ON: pd:

Rid fr: home, to / $\frac{1}{2}$ till 8 $\frac{1}{4}$ till 10, & 6 $\frac{1}{2}$ fr: 11 $\frac{1}{4}$ till 1;
at 10 $\frac{1}{4}$, Bring 4 butt $\frac{1}{2}$, Chees $\frac{1}{2}$ 5t: Att: E beer hott. 14,

at 1 $\frac{1}{4}$ E beer. 24,
at 2 $\frac{1}{4}$. Boild rice, pud: Sol: 5, Shumidity. 7,
Powderd beef. 5, Cellerij root. 4,
Stewd hare. 5, NT. wine. 31.

w: bread 8t: ry, 2t: 10,
at 4 $\frac{1}{2}$. Sugar. 1, green tea & milk. 18,
twixt 6 $\frac{1}{2}$ & 8 $\frac{1}{2}$ 32,
R: wine. 32,

Solids. 31t: Liquids. 130t:
Not out since dinner; To bed at 9 $\frac{1}{2}$ Slept fr: 11 till 12 &
fr: 12 $\frac{1}{2}$ till 6 & fr: 6 $\frac{1}{2}$ till 7; / Waterd, 54 t: /

W; NE m: / milde, & grey / milde & gr: / W; NW m: /

up at 9, W; N by E 1/2 S; 1/2 S; 3: Xber; at 6. (L) m^t. at 8. (P).

Not out before dinner;
at 9 1/2. Bringol, 4 1/2, Sug^r 2 t^s. 6 1/2 t^s. green tea, & milk. . . 28,
at 2 1/4. plain bread pud. Solids. . . 4 1/2, y^e humidity. 0,
Broil'd Pike fish. 16, N^t. wine. 34,
w^t. bread. 7, ab^t. 5. R^d. wine. 15,
at 5 1/2. Sugar. 1, Coff^e, & milk. 12.
Solids. 35 t^s Liquids. 90 t^s.

Not out all day, to bed, at 9, Slept fr: 9 1/2 till 2, & N^t. 7 1/2,
interruptedly & by intervals till 5 1/2; / waterd, 62 t^s /
/ W; NE m^t. / milder, & dry / rained & sleet / W; S W Storms

up at 9 1/2, W, S W 1/2; 1 Sleet & th^k / y^e 4: Xber; at 8 1/2. OT.
L^t in Coach, at 9 1/4 & 6^t. at 11;
at 9 1/2. Bringol, 4 1/2, butt^r 1/2, Sug^r 1 t^s. 6 t^s. Sage, tea, & milk. . . 17.
at 2 1/4. Ox Eallum Solids. . . 4, brown, Kohl. Soup. . . 28,
Stew'd hare. 11, N^t. wine. 28.
pud: out y^e hare, Solids. 4, y^e humidity. 4.
w^t. bread. 7, R^d. wine. 18.
at 4 3/4. Sugar. 1, green tea & milk. . . 11,
twint 7 & 8. 1, Champain wine. . . 22.
Solids. 33 t^s Liquids. 128 t^s.

Not out since 11, to bed, at 9 1/4, Slept fr: 10 till 3 & fr: 6 till
7 1/2; R^d. Slept on Couch, fr: 6 1/2 till 7 1/2 / / Waterd, 62 t^s /
/ W; E fr: / much snow & frost / hard frost, / W; NE m^t /

up at 9; W; NE m: / hard frost & fine / y: 5: Xber; at 9. (N) p.d.
 Not out before dinner;
 ab: 10, bring 4 1/4 butter 2' . . . 4 3/4 t. }
 honey 1/2, Sugar 3/4 . . . 1 1/4 " } t: tea & milk. . . 18,
 at 2 1/4. plain bread, pud: Solids . . . 5 } humidity . . . 6,
 Veal Cutlett . . . 12 1/2, gravy . . . 2,
 Boild Ham . . . 2 1/2, R: wine . . . 35,
 at 4 1/2. Sugar . . . 1 } t: tea & milk. . . 11,
 Solids . . . 27 t. Liquids . . . 72 t.

Not out since Yesterday; to bed, at 10, Slept fr: 11 1/2 till
 2, & fr: 2 1/2 till 5;
 / waterd 60 t. /

W; NW m: / hard frost & dr: / W: h: frost & dr: / W; SW m: /
 up at 8 1/2, W; SW m: / W: h: frost & snow / y: 6: Xb:; at 10. (S) p.d.

Not out before dinner;
 at 9 1/2 w: fr: 3 3/4, y: 1 1/4, butt: 2, Sug: 1 t. 6 1/2 t. } t: tea & milk. . . 17,
 at 2 1/2. potatoes, Solid . . . 4 } humidity . . . 7,
 Boild Pike & Seareh fish . . . 18 } Champ: wine 42,
 w: bread . . . 7 1/2 } ab: 4. d: . . . 14,
 at 5. Sugar . . . 1 } Coffee & milk 12,
 Solids . . . 37 t. Liquids . . . 92 t.

Not out since y: 4th; Slept on Couch, fr: 7 till 8, to
 bed, at 9 1/2, Slept fr: 10 till 1, & fr: 5 till 8; / waterd 65 t. /
 W; WSW m: / Snow & frosty / gr: & frosty / W; W m: /
 & thaw,

up at 9½, W, Wm: / gr: & frosty / y: 7. Xber; at 1. (N) & E p.d.
 Not out since, y: 4th;
 at 10. Sugar. 2 t. green tea, & milk. . . 22.
 at 1¼. 2 Scotts Pills.
 Dumpl: & gr: grumous, Solids. 6, beef broth. . . . 28.
 Veal Cuttlett. 15, Celleray root. . . . 6.
 w: bread. 8, H.T. 26. wine. . . 32.
 Solids. . . 31 t. Liquids. . . 88 t.
 Not out since, y: 4th; to bed at 8½, Slept fr: 9 till 11½ &
 fr: 2¼ till 5¼; / waterd, 52 t. /

W; W: 1 St: / mild, & foggy / Rain, & foggy / W; SW fr: /
 up at 9; W; SW fr: / mild, & foggy / y: 8th Xber; at 12. (L) at 12¼. (L).
 at 1¼. O.P. & S.L.; at 9½. O.P. & S.L.; t. E. beer, hott. . . . 18.
 at 12¼. in bed., beef broth. . . . 18.
 at 9½. Celleray root in y broth., beef broth. . . . 14.
 at 12½. gr: grumous in y broth. 2, beef broth. . . . 7.
 at 2¼. plain bread pud: Solids. 5½, y humidity. . . . 7.
 roasted Chicken. 8, Carrots. . . . 7.
 ham. 1, N.T. wine. . . 32.
 w: bread. 7½, D: wine, ^{8 & 6} 8.
 Solids. . . 24 t. Liquids. . . 104 t.
 Not out since, y: 4th; to bed, at 8¼, Slept fr: 9 till 11,
 & fr: 3¼ till 5¼; / waterd, 52 t. /

W; SW fr: / Rain, & th: / m: V: & dry / W; Wm: /

up at 8½, W, Wm: / M: V: & Dr: / y: 9: Xb:; at 8½. (S).
 Not out since, y: 4th; X at 8½. E beer hott. . . 18.
 at 9½. Bringol 4, butt: ½, Sug: 2 t: 6½ t: t: tea, & milk. . . 22,
 at 1¼. Powderd Neats Tongue. . . 9. r. Brown, Toff Sprouts. . . 15,
 Powderd, beef . . . 3½. R. wine. . . 25,
 w: bread. . . 8. N. wine. . . 22,
 at 4. Sugar. . . 1. t: tea & milk. . . 12,
 Solids. . . 28 t: Liquids. . . 114 t:

Not out since, y: 4th, Slept on Couch, fr: 5 till 6, to
 bed, at 10¼, Slept fr: 10½ till 6; / Waterd, 50 t: /
 / W; W m: / V: 1 milde, & Dr: / Much Rain, / W; S W fr:

up at 8¼, W; S W fr: / Rain, & th: / y: 10: Xb:; at 7. (S) p d:
 Aid, on ramp: fr: 8½ till 9¼;
 at 10. Bring 4¼, butt: ½, Sug: 1¼. 6½ t: Coffee & milk. 22,
 at 2¼. apple, put: Solids. . . 5½, y: humiditys. . . 20.
 Chicken, fricafree. . . 7. Sauce, or wat: . . 6,
 Powderd, Neats Tongue. . . 6. N. wine. . . 35.
 w: bread, 8 t: Chees 1 t: . . 9. X turnet 7 & 8. E beer, 18,
 ab: 4. Sugar. . . 1. t: tea & milk. . . 11,
 Solids. . . 35 t: Liquids. . . 112 t:

Not out, since morning, Slept on Couch, fr: 5 till 6,
 to bed, at 10, Slept fr: 10½ till 2, & fr: 6½ till 7½;
 / Waterd, 61 t: /
 / W; W S W fr: / milde, & th: / Milde, & rain, / W; S W m: /

up at 8, W; SWm: / mild, & dr: / y: 11. Xber; at 9. (N) pd:
 Walk'd on y^e streets in strong boots, fr: 11 $\frac{1}{2}$ till 12 $\frac{3}{4}$;
 at 9 $\frac{3}{4}$. Bring 4 $\frac{1}{4}$, butter $\frac{1}{2}$, Sug: 1 $\frac{1}{4}$. 5t:.. t: tea & milk... 17.
 at 2.. w: ox, must Solids... 6 $\frac{1}{2}$, y humidity... 6,
 Powderd beef... 12, brown Wfl Loop... 27,
 w: bread... 7 $\frac{1}{2}$, NH wine... 30,
 twist, 5 $\frac{1}{2}$ & 8... E beer, cold, circa, 40,

Liquids.. 31t: Liquids... 120t:

Not out since 12 $\frac{3}{4}$; to bed, at 10; Slept fr: 10 $\frac{1}{2}$ till 3, & fr: 6 $\frac{1}{2}$
 till 7 $\frac{1}{4}$; / waterd, 52 t: /

W; W $\frac{1}{4}$ m: / mild, & dry / grey & dry / W; WSWm: /

up at 8 $\frac{1}{2}$; W; WSWm: / mild, & grey / y: 12. Xber; at 8 $\frac{1}{2}$. (N) pd:
 Not out before dinner;

at 9 $\frac{1}{2}$. Bring 4 $\frac{1}{4}$, butt: $\frac{1}{2}$ Sug: 2 $\frac{1}{4}$.. 7t:.. green tea, & milk... 32,
 at 1 $\frac{1}{2}$. w: bread... 1 $\frac{1}{2}$.. NH wine... 10.

at 2 $\frac{1}{4}$. Foils Döx sch fish... 24 $\frac{1}{2}$. Cellery root... 6.
 w: bread... 7, NH wine... 28,

... D. D. ab: 4... 14.

at 4 $\frac{1}{2}$. Sugar... 1, Coffee & milk... 12.

twint 7 $\frac{1}{2}$ & 9 $\frac{1}{2}$... R: wine... 30,

Solids... 41t: Liquids... 132t:

Not out all day; Slept on Couch, fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$, to bed
 at 10 $\frac{1}{2}$; Slept fr: 1 till 4 $\frac{1}{4}$;
 / waterd, 80 t: /

W; WSWm: / mild, & dark, / m: gr & dr / W; SWm: /

up at 8 $\frac{1}{4}$ W; S W m: / M: gr: & dr: / y: 13: Xb:; at 7. (N). at 11. (O).

Not out since y: 11th;
at 8 $\frac{1}{4}$. Sugar. 2 t. green tea, & milk. . 28,
at 2 $\frac{1}{4}$. plain bread pud: Solids 6, y humidity 7,
roasted Chicken. 10, gravy 3,
Boiled ham. 2 $\frac{1}{2}$. E beer, hott. 18,
w: bread. 7 $\frac{1}{2}$. G: wine. 36,
at 4 $\frac{1}{2}$. Sugar. 1, green tea, & milk. 16,
Twixt 7 $\frac{1}{2}$ & 9 $\frac{1}{2}$, N-Twine. 4 t. Old Mum, 2. 6.
at 4. Omxt. Solids. 29 t. Liquids. 114 t.

Not out all day; to bed at 10 $\frac{1}{4}$, Slept fr: 10 $\frac{1}{2}$ till 11 $\frac{1}{2}$, &
Sometw: Interruptedly fr: 2 $\frac{1}{2}$ till 8; 1 Water d, 6 St: 1
W; S W m: 1 mild, & dry 1 Mild, & fog 1 W; Calm, 1
up at 9; W; Calm, 1 Mild, & fog 1 y: 14: Xber; . No O.

Not out before Noone;
at 9 $\frac{1}{2}$. Bring: 4 $\frac{1}{2}$ butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{2}$. 6 $\frac{1}{2}$ t. Coffee & milk. . 16,
at 1 $\frac{1}{2}$. plum pud: Solids. 7, y humidity 7,
Boiled Pork. 2, gravy 3,
roasted Chicken. 10, G: wine. 35,
w: bread. 8, Old Mameey. 3,
at 3 $\frac{1}{2}$. Sugar. 1, gr: tea, & milk. 12,
Solids. 34 t. Liquids. 76 t.

Not out since y: 11th, Slept on Couch fr: 3 $\frac{1}{2}$ till 4 $\frac{1}{2}$, to
bed, at 9, Slept fr: 10 till 11 & interrupt: till 2, & interruptedly
fr: 6 $\frac{1}{4}$ till 7 $\frac{1}{2}$; No O! 1 Water d, 62 t: 1
W; SE. ft: 1 fog & mild, 1 frost & snow 1 W; E SE. ft: 1

up at 9 $\frac{1}{4}$. W; SSE fr: thau & Rain / y: 15. Xb: at 5. (S) M^t
 Not out Since y: 11th;
 at 10. w: br: 3 $\frac{1}{2}$, butt: $\frac{1}{2}$, ry: 1 $\frac{1}{4}$, Sug: 1 $\frac{1}{4}$. 6 $\frac{1}{2}$ t: b: tea & milk. . . . 16,
 at 2 $\frac{1}{4}$. plumb purd: Solids. . . . 7 . . . y humidity. . . . 5,
 Vell, Cuttletts. . . . 11 . . . gravy. . . . 2,
 Boild Ham. . . . 1 . . . Old Mamsij wines. 3,
 w: Bread. . . . 7 . . . R: wines. . . . 39.
 at 4. R: wine hott 18.
 at 4 $\frac{1}{4}$. Sugar 1 $\frac{1}{2}$. w: br: 3 $\frac{1}{2}$, butt: $\frac{1}{2}$. 5 $\frac{1}{2}$. t: tea & milk. . . . 17.
 Solids. . . . 38t. Liquids. . . . 100t
 Not out Since y: 11th to bed at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{3}{4}$ till 3 $\frac{1}{2}$ &
 fr: 6 $\frac{1}{4}$ till 7 $\frac{1}{2}$; / water d, 65 t: /
 / W; SSE m: / milde, & moist / t: frost & dr: / W; E SE h: /

up at 8 $\frac{1}{4}$. W; ESE fr: / t: frost & V: / y: 16. Xb: at 4 (S) at 5. (P).
 Not out Since y: 11th;
 at 9 $\frac{1}{2}$. w: bread 4, butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{2}$. 6 t: b: tea & milk. . . . 16,
 at 2 $\frac{1}{4}$. Powderd beef. . . . 5 . . . R: wines. . . . 14.
 Venison out of Pyz. . . . 7 . . . liquoz out of Pyz. . . . 10.
 Pyz = crust Solids. . . . 4 . . . y humidity. . . . 5.
 w: bread. . . . 5 . . . NT. wines. . . . 28.
 ab: 4. Sugar. . . . 1 . . . green tea, & milk. 11.
 at 9. E beer hott. . . . 18.
 Solids. . . . 28t. Liquids. . . . 102t
 Not out Since y: 11th; 9 $\frac{1}{2}$, Lay to bed, at 9 $\frac{1}{2}$, Slept fr: 10 till
 4; / water d, 52 t: /

/ W; SE fr: / milde, & V: / milde & fogy / W; SE m: /

up at 8; W; SE m: / mild & gr: / y: 17: Xber; at 8. (S) p'd.
 Not out since, y: 11th;
 at 9¹/₄ Pring: 4¹/₂, butt: ³/₄, Sug: 1¹/₄. 7^l: 6^l: tea & milk. . . 22.
 at 2¹/₄ plain, rice, pud: boild, Solids. 5 . y: humidity . . . 11,
 Veal, cuttlett. 12, Gravy 3,
 boild ham. 2, Cellery root. . . . 4,
 w: bread. 6, Champagne wine. 34.
 at 4. Sugar 1, 6^l: tea & milk. . . 16,
 Solid: . . . 33^l: Liquids. . . 90^l:

Not out since, y: 11th; Slept on Couch fr: 7¹/₂ till 8¹/₂,
 to bed, at 9¹/₂, Slept somew: interruptedly fr: 11 till 5¹/₂;
 / W; SE m: / mild & V: / mild & V: / W; SE h: /
 / water d 58^l: /

up at 8, W, SE m: / mild & gr: / y: 18: Xb:; at 7. (L) & mlt:
 Rid on ramparts fr: 12¹/₂ till 1¹/₄;
 at 9¹/₄ Pringol, 4¹/₄, butt: ¹/₂, Sug: 1¹/₄. 6^l: 6^l: tea & milk. . . 16,
 at 2¹/₄. Py: crust, Solids 3¹/₂, brown, soft soap. 28.
 Venison, out of py: 14¹/₂, gravy 4,
 w: bread 8, Cellery root. . . . 5,
 Champagne wine, 31.
 at 4. Sugar 1, 6^l: tea & milk. . . 12,
 twixt 7 & 8. H 26. wine. . 32,
 Solid: . . . 33^l: Liquids. . . 128^l:

Not out since dinner, Slept on Couch fr: 6¹/₂ till 7,
 to bed, at 9¹/₂, Slept Somew: interrupt: fr: 10 till 4¹/₂;
 / water d 64^l: /
 / W, SSE m: / mild & dr: / f: frost & / W; ESE m: /
 fine

up at 8. W; ESE m: / f: frost, V: fine, / y: 19: Xb:; at 5½ (Fla) V:
 Walkd on ramparts f: 12 till 2¼; at 8. S.
 at 9½. Tring 3¼. butt: ½, Sug: 1¼. 5½ t: b: Tea & milk... 16,
 at 2½. broil Pyke fish... 15½ at 2¼. E beer hott 16,
 Potatoes, Solids... 3, y humidity... 6,
 w: bread... 8, N.T. wine... 28,
 at 4½. Sugar... 1, Coffee & milk... 12,
 Solids... 33 t: Liquids... 78 t:

Not out Since dinner; Slept on Chair f: 6½ till 7; to bed
 at 10, Slept f: 11 till 3 & till 5½; 1 Water 75 t: /

/W; SE m: / mild & dry / frosty & dry / W; SSE f: /
 up at 8, W; S f: / frosty & V: & dry: 20th Xber; at 8. (Fla) V:
 Rid f: home to N. Hall f: 8¼ till 10, & b: f: 11½ till 1¼; at 9. w: wine 20,
 at 10¼. w: bread 4¼, butter ¼... 5½ t:; at 1¼. Beer warm 33,
 at 2½. Ox, w: Urn, f: Solids... 7, y humidity... 6,
 Apples, pancakes, Solids... 12, y humidity... 22,
 w: bread... 4½, N.T. wine... 15,
 at 6... E beer, hott... 18,
 Solids... 29 t: Liquids... 114 t:

Not out Since dinner, Slept on Couch f: 4½ till 5½
 to bed, at 9½, Slept Some w: Interrupt. f: 9¾ till 4¾;
 1 Water 51 t: /

/W; SSW h: / mild & dry / mild & V: fine / W; SSE m: /

up at 8 $\frac{1}{2}$ W; SSE m: / M: & V: fine / y: 21: Xber; at 7. (S) at 8 $\frac{1}{2}$. (S).
 In Coach, to K: & L: at 12 $\frac{1}{2}$;
 at 9. w: bread 3 $\frac{1}{2}$. butt $\frac{1}{2}$. Sug: 1 $\frac{1}{2}$. . . 5 $\frac{1}{2}$ t: . gr: tea & milk. . . 22,
 at 1 $\frac{1}{4}$. apple, pud: Solids. 5 $\frac{1}{2}$. y: humidity. . . . 15,
 roasted Turkey. 11 $\frac{1}{2}$, gravy. 3,
 Boiled Ham. 1, Celler y root. . . . 6,
 w: bread. 7 $\frac{1}{2}$. N.H. wine. . . 42.
 at 5 $\frac{1}{2}$. Sugar. 1, . Coffee & milk 12,
 Solids. 32 t. Liquids. 100 t.

Drove in Coach on Streets fr: 4 till 5 $\frac{1}{4}$; to bed,
 at 9 $\frac{1}{4}$, Slept fr: 9 $\frac{1}{2}$ till 2, & fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$; / Waterd, 58 t: /
 W; S S E on: / Mild & dr: / Mild & grey / W; S by W m: /

up at 8 $\frac{1}{4}$ W; S by W m: / Mild & dr: & V: / y: 22: Xb:; no O.
 Rid Via Gexbstchude &: fr: 1 $\frac{1}{2}$ till 1;
 at 9 $\frac{1}{4}$ bring 4 $\frac{1}{4}$ butt $\frac{1}{2}$. hony & Sug: 3. 6 t: . b: tea & milk. . 16,
 ab: 1 $\frac{1}{2}$ Beer, food. 25,
 at 2 $\frac{1}{4}$. plain bread pud: Solids. . . 6 . y: humidity. . . . 6,
 Roasted Turkey. 10 $\frac{1}{2}$. R: wine. . . 14,
 Boiled Ham. 3, . N.H. wine. 14,
 w: bread. 7 $\frac{1}{2}$. x at 7 $\frac{1}{2}$ E beer hott 8,
 at 4. Sugar. 1, . green tea & m: 11,
 Solids. 34 t. x Liquids. 104 t.

Not out since dinner; Slept on Couch fr: 6 $\frac{1}{4}$ till 7 $\frac{1}{4}$, to
 bed, at 9 $\frac{1}{4}$, Slept a little. Interruptedly fr: 9 $\frac{1}{2}$ till 5;
 / Waterd, 61 t: /
 / W; S m: / Mild & gr: & dry / frosty & fine / W; S W m: /

up at 8; W; SW f: m: & fog / y: 23³. Xber; at 6. (L) m: X.
 Walk'd on ramp: f: 8¹/₄ till 9³/₄; X f: 7 & S. G^r wine... 22,
 at 10. Dring: 4¹/₄, butt: 1¹/₂, Sug: 1¹/₄. 6 t: b: tea & milk... 16 t:
 at 2¹/₄. Powdered beef... 2, Celler root... 7, Cold... 14,
 Boiled grass Pyke fish... 18, N^t wine... 27,
 w: bread... 9, G^r wine... 14,
 at 5. Sugar... 1, Coffee & milk... 12,
 Solids... 36 t: Liquids... 110 t:

Not out since Morning; Slept on Chair f: 5¹/₂ till 6; to bed
 at 9¹/₂, Slept f: 9³/₄ till 12¹/₂ & f: 1¹/₂ till 5 & f: 7 till 7¹/₂;
 /waterd, 57 t:/
 W; SW m: / mild & foggy / Mild & Snow / W; SW 2: /

up at 8¹/₄, W; SW m: / mild & rain / y: 24: Xb: at 9. (S) p: d:
 Not out before Noone!
 at 9³/₄. Tring, 4, butt: 1¹/₂, Sug: 2 t: 6¹/₂ t: b: tea & milk... 28,
 at 1³/₄ Beer, cold... 7,
 at 2¹/₄. plain bread pud: Solids... 5, Humidity... 6,
 Roasted Turkey, cold... 12, } G^r wine... 36,
 Boiled ham... 1¹/₂, }
 w: bread... 7¹/₂, }
 at 7¹/₂. bisquits 2 t: Sug: 1¹/₂,... 2¹/₂, F. beer, hott... 25,
 Solids... 35 t: Liquids... 102 t:

Not out all day; Slept on Couch f: 6 till 7; to bed, at
 9¹/₂, Slept Interruptedly f: 9³/₄ till 2 & f: 6¹/₂ till 7¹/₂;
 /waterd, 62 t:/
 W; WSW m: / mild & dry / mild & fog / W; SW m: /

up at 8; W; SW m^o 7th d; fog y^e 25th Xber; at 6. (S) at 8. (L) at 9
 to h^o in Coach, 7th at 1¹/₄;
 at 9¹/₂ Spring 3³/₄ butt: 1¹/₂ Sug: 1¹/₄... 6 t.: b: tea & Milk... 22,
 at 1¹/₄. plumb put: Solids... 5¹/₂. humidity... 3,
 Roasted beef... 16, E. beer... 26,
 w: bread... 8¹/₂, N.T. wine... 33,
 at 5. Sugar... 1, Coffee & milk... 12,
 Solids... 37 t. Liquids... 90 t.

Not out Since 1¹/₄; to bed, at 9¹/₂, Slept a little, Interru-
 ptedly fr: 10 till 4¹/₂, & fr: 7 till 7¹/₂; 1 water d, 5 t: 7

W; SW fr: 1 milde, & thick 1 milde, & th^o 1 W; SW m^o: 1

up at 8, W; SW m^o: 1 milde, & th^o 1 y^e 26th Xber; at 5. (P) all thin
 to h^o in Coach, 7th at 1¹/₄;
 at 9¹/₂ Spring 4, butt: 1¹/₂, Sug: 1¹/₂. 6 t.: b: tea & milk... 22,
 at 1¹/₄. Boil pig & porks... 6, E. beer... 19,
 roasted Turkey... 10¹/₂, N.T. P^o most... 5,
 Boil ham... 2, G^o wing... 33,
 w: bread... 12,
 at 4¹/₄, Sugar... 1, gr: tea & milk... 11,
 Solids... 37 t. Liquids... 90 t.

Not out Since 1¹/₄, Slept on Couch fr: 3¹/₂ till 4; to
 bed, at 9¹/₄, Slept fr: 1¹/₄ till 2 & interrupt: fr: 5¹/₂ till 7¹/₂,
 1 water d, 6 t: 7

W; SW fr: 1 milde, & thick 1 milde, & rain W; W h: 1

up at 9 $\frac{1}{2}$, W; Wfz: / milds & th^k / y: 27 Xber; at 9 $\frac{1}{2}$. (M) pd:
 Rid on ramparts fr: 11 $\frac{1}{2}$ till 12 $\frac{3}{4}$;
 at 10. w: bread 2, butt³/₂, Sug: 2t: 4 $\frac{1}{2}$ t: gr: tea, & milk. 22,
 at 1. Bisg: 1 Sugar 1t: 2, E beer 26. fr: wine 4, 30.
 at 2 $\frac{1}{4}$. Inet pud: 4, Py: crust 4 Sol: 8, y: humidity 8,
 Venison out of Py: 8, gravey out Py: . . . 4,
 Potatoes & Cellary roots, Solid. . 3 $\frac{1}{2}$, y: humidity 5,
 w: bread 4, fr: wine 34,
 at 5 $\frac{3}{4}$. Sugar: 1, gr: tea & milk. . . 12,
 Solids: . . 31t: Liquids: . 115t:

Not out since 12 $\frac{3}{4}$; Slept on Couch, fr: 4 till 5 $\frac{1}{2}$; to bed,
 at 10 $\frac{1}{2}$, Slept much Interruptedly fr: 11 $\frac{1}{2}$ till 2 & fr: 5 $\frac{1}{2}$ till 7 $\frac{1}{2}$;
 / waterd, 51 t: /
 W; WSW mi: / milds & Rain, / milds & grey: / W; WSW fr: /
 up at 9 $\frac{1}{2}$, W; WSW mi: / milds & Cloudy / y: 28: Xber; at 8 $\frac{1}{2}$ (S) pd:
 Not out since yesterday;
 at 9 $\frac{1}{2}$. w: bread 2 $\frac{1}{4}$, ry: 1 $\frac{1}{2}$, butt: 4. 5t: } to: tea & milk. . . . 22,
 honey $\frac{1}{2}$, Sugar 1 $\frac{1}{2}$ 2, }
 at 1 $\frac{1}{4}$. Dimple & Py: crust Solid. . 8, y: humidity 8,
 Venison out of Py: 12, beef broth 28,
 w: bread: 3, N. wine, 38.
 at 4 $\frac{1}{2}$... Sugar 1, to: tea & milk. . . 12
 Solids: . . 31t: Liquids: . 108t:

Not out since yesterday 12 $\frac{3}{4}$; / read much, / to bed, at 9 $\frac{1}{2}$,
 Slept fr: 9 $\frac{3}{4}$ till 1 $\frac{1}{4}$, & interruptedly, fr: 5 $\frac{1}{2}$ till 7;
 / waterd 60 t: /
 W; WSW mi: / milds & thick / milds & gr: / W; WSW fr: /
 & flects.

up at 8½, W, WSW h: / M: dr: & V: / y: 20: Xber; at 8¼. (F) pd:
 Rid, on ramp: fr: 12 till 1¼;
 at 9½. w: br: 2, ryel ¼ butt: 2, Sug: 2¼. 6 t: b: tea & milk. .28,
 at 1½. Beer. 26,
 at 2¼. Apple, pud: Solids. 8, y Humidity. 21,
 roasted Turkey. 6 }
 boiled ham. 2 } NT wing. 22,
 roasted beef, cold. 3 }
 w: bread 7 t: Chees 1 t. 8 } / Water d 52 t: /
 at 5. Sugar. 1 y. gr: tea & milk. 12.

Solids. 34 t: Liquids. 109 t:
 Not out since dinner; Slept on Couch fr: 5½ till 6½, to
 bed at 9¾, Slept fr: 10 till 1½, & Interst: fr: 2½ till 5;

W; W fr: / milder & moist / milder & rainy / W; SW h: /
 up at 8; W, SW h: / milder & V: / y: 30. Xber; at 8. (L) & Mx t:

Not out before Noone;
 at 9¼. brugs, butt: 2, Sug: 1 t: 6½ t: b: tea & milk. .16,
 at 2¼. Stew'd fallow deer. 13½, y Gravity. 12,
 w: bread. 9 } E beer hott. 18,
 Old Mamsay wing. 5,
 Gr: wine hott. 35,

Solids. 29 t: Liquids. 86 t:
 Not out all day; Slept on Couch fr: 5½ till 6½, to bed at
 9, Slept fr: 10¼, till 12½ & fr: 1½ till 3½, & fr: 6½ till 7½;
 / Water d 63 t: /

W; WSW fr: / milder & thick / frosty & fine / W; WNW m: /

up at 8½; W; WNW m: / frosty & V: fine, / y: 31. Xber; ab: 12. (No) pub.
 Not out before dinner;
 at 9½. wing 4½, butt ½, Sug: 1t... 6t. b: feed & milk. 17.
 at 2¼. Potatoes, Solid? 2½ y: humidity 6,
 Roasted beef 12 y: gravy or water 7,
 w: bread 7½. H. 26. wine 30,
 Old Mamssey wine 6

Solids 28t. Liquids 66t.

Not out since y: 29th, Slept on Couch fr: 6½ till 7½, to
 bed, at 9½, doze &: Interrupted by fr: 10 till 3; & Slept fr: 5½ till
 6½ & till 7½; / waterd 48t: /
 W; WNW m: / Starr light & m: / frosty & dry / W; W: /

up at 8; W; W: / frosty, V: & dr: / G: Jan: 7. at 8½. (No)
 Hunted in Coach fr: 11¼ till 1; / ny: frolics /
 at 9. wing 4½, butter 2, Sug: 2. 5½t. E. beer, hott. 18t:
 at 1½. Bisquits 1 y: E. beer, hott. 16.
 at 2. bread quid: Solid 6½ y: humidity 6,
 fryd. Exart self fish 15 y: Old Mamssey wine 5.
 w: bread 8 y: NH. hott. 27.
 twist 4 & 5. D. wine, cold 14.
 Solids 36t. Liquids 86t.

Not out since dinner; Slept on Couch fr: 6½ till 7½, to
 bed, at 9½, slept fr: 10¼ till 11¼ / Incubus tho Slept on my right side, / &
 Slept sound fr: 11½ till 5½; / waterd 33t: /
 W; SSW m: / mild, & moist / mild, & fog / W; Calm /
 Slept Sound 6 hours;

up at 8, W; calms, /milde, & fog/ y: 2: Jan: 1756. /at 6. (P) & m: at 8. (D).

Rid on ramp: fr: 8 $\frac{1}{2}$ till 9 $\frac{1}{4}$;
at 10 $\frac{1}{2}$, bring: 4 $\frac{1}{2}$, butt: $\frac{1}{2}$, Sugar $\frac{1}{2}$... 5 $\frac{1}{2}$ t: E beer, hott... 17,
at 2... Ox flesh, = wurst, 1 moake... 6 $\frac{1}{2}$, Steud br: Bfl Sprouts. 15,
w: bread... 7 $\frac{1}{2}$, N: wine... 20,
R: wine... 14,

ab: 5. Sugar... 2... Coffee & milk... 6,
Solids... 20 t: Liquids... 72 t:

Not out since Morning; to bed at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{1}{4}$ till 11 $\frac{1}{4}$,
& till 12 $\frac{1}{4}$ & fr: 4 till 5, & fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$; /waterd 7 t:/

/W; SWm: / 4: 7 Milde & foggy / Milde & dry / W; NE m: /

up at 8 $\frac{1}{4}$; W; NE m: / Milde & thow / y: 3: Jan: 7; at 11 $\frac{1}{2}$ (V) N: pt:

Not out since Yesterday Morning;
ab: 9 $\frac{1}{4}$ bring: 4 $\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: 1 t: 6 t: } Luft, hott... 26,

Bisquits... 1 } { Cold Mamsy, hott... 5
at 1 $\frac{1}{2}$. Bisqt... 2 } { Luft, hott... 10

at 2 $\frac{1}{4}$. apple, pancakes, Solids... 12... Humiditys... 24
w: bread 2 t: Chees $\frac{1}{2}$... 2 $\frac{1}{2}$, R: wine hott... 20.

Solids... 22 t: Liquids... 85 t:

Not out since Yesterday Morning, Slept on Chair from
4 till 4 $\frac{1}{2}$, to bed at 9 $\frac{1}{4}$, Lay at 10, Slept fr: 10 $\frac{1}{4}$ till 11 $\frac{1}{4}$ &
till 12 $\frac{1}{4}$ & fr: 12 $\frac{1}{2}$ till 2 $\frac{1}{2}$, & fr: 6 $\frac{1}{4}$ till 7 $\frac{1}{2}$; /waterd 45 t:/

/W; NE m: / milde & dry / Milde & dry / W; NE m: /

up at 8 $\frac{1}{4}$; W; NE m: / frosty & fine / y: 4: Jan: 7; No O.

In Coach, Visiting de: fr: 10 till 11 $\frac{1}{2}$;
at 9. Bring 4 $\frac{1}{2}$, butter $\frac{1}{2}$, Sug: 1 $\frac{1}{2}$. 6 $\frac{1}{2}$ t. t: tea & milk. . 22 t.
Twint 12 & l. w: bread 1 N^o 1 may 1st . 24,
at 1 $\frac{1}{4}$ Dumpl: de: Solids 4, Veal broth & c: . . . 28,
Boild Veal 10, } NT. wine . . . 30,
Powderd beef: 8, } Twint 7 & 8. N^o 1 } 30,
w: bread 7 $\frac{1}{2}$ } most variu: . . . 12,
at 5. Sugar 1, Coffee & milk . . . 12,
No O. Solids 38 t. Liquids . . . 146 t.

Not out since dinner; to bed at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{1}{4}$ till
2 $\frac{1}{2}$, & fr: 4 till 5, & Interrupt: fr: 5 $\frac{1}{2}$ till 7 $\frac{1}{2}$; / wat: 54 t: /
/ W; S: 7 St: / frosty & dry / th: frost & snow / W; E: 7 Storms /

up at 8 $\frac{1}{4}$; W; ESE H: / frost, much snow / y: 5: Jan: 7; at 5. (Pm)

Not out before Noone.
at 9 $\frac{1}{4}$. Bring 4, butt: $\frac{1}{2}$, Sug: 1 t. 5 $\frac{1}{2}$ t. t: tea & milk. . 18,
at 2 $\frac{1}{4}$. w: bread & rice 2 $\frac{1}{2}$ 2 $\frac{1}{2}$. Veal broth / jelly. . 26,
Boild Veal 4 $\frac{1}{2}$ } R: wine, hott. 34,
Roasted Chickens 8, } Twint 5 & 7. } 18,
w: bread 7 $\frac{1}{2}$ } 84 hock. }
Solids 28 t. Liquids . . . 96 t.

Not out since yesterday morning; to bed at 9 $\frac{1}{2}$, Slept
fr: 9 $\frac{1}{4}$ till 12 $\frac{1}{2}$, & fr: 4 till 5, & 2 $\frac{1}{2}$ fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$;
1 waterd, 53 t: /
/ W; SE m: / M: frost & darke / gr: & frosty / W; S W m: /

up at 8 $\frac{1}{4}$; W; SWm: / frost & fine / y: 6 $\frac{1}{2}$ Jan: 7 at 8 $\frac{1}{4}$ (M)^t
 To K^k in Coach at 9 $\frac{1}{4}$, & on visit till 12 $\frac{1}{2}$ home;
 at 9. w: br: 2 $\frac{3}{4}$, ry: $\frac{1}{2}$, butt: $\frac{3}{4}$. 4t. } Coffee & milk. 16,
 Sugar. 1 }
 x at 5 $\frac{1}{2}$ in bed, Sugar. . . . 1 , green tea & milk. 16,
 at 1 $\frac{1}{2}$. plumb pud: Solids. . . . 6 , y humidity. . . . 4,
 Roasted beef. 13 , . 84 hock. . . . 16,
 w: bread. 5 $\frac{1}{2}$. R: wine. . . . 18,
 at 4 New Most. . 10,
 at 5, w: bread 3, butt: $\frac{1}{2}$, Sug: 1t. 4 $\frac{1}{2}$, . gr: tea & milk. 16,
 Solids. . . . 35t. Lig: 7. . . 96t.
 Not out since dinner; to bed, at 10, Slept sound fr: 10 $\frac{1}{4}$,
 till 5 $\frac{1}{4}$; / waterd, 52t: /

/ W; SWm: / F^t frost & dry / Mild & rain / W; WSW stor.
 up at 8; W; WSW fr: / m: V: & dr: / y / 7. Jan: 7; at 8 $\frac{1}{4}$. OF.
 Walkd, on ramp in boots, fr: 8 $\frac{1}{4}$ till 9 $\frac{1}{2}$;
 at 9 $\frac{1}{4}$. w: br: 2 $\frac{1}{2}$, ry: $\frac{1}{2}$, butter $\frac{1}{2}$. . . 3 $\frac{1}{2}$ t. 3t: tea & milk. . 28,
 Sugar. 2 " }
 at 2 $\frac{1}{2}$. apple, pud: Solids. . . . 5 $\frac{1}{2}$, y humidity. . . . 13,
 broils grass Pyke. 17 , Cellary roots. . . 5,
 w: bread. 8 , New Most wine. 48,
 at 5. Sugar. 1 , gr: tea & milk. . 16,
 Solids. . . . 37t. Liquids. . . 110t.
 Not out since Morning, Slept on Chair, fr: 5 $\frac{1}{2}$ till 6 to bed,
 at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{1}{4}$ till 11, & Very Inter: till 2 $\frac{1}{2}$ & 5 & fr: 7 till 8;
 / waterd. 57t: /
 / W; SW fr: / mild & thick / Mild & dr: / W; SW h: /

up at 8 $\frac{1}{4}$ W, SW fr: Mild & lowry / y: 8: Jan: 7, at 8 $\frac{1}{4}$ (S) pud:
 To th^k in Couch, ab: 9 $\frac{3}{4}$: & rid on ramp: fr: 11 $\frac{3}{4}$ till 1;
 at 9. w: br: 2 $\frac{3}{4}$, ry: 1 $\frac{1}{2}$, butt: 2 Sug: 4. 52 t. b: tea & milk. . . 11.
 at 1 $\frac{1}{4}$. Beer, cod. . . 9.
 at 2 $\frac{1}{4}$. w: bread. . . 1 $\frac{1}{2}$. brown Rose Soap. . . 28.
 Plumb pud: broild, Solids. . . 6. y: humidity. . . 3.
 roasted beef hashd. . . 12. gravy or water. . . 5.
 w: bread. . . 4. N.T. wine. . . 34.
 at 5 $\frac{1}{4}$. w: bread 3, butt: 2 $\frac{1}{2}$, Sug: 1 $\frac{1}{2}$. . . 5. gr: tea & milk. . . 16.
 Solids. . . 34 t. Liquids. . . 106 t.

Not out since dinner; to bed, at 10, Slept tollerably
 well, fr: 10 $\frac{1}{4}$ till 3 $\frac{1}{2}$, & fr: 6 till 7; / Waterd 56 t. /

/ W; SW m: / Mild & rain, / W: m: & fog / W; Calme /
 up at 8 $\frac{1}{4}$; W; Calme / Mild & th^k fog / y: 9 Jan: 7; at 10 $\frac{1}{2}$ (N) pud:
 Not out since yesterday Noone. 1;
 at 9 $\frac{3}{4}$. w: br: 2 $\frac{3}{4}$, ry: 1 $\frac{1}{4}$ butt: 2 $\frac{1}{2}$ Sug: 1 t. 52 t. b: tea & milk. . . 18.
 at 2 $\frac{1}{4}$. 5. Eggs, butter. . . 16. Parsely. . . 2.
 butter. . . 2.
 Stockfish w: bread; Solids. . . 2. y: humidity. . . 2.
 w: bread 7 $\frac{1}{2}$, ry: 2 t. . . 9 $\frac{1}{2}$. G: wine. . . 34.
 at 4 $\frac{3}{4}$. Sugar. . . 1. gr: tea & milk. . . 18.
 Solids. . . 36 t. Liquids. . . 74 t.

Not out all day; to bed, at 10, Slept a little, interrupted
 fr: 10 $\frac{1}{2}$ till 12 & till 4 $\frac{1}{2}$, & dozed, fr: 6 $\frac{1}{2}$, till 7; / Waterd 47 t. /

/ W; WSW m: / Mild & Rain, / Mild & dry / W; SW m: /

up at 8; W; SW fr: 1 m: gr: & dr: 1 y: 10: Jan: 7; No. O.
 Rid fr: home, to N. at 8 fr: 8 1/4 till 9 1/4, & dr: fr: 11 1/2 till 1;
 at 10. w: br: 2 1/2, ry: 2, butter 2. . . . 5 t. . . . Alt: E. beer, hott. . . . 20,
 x at 8 1/2. ry: bread. . . . 1, ab: 7 1/2. NT wine. . . 14,
 at 2 1/4, apple, pud: Solids. . . 6, . . . humiditys. . . 13,
 Stew'd Carp fish. . . . 20, Sauce. . . . 9,
 w: bread. . . . 7 1/2, . . . NT. wine. . . 28,
 at 5. . . Sugar. . . . 1 1/2, . . . Coffee & milk. . . 16,
 Solids. . . 4 t. . . ab: 8. G. wine. 12.
 Liquids. 112 t.

Not out since dinner; to bed at 10, Slept some w: in,
 interruptedly fr: 11 1/4 till 7; no. O. . . . 11. & L. . . . water d, 56 t. /

W; SW m: / mild & grey 1/1 m: & gr: / W; SW m: /

up at 9 1/2, W; SW m: 1/1 m: & gr: 1 y: 11: Jan: 7; at 7. (N) & S. at 9. (D)

Walked on y: ramp fr: 11 1/2 till 12 3/4;
 at 9 1/4. ry: bread 1 1/2, butt: 1/2. Sug: 2. 4 t. . . green tea & milk. . . 32,
 at 1 1/2. roasted leg of Pig pork. . . 14 1/2. apple, Sauce. . . 18,
 w: bread. . . . 9, . . . Champagne wine, 36,
 at 4 3/4. w: bread 3, butt: 1/2 Sug: 1. 4 1/2, . . green tea & milk 16.

Solids. . . 32 t. . . Liquids. . . 102 t.

Not out since dinner, Slept on Chair fr: 4 till 4 1/2,
 Slept some w: interrupt: fr: 10 1/2 till 5 1/2; / water d 62 t. /
 to bed at 10 1/4;

W; WSW m: / W: 1 m: & grey / mild & gr: / W; SW fr: /

up at 7 $\frac{1}{4}$; W; SW fr: 1 milde & gr: 1 y: 12: Jan: 7; at 7 $\frac{1}{4}$ (L).
 Rid on ramp fr: 8 till 9 $\frac{1}{2}$, & to y: Exh: fr: 12 $\frac{1}{4}$ till 1 $\frac{1}{2}$;
 at 9 $\frac{1}{4}$. w: br: 3 $\frac{1}{2}$, ry: 1, butt: $\frac{1}{2}$. Sug: 2; 7 $\frac{1}{2}$ t: b: tea, & milk. 32.
 at 12 $\frac{1}{4}$. bisquit. $\frac{1}{2}$. Beer. 16.
 at 2 $\frac{1}{4}$. plain bread pud: Solid. 6, humidity. 6,
 Roasted beef ragoust. 16, Celler root. 8.
 w: bread. 7 $\frac{1}{2}$. R: wine. 34.
 gravy or water. 8.

at 5. Sugar. Coffee & milk. 6,
 Solids. 37 $\frac{1}{2}$. Liquids. 110 $\frac{1}{2}$.
 To Lie: Wiese, fr: 4 till 6; to bed, at 10 $\frac{1}{2}$, Slept Somew: in,
 interruptedly, fr: 10 $\frac{1}{4}$ till 4 $\frac{3}{4}$; /water d. 62 t: /

W; SW m: 1 milde, & moist / milde, & rain, 1 W; SE h: 1
 up at 7 $\frac{1}{2}$; W; SE h: 1 milde, & rain, y: 13: Jan: 7; at 7 $\frac{1}{2}$ (L).
 Rid on Street & ramp fr: 8 till 9 $\frac{1}{4}$;
 at 9 $\frac{1}{2}$. Pringel 4 $\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: 2 t: 7 $\frac{1}{2}$ t: b: tea, & milk. 28.
 at 2 $\frac{1}{4}$. Boild Dörsch-fish. 23, Champ: wine. 31.
 w: bread. 8, Old Dry Mad: 10.
 at 4. Sugar. 1, Coffee & milk. 17,
 at 8. bisquits. 1 ab: 6. H 26 wine. 14.
 Solids. 40 $\frac{1}{2}$. Liquids. 100 $\frac{1}{2}$.

Not out since morning 9 $\frac{1}{4}$, to bed at 10, Slept in,
 interruptedly fr: 10 $\frac{1}{4}$ till 3 $\frac{1}{2}$, & doz & fr: 6 till 7 $\frac{1}{4}$;
 /water d. 64 t: /
 W; SE fr: 1 milde, & moist, / milde, & dr: / W; WSW h: /

up at 8½, W; S W; / M; V; & de; / y; 14 Jan. 7; at 4½ (M); at 8½. of.

Not out before dinner;
at 9½, bring 4, butt ½, Sug 1½. . . 6 t. gr: tea & milk. . . 22,
at 2¼ Laid out, Ox, Solids. . . 3, Trauu Koff Soup 30,
Roasted, doz Venison. . . 15, H Twine 26. . . 34,
w: bread. . . 9, x { ab: 9½ } { E beer, cold. 18.
at 4¼. Sugar. . . 1, green tea & milk. 12,
Solids. . . 34 t x Liquids. 134 t.

Not out all day; Slept on Couch & Chair fr: 5 till 6, to
bed at 10; Slept some: interruptedly fr: 10¼ till 4½;
/ Water d. 64 t. /
W; W S W m: / Milde & dry / Milde & rain / W; W fr: /

up at 8; W; W fr: / Milde & rain / y; 15: Jan. 7; at 6. (M);
In Coach, at 9½ till 11; rid on ramp fr: 12 till 1¼;
at 8½, bring 4½, butt ½, hony ½, Sug: 1½. 7 t. t: tea & milk. . 28.
at 12. Beer, cold. 16,

at 2¼, plain rice, pud: Solids. . . 5, humidity. . 4,
Powderd beef. . . 15, Carrotty. . . 8.
w: bread. . . 6, R: wine. . 34,
at 4. Sugar. . . 1, gr: tea & milk. 12,
ab: 6. Sugar. . . ½, Coffee & milk. 5,
twint 7 & 8. Sugar. . . ½, E beer, hott. 31,
Solids. . . 35 t, Liquids. 138 t.

In Coach, to Mr. Walter at 4¼, till 6½; to bed, at 10,
Slept fr: 10¼ till 4½;
/ Water d. 81 t. /

/ W; W by N fr: / Milde & moist / Milde & dr: / W; N m: /

up at 8 $\frac{1}{2}$; W; N m: / M: V: & fine / y: 16: Jan: 7; ab: 6. (Mx): at 10. (S)pd

Not out before, noon.

at 9 $\frac{1}{2}$. Bring 4. butt $\frac{1}{2}$, Sug $\frac{1}{2}$.	6 t. b. tea & milk.	18.
at 2 $\frac{1}{4}$. w: bread.	1 $\frac{1}{2}$. brown Soff Soupe.	26.
× Venison, ragoust.	8, water or gravy.	5.
Cold powdered beef.	5, N.H. wine.	7.
w: bread.	8, H. & G. wine.	20.
× boild rice, pud: Solids.	7 $\frac{1}{2}$. y humidity.	8.
at 5. Sugar.	1, gr: tea & milk.	12.
Solids...		37 t.
Liquids...		96 t.

Not out since yesterday; Slept on Chair, fr: 6 till 6 $\frac{1}{2}$, to bed, at 10 $\frac{1}{2}$, Slept fr: 10 $\frac{3}{4}$ till 2 $\frac{1}{4}$, & fr: 6 till 7 $\frac{1}{2}$; / Water 67 t.
/ W; NE. fr: / Frost & fine, / frosty & fog, / W; WNW m:

up at 8; W; WNW m: / frosty & fog / y: 17: Jan: 7; at 9. (S)pd:

Not out before, dinner;

at 9 $\frac{1}{2}$. Bring 4 $\frac{1}{2}$ butt $\frac{1}{2}$, Sug $\frac{1}{2}$.	6 t. b. tea & milk.	17 t.
	at 1. Beer.	15.
at 2 $\frac{1}{4}$. Fryd Smelts fish.	7, x at 9 $\frac{1}{2}$ Lustri, hott.	18.
Potatoes Solids.	3, y humidity.	5.
Boild Pike fish.	12, N.H. wine.	48.
w: bread.	8.	
at 5. Sugar.	1, Coffee & milk.	17.
Solids...		37 t.
Liquids...		120 t.

Not out since, y 15th, Slept on Couch, fr: 7 till 8; to bed, at 10, Slept a little, Interrupt: fr: 10 $\frac{1}{4}$ till 2 $\frac{1}{2}$, & fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$; / Water 65 t. /

/ W; W⁴ m: / Mild, & fine, / frosty & dr: / W; SE m: /

up at 8 $\frac{1}{4}$, W; S E m: / Milde, & fleet / y: 18: Jan: 7; at 7 $\frac{1}{2}$. (M)^{lt}
 Not abroad Since, y: 15th
 at 9 Pring 4 $\frac{1}{2}$, butt: 2, Sug: 1 $\frac{1}{2}$. . . 6 $\frac{1}{2}$ t. gr: tea & milk. . . 18,
 at 1 $\frac{1}{2}$ Powder, leg Pig Pork. . . 5 " Gr Wine. . . 37,
 Pease, porridge, Solids. . . 2 $\frac{1}{2}$ " y humidity. . . 24,
 Roasted Turkey. . . 8 " N Wine. . . 5,
 Apple, Py, Solids. . . 3 " y humidity. . . 10,
 w: bread. . . 8 " dr: Madeira. . . 2,
 at 5. Sugar. . . 1 " Coffee & milk. . . 12,
 Solids. . . 34 t. Liquids. . . 108 t

Not out Since, y: 15th to bed at 9 $\frac{1}{2}$, Slept fr: 10 $\frac{1}{2}$ till
 12 $\frac{1}{2}$ & fr: 3 till 5 $\frac{1}{2}$, & fr: 6 till 7; / Waterd 6 t: /

/W; W $\frac{1}{4}$ m: / Milde, & moist / Milde, & fog / W; S W m: /

up at 8 $\frac{1}{2}$, W; S W m: / Milde, & fog / y: 19: Jan: 7 at 10. (S)
 Not abroad Since, y: 15th;
 at 9 Pring 4 $\frac{1}{2}$, butt: 2, Sug: 2 t. . . 7 t. b: tea & milk. . . 28,
 at 2 $\frac{1}{4}$ plumb pud: Solids. . . 7 " y humidity. . . 7,
 Boiled Powder, leg of young Pork. . . 5 $\frac{1}{2}$, Quist, hott. 17,
 Roasted Turkey. . . 10 $\frac{1}{2}$ " N Wine. . . 4,
 w: bread. . . 7 $\frac{1}{2}$ apples outa Py, 8,
 at 5. Sugar. . . 1 " gr: tea & milk. . . 17,
 at 8 $\frac{1}{4}$ Sugar. . . 2 " Quist, hott. 16,
 Solids. . . 39 t. Liquids. . . 134 t.

Not out Since, y: 15th, Slept on Couch fr: 6 $\frac{1}{4}$ till 7 $\frac{1}{2}$,
 To bed at 9 $\frac{1}{2}$, Slept Somew: Interrupt: fr: 10 till 4 $\frac{1}{2}$;
 / Waterd, 54 t: /

/W; W S W St: / Milde, & moist / Milde, & dr / W; W S W St:

up at 7; W; WSW St: / M: & Dr: / y: 20: Jan: 7; at 7. (S).

Not abroad Since, y: 15th;
at 8¹/₂. Pringol, 5, butt: 1/2, Sug: 2. 7¹/₂ t. b: tea, & milk. . 22,
at 2¹/₄. plain, bread pud: Solids. 5¹/₂. y: humidity . . . 6.
Powderd beef 13 , Graves wine, . . 32.
w: bread 8 , ab: 3¹/₂. E beer, hott. 18.
at 4¹/₂. Sugar 1 , gr: tea, & milk. . 18.

Solids. 35 t. Liquids. 26 t.

Not abroad, Since, y: 15th; to bed, at 10¹/₄, Slept & dozed,
fr: 11 till, 3, & Slept sound fr: 6 till, 8; / Waterd, 77 t: /

W; WNW Storme, V: & Dr: / M: V: & Dr: / W; WNW great
No. great Storme, high flood. Storme, high flood.
up at 9. W; W: gr: St: high flood / M: V: & Dr: / 21: Jan: 7; at 5¹/₂ (M):

Not out Since, y: 15th;
at 9¹/₂. Pringol, 5 t: Sugar 1/2. 6¹/₂ t. b: tea & milk. . 24,
at 1¹/₂. w: bread 5 , N.T. wine, . . . 6,
at 2. roasted Turkey 11 , Gr: wine. . . . 30,
Boild leg of Pig: Pork 5¹/₂, E beer, hott. . . 18.
w: bread 6¹/₂,
ab: 5¹/₂. Sugar 1/2 , gr: tea & milk. 12.
at 8³/₄. bisquits 2 , E beer. . . . 17.
dry mad: wine, 5.

Solids. 37 t. Liquids. 112 t.

Not out Since, y: 15; to bed, at 10¹/₄, Slept fr: 10¹/₂ till
3³/₄; & Slept sound fr: 5 till, 7; / Waterd, 65 t: /

W; W: fr: / Rain, & milds, / Milds, & rain / W; W St: /

up at 9, W; Wh: / Rain & m: / y: 22: Jan^{ry}; at 11. (M) p.d:
 Not out since, of 15th;
 at 10. Bring 4, butt: 2, Sug: 1½. 6 t: 6: tea & milk . . . 16.
 at 2¼. Stew Pike-fish . . . 11. E beer, hott. . . 17.
 roasted Turkey . . . 7. } H. 26. wine, . . 29.
 w: bread 8½ }
 ab: 5. Sugar 1½ } gr: tea & milk . . 16.
 at 9. Bisquit 2 } E beer, hott. . . 17.
 } Dry mad: wine . . 5 }

Solids . . . 36 t. Liquids . . 100 t

Not out since, y: 15th; Slept on Couch, fr: 6½ till 7½.
 To bed, at 10¼ Slept Interruptedly; fr: 10½ till 4 & fr: 6 till 7;

W; W S W h: / Rain & milde, / milde & dr: / W; S W h: /
 up at 8¼; W; S W h: / milde & dr: / y: 23: Jan^{ry}; at 6. (M) p.d:
 Walkd on ramp: fr: 8½ till 9½; & to Exch: fr: 11½ till 1.
 at 10. w: bread, rye 1, butt: ¾ Sug: 1¼. 6 t: 6: tea & milk . . 16.
 at 2¼. apple, pud: Solids . . . 6, y humidity . . . 16.
 Boild leg of Pig Pork 5, at 12 Jout . . . 14,
 roasted, Turkey 9½, } N H wine . . 36,
 w: bread 6 }

at 5½ w: br: 3½, butt: ½, Sug: 1½. . . 5½. Coffee & milk . 16,
 Solids . . . 38 t. Liquids . . 98 t.

Not out since dinner; to bed, at 9½, Slept fr: 10 till 4;
 1 Waterd, 57 t: /

W; W S W h: / milde, & dry / milde & V: / W; W S W h: /

up at 7 $\frac{1}{4}$; W; WSWⁿ; Vⁿ; & Fine; y: 24: Jan: 7; at 6 $\frac{1}{4}$; (mo^t).
 Rid fr: home, to n^o rid fr: 7 $\frac{3}{4}$ till 9 $\frac{1}{2}$, & t: fr: 11 $\frac{1}{2}$ till 12. $\frac{5}{6}$;
 at 10. ryz bread 8 t: butter 1 t: . . . 9 t: . . . Alt. E beer hott. . . 18,
 at 1 $\frac{1}{4}$. Amber Stoul. . 14,
 at 2 $\frac{1}{4}$. roasted Venison. . 18, Cellary root. . . 6,
 w: bread. 10, Claret. 28,

at 5 $\frac{1}{2}$. R. wine. . . 14,
 at 8. bisquitz 1 $\frac{1}{2}$, Sugar $\frac{1}{2}$. . . 2, E beer hott. . . 26.

Solids. 39 t: , Liquids. . . 106 t: .

Not out since dinner; Slept on Couch fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$,
 to bed at 10, Slept fr: 10 $\frac{1}{4}$ till 2 $\frac{1}{2}$ & fr: 3 $\frac{1}{2}$ till 5 & fr: 5 $\frac{1}{2}$ till 6;
 1 water & 60 t: /

W; WSW St: mild, & V: Mild, & rain, W; SW St: /

up at 7 $\frac{1}{2}$; W; SW St: mild, & rain, y: 25: Jan: 7; at 8 $\frac{1}{2}$ (Spd):
 To k: in Coach at 9 $\frac{3}{4}$; t: at 12 $\frac{1}{4}$;

at 8 $\frac{3}{4}$. w: 2, ryz 1, butt: $\frac{1}{2}$, Sug: 2 $\frac{1}{2}$. 6 t: . gr: tea & milk. . 33,
 at 12 $\frac{1}{4}$ E beer hott. . 11,

at 1. Roasted Pork. 16 $\frac{1}{2}$, apple Sauce. . . 18.
 w: bread. 8 $\frac{1}{2}$, R. wine. 19,

at 4. Sugar. 1, NT. wine. 17.
 at 4. green tea & milk. . 18.

Solids. 32 t: , Liquids. . . 116 t: .

Not out since dinner; Slept on Chair fr: 5 till 6, to
 bed at 9 $\frac{1}{4}$; Slept fr: 9 $\frac{1}{2}$ till 12 & till 1 & dozed, & slept Inter-
 ruptedly - - fr: 5 $\frac{1}{4}$ till 6 $\frac{1}{2}$; 1 water & 60 t: /

W; W, Storm, mild, & rain, Mild: V: & dr: / W; WSW St: /

up at 7 $\frac{1}{4}$; W, SW fr: / M: V: & fine / y: 26: Jan: 7; at 6 $\frac{1}{2}$. (L).
 Walk'd on ramparts fr: 10 $\frac{1}{2}$ till 11; xxxxx at 9. N.T. wine... 5,
 at 8 $\frac{1}{2}$, bring'd 5, butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{2}$. 7t: b: tea, & milk... 22,
 at 1 $\frac{1}{2}$... Amber, Stout, Cold. 15,
 at 2 Venison, out of Pye... 14, juic, out of Pye... 19,
 Pye = crust, y Solid... 7, y humidity... 7,
 w: bread. Say w: bread... 1, N.T. wine... 13,

at: 5 $\frac{1}{2}$ E beer, hott 20,
 Solids... 29t, Liquids... 96t:
 xxxxx

Not out since dinner; Slept on Couch say on chair
 fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{4}$; to bed, at 9 $\frac{1}{4}$, Slept but little, Interruptedly
 fr: 9 $\frac{1}{2}$ till 3 $\frac{1}{2}$, & dozed fr: 7 $\frac{1}{4}$ till 7 $\frac{3}{4}$; 1 Waterd, 65t: /

W; W: Th: / mild, & moist / mild, & fine / W; NW m: /
 up at 7 $\frac{3}{4}$. W; NW m: / M: & V: 7 fine / y: 27: Jan: 7; at 11. (S) pd:

Walk'd on y: Streets fr: 8 $\frac{1}{4}$ till 9 $\frac{1}{4}$; & fr: 1 $\frac{1}{2}$ till 1 $\frac{3}{4}$;
 at 7. in bed, Sugar... 1t: gr: tea & milk... 18,
 at 9 $\frac{1}{2}$, w: bread 3, ry: 1 $\frac{1}{4}$, butt: $\frac{1}{2}$ Sug: 1 $\frac{1}{2}$ 6 $\frac{1}{2}$, gr: tea & milk... 22,
 at 1 $\frac{1}{2}$. Venison, pasty Broth... not jelly... 22,
 at 2... Pye = crust, Solids 6 $\frac{1}{2}$, y humidity... 6,
 Venison, out of Pye... 7 $\frac{1}{2}$, E beer hott... 14,
 Roasted Turkey... 5 $\frac{1}{2}$, N.T. wine, hott. 30,

Solids... 27t, Liquids... 112t:

Not out since 1 $\frac{3}{4}$; Slept on Couch fr: 7 till 7 $\frac{1}{2}$, to
 bed, at 9, Slept. Interrupted fr: 10 till 3, & dozed fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$;
 1 Waterd, 72t: /

/NE fr: / frost & fine, / frost & Starr l: / W; SE m: /

up at 8 $\frac{1}{2}$ W; W⁴m: / fr: 5 $\frac{1}{2}$ & fog / y: 28: Jan 7; at 4. L & M⁴ at 8 $\frac{1}{2}$ Oall J:

Not out before dinner;

at 6 in bed, Sugar 2 t. green tea & milk 22,
at 9 $\frac{1}{2}$ Fring 4 $\frac{1}{2}$ butt: $\frac{1}{2}$ Jug: 1 $\frac{1}{4}$. 6 $\frac{1}{2}$ Coffee & milk 16,
at 1 $\frac{1}{4}$ Dr: Mat: 6,
at 2 $\frac{1}{4}$ dumpl: & gruen Solids . 5 Cock broth: 28,
Boild Cock 11, NH wine 36,
w: Bread 7 $\frac{1}{2}$, at 9 Marmalde 6,
Solids 32 t. Liquids 114 t.

Not abroad, all day; Slept on Chair & Couch, twixt 5 & 7, to bed
at 9, Slept Somew: Interruptedly fr: 9 $\frac{1}{4}$ till 3; / Waterd, 51 t: /
/ W; S W m: / milde & moist / milde & grey / W; S W m: /

up at 7. W; S W m: / milde & grey / y: 29: Jan 7; at 7. S p d:

Rid Via N Works &c: fr: 7 $\frac{1}{2}$ till 9;

at 9 $\frac{1}{2}$ Fring 4, butt: $\frac{1}{2}$ Jug: 2 t. . 6 $\frac{1}{2}$ t. Coffee & milk 22,
at 1 $\frac{1}{4}$ w: bread 2 t. Jug: 1 t. 3, E beer hott 18,
at 2 $\frac{1}{4}$ Powderd beef 4 $\frac{1}{2}$ } NH wine 32,
broild gras. Pike fish 9 } ab: 5. AB: wine . 14.
w: bread 10 }
Solids 33 t. Liquids 86 t.

To y Equillibrist Stuart fr: 5 till 9 $\frac{1}{2}$; to bed, at 10 $\frac{1}{2}$,
Slept Interruptedly fr: 10 $\frac{1}{4}$ till 2 $\frac{1}{4}$ & fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$;

/ W; W S W m: / milde & th: / milde & fog / W; W⁴ m: /
Waterd, 59 t: /

up at 8½; W. W. m. / mild & gr. / y. 30th Jan. 7; at 4. (m)
 Not out before dinner; at 10 2. (S) p.
 at 7½. in bed, Sugar. . . . 1½ t. gr. tea & milk. . . 22,
 at 9¼. w. bread 1½, ry 2, Sug. 1½, 3½. gr. tea & milk. . . 22,
 at 2. dumpl. & grum. Solids. 4½, foul broth &c. . . 30,
 boils foul. . . . 9½. AB. wine. . . 22,
 w. bread. . . . 4. Liquids. 96 t.
 at 9. Wall figs; Solids. 23 t.
 Not out all day, dozed on Chair & Couch, twat 4½ & 6;
 to bed at 9, Slept fr. 10½ till 5½; / water 60 t. /

W; E m. / Mild & Starr. / 1st frost, V. fine / W; SE m. /
 up at 8¼; W; SE m. / 1st frost, V. fine / y. 31st Jan. 7; at 7½ (S) p.
 Not abroad Since y. 29th; & fig. seeds.
 at 9¼. Bring. 4¼, butt. ½, Sug. 1¼. . . 6 t. green tea & milk. . . 16,
 at 1¼. bisquits 1, Sug. 1. . . . 2, E beer hott. . . . 13,
 at 2¼. Veal Cuttlett. . . . 14, gravy or water. . . 3,
 w. bread. . . . 5½, Champagne wine 36,
 at 4¼. w. bread 2½, butt. ½, Sug. 1½. 4½. gr. tea & milk. . . 16,
 Solids. 32 t. Liquids. 94 t.
 Not abroad Since y. 29th to bed at 9½, Slept fr. 9¾ till
 2½, & fr. 6 till 7½; / water 46 t. /

W; SSE m. / Frost & fine / frost & fog / W; NNW m. /

up at 8 $\frac{1}{2}$; W; N by E. / frost & fog / ^{ma} Feb: 7; at 14. (F) pd:
 Not abroad before dinner;
 at 9 $\frac{1}{2}$. w: br: 2 $\frac{1}{2}$, rye 14 butt: 2 Sug: 14. 6t: . b: tea, & milk... 22.
 at 1 $\frac{1}{2}$. dumpl: & rice, Solids. . . . 6 $\frac{1}{2}$. beef broth & . . . 30.
 Roasted fowl. 9 $\frac{1}{2}$. Carrott 3,
 w: bread 6 $\frac{1}{2}$. Champagne Wine 33.
 at 5 $\frac{1}{2}$. Sugar 1 $\frac{1}{2}$. gr: tea, & milk... 16.
 Solids... 30t. Liquids... 104t.

Not out since y: 29th Jan: 7; Slept & d: on Couch, &
 Chair fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$, to bed at 9, Slept little. Interrupt: fr: 10 till 4,
 / W; NW m: / Mild, & Rainy / ^{water 44 t.} frost, fine W; NE m: /

up at 7 $\frac{1}{2}$; W; NE m: / frost & V: fine / y: 2: feb: 7; at 5. (F) pd:
 Not out before dinner;
 at 9. Tringol 4, butt: 2, Sug: 1 $\frac{1}{2}$. . . 6t: . green tea, & milk... 17t.
 at 12. Amber Stout... 16.
 at 1 $\frac{1}{4}$. Powderd Pork. 3 } Gravy or water... 4.
 Veal Cuttlets 12 } Gr: wine... 34.
 w: bread 7 }
 at 3. . Sugar 1 } Coffee & milk... 16.
 at 8 $\frac{3}{4}$. Stewd, prunes St: E. but... 16t: Mod: St: hott 27.
 Solids... 29t. Liquids... 114t.

Not abroad since 29 Jan: 7, to bed at 9 $\frac{1}{2}$, Slept V: little
 interrupt: fr: 9 $\frac{3}{4}$ till 12 $\frac{1}{4}$, & fr: 4 $\frac{1}{4}$ till 5 $\frac{1}{2}$, & fr: 6 $\frac{1}{4}$ till 7 $\frac{1}{4}$;
 / waterd t: /
 W; NE m: / frost & fine / h: frost & gr: / W; E m: /

up at 8 $\frac{1}{4}$; W; E mth: frost & g^z: / 1st: 3: feb: 7; at 10 $\frac{1}{4}$. (N) pd:
 Not out before dinner;
 at 9 $\frac{1}{2}$ bring 4 $\frac{1}{2}$, butt: 2, Sug: 1 $\frac{1}{2}$. 6t: Coffee & milk . . . 16,
 at 2 $\frac{1}{2}$ boil ham . . . 3 . . . Cutt Turnips . . . 8,
 Boil Grass Pike fish . . . 11 $\frac{1}{2}$, E beer hot . . . 12,
 w^t: bread . . . 8 . . . N^H wine . . . 28,
 at 5 . . . Sugar . . . 1 $\frac{1}{2}$. . . Coffee & milk . . . 16,
 Solids . . . 30t: Liquids . . . 80t:

Not abroad since y: 29: Jan: 7; to bed, at 9 $\frac{1}{4}$, Slept a
 little, Interruptedly fr: 9 $\frac{1}{2}$ till 3, & fr: 6 till 6 $\frac{1}{2}$; / Waterd, 50t: /
 W; E: 7 It: / frost & grey 1t: frost & grey, / W; SE It: /

up at 7 $\frac{1}{4}$; W, SE It: / frost & g^z: / y: 4: feb: 7; No O!
 Not out before Noone
 at 9 $\frac{1}{4}$ bring 4 $\frac{1}{2}$, ry, bread 2 $\frac{1}{2}$. . . 7t: } to tea & milk . . . 16,
 Butter 1t: Sugar 1 $\frac{1}{2}$. . . 2 $\frac{1}{2}$ } Twist 12 & 1. amb: It: 16,
 at 2 $\frac{1}{4}$ w^t: bread . . . 2 . . . Cherry Soup . . . 26,
 Boil ham . . . 4 } N^H wine . . . 28,
 foul fricassie . . . 10 $\frac{1}{2}$ }
 w^t: bread . . . 8 }
 at 5 . . . w^t: bread 1 $\frac{1}{2}$, butt: 2, Sug: 1 $\frac{1}{2}$ 3 . . . to tea & milk . . . 16,
 Solids . . . 37t: Liquids . . . 102t:

Not out since y: 29: Jan: 7; to bed, at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{3}{4}$
 till 11 & till 12 $\frac{1}{2}$, & fr: 3 $\frac{1}{2}$ till 6 $\frac{1}{2}$; / Waterd, 66t: /

W; SE fr: / Frost & g^z: / hard frost, g^z: / W; SE h: /
 No O.

up at 8, W, SE fr: / h: frost & gr: / y: 5^t fr: 7; at 8. (S) pd: & mlt
 In Coach to h: ab: 10, walkd Stoutly on ramp: fr: 11¹/₂ till 12¹/₄;
 at 9¹/₂ Pring 4¹/₄, butt: 2, Sug: 1¹/₄... 6^t: Coffee & milk. . . . 16,
 at 2¹/₄. dump: & gr: y: gr: Sol: 6 Twixt 1 & 1¹/₂. Od w: wing. 12..
 Boild Veal, & Muckle. . . . 9¹/₂ } N.T. wine. . . . 26,
 Boild Beef - Powderd beef. . . 4¹/₂ } Sw^t Mad^r wine. 5-
 w: bread. . . . 8 }
 at 5¹/₂. 1¹/₂ .. Coffee & milk. 17,
 Brawn x. 2
 Solids. . . 37^t: Liquid. 104^t:

Not out since dinner; to bed, at 9¹/₂, Slept, v: little, Interru
 ruptedly fr: 9³/₄ till 4³/₄; 1 waterd, 6^t: /
 W; S S W fr: / Sleet & thaw / Milde, dr: & gr: / W; S S W m: /
 up at 7¹/₂, W; S S W m: / m: gr: & fine, / y: 6^t fr: 7; No O.
 Rid, on ramp: fr: 8 till 9¹/₄, & in Coach to h: walkd home, b: at 1;
 at 9¹/₂ Pring 4¹/₂, butt: 2, Sug: 1^t: 6^t: t: tea & milk. . . . 17^t
 at 1¹/₂, beef & Veal broth. 18.
 at 2¹/₂. roasted Shoul: Venison 19, gravy. . . . 3,
 w: bread. . . . 9, N.T. wine. . . . 36.
 ab: 4¹/₂. Sugar. . . . 1, gr: tea & milk. . . 16.
 Solids. . . 35^t: Sweet mad^r wine 4.
 Liquid. 94^t:

Not out since dinner, a Nap on Chair ab: 6; to bed,
 at 9¹/₂, Slept little, Interruptedly fr: 9³/₄ till 5³/₄;
 1 waterd, 6^t: /
 W; S W fr: / Milde & thick / m: gr: & dry / W; S S W m: /
 No O!

up at 7½ W; SSW fr: 1 Milde, gr: & dr: 1 yf: 7 Feb: 7; at 7. (F) p: 2.
 Rid fr: home to 11½ till 7¾ till 9¼; & b: fr: 11 till 12½;
 at 9¼ bring 4½ butt: ½, chees ¾, Sug: ½. 6t: Alt: E. beer, hott. . . . 20,
 at 1¼. dumpl & gruvon, Solid. . . 5½, beef & Veal, broth. . . 30,
 boild Veal, 3. boild beef 3t: . . . 6, Champagne wine, 34,
 Collar, brown. 7,
 w: bread. 9,
 ab: 5. Sugar. 1½, green tea & milk 16,
 twist 7 & S. rye bread. . . . 2, NT. 18, HT 26. 18. . . 36,
 Solids. . . 37t: Liquids. . . 136t:
 Not out since dinner; Slept on Couch fr: 6 till 7,
 to bed, at 9½, Slept a little, interrupt: fr: 9¾ till 4¼;
 /W; SSW m: 1 Milde & dry / Milde & V: 7 fine / W; SSW m: 1 / waterd, 53t:
 up at 8; W; SSW m: 1 M: & V: 7 fine / yf: 8 Feb: 7; at 8¼, (S) p: 2:
 Walkd, on rampet, de: fr: 10½ till 12½;
 at 9. bring 3¾. butt: ½, Sug: 1¼. . . 5½t: b: tea & milk. . . 16,
 at 12¼. amb: Stout. 16,
 at 1¼. Potatoes Solid. 3, yf humidity. . . . 6,
 Syc: crust Solids. 6, yf humidity. . . . 6,
 Venison, out of Syc. 10½, broth out of Syc. 10,
 Powderd Pork. 2, NT. wine. . . 30,
 w: bread. 2, ab: 7 w: wine. . . . 6,
 twist 5½ & 7. almond bread 1, Sug: ½. . . 1½, gr: tea & milk. . . . 8,
 at 8½. Apple, pancakes, Solids. 6½, yf humidity. . . . 6,
 Solids. . . . 37t: Liquids. . . 104t:
 To J. T. at 4½, to J. Wolfend: at 5, a short; home, at 8; to bed, at
 10¼, Slept a little, interrupt: fr: 10½ till 4½; / Waterd, 70t: /
 /W; SE m: 1 Milde, & fine, / Milde, & V: 7 fine, / W; SE m: 1

up at 2; W; SE m: / Mild, & V. fine / 9: feb: 1; at 8 1/2 (S) at 9 3/4 (S).
 Walkd. th^o on ramparts fr: 11 1/2 till 1 1/4;
 at 8 1/4. Sugar. 1 t. b: tea & milk. 16,
 at 9 3/4. Prune 3 3/4, butt: 1/2, Sug: 1 1/4. 6, b: tea & milk. 22,
 at 1 1/2. Beer. 16,
 at 2 1/4. Apple dumple: Solid. 6, y humidity. 19,
 Powderd beef, Cold. 8 1/2, N. wine. 35,
 w: bread. 9, . . . D. . . D. at 8 1/4. 14.
 ab: 7 3/4. w: bi: 4, ye: 1 1/4. 5 1/4, } green tea & milk. 22.
 Sugar. 1 1/4, } Liquids. 144 t.
 Solids. 37 t.

Walkd to John, Harb: at 5, b: at 7; to bed, at 9 1/2 Slept
 a little, Interruptedly fr: 9 3/4 till 3 1/2; / Waterd 62 t: /
 W; SE m: / Mild, & fine frost & fine / W; SSE h: /

up at 7 1/2; W, SSE fr: / frost & dr: / y: 10: feb: 1; at 4 1/2 (S).
 Walkd in boots to N mill & b: fr: 7 3/4 till 9 1/2; at 9. N. wine 14.
 at 10. w: bread 4 1/4, butt: 1/2, Sug: 1 1/4. 6 1/2 t. b: tea & milk. 22,
 at 12 1/2. Beer. 16.
 at 2 1/4. Powderd beef. 5 1/2, Savoyz. 6,
 hashd Venison. 11, xtwiat 4 & 5. N. wine. 14.
 Pye crust, Solids. 5, y humidity. 3,
 w: bread. 4, Champagne wine 35,
 ab: 6. w: bread 6, butt: 1/2. Sug: 1. 8, green tea & milk 16,
 Solids. 40 t. & Liquids. 120 t.

Not out since dinner; to bed at 9 1/2, Slept a little, Inter-
 ruptedly, fr: 9 3/4 till 4, & fr: 7 till 7 1/2; / Waterd 62 t: /
 / W; SSW fr: / Mild, & moist / Mild, fog / W; W: 7 m: /

up at 8½; W, Wm: / Mild & rain / y: 11: Feb: 7; at 9½. (N) pd:
 Not out since yesterday's forenoon;
 at 9¾. w: bread 3¼, butt: ¾, Sug: 1½. 6t: 6: tea & milk: 16,
 at 2¼. w: bread 2, brown, Roast Soup . . . 28,
 Boiled Ham, 2,
 Roasted Lamb, 15, gravy 4,
 w: bread, 8, N.H. wine, 52,
 at 5½. Sugar, 1, 6: tea & milk, . . . 16,
 Solids . . . 34t. Liquids . . . 11 6t.

Not abroad since yesterday; Slept on Couch fr: 7 till 8;
 To bed, at 9½, Slept Interrupt: fr: 9¾ till 2½, & fr: 4½ till 6;
 / W, W: 7 m: / mild & thick / Mild & dry / W, W S W h: /
 / water 60 t: /
 up at 7½; W, W S W h: / Mild & fine / y: 12: Feb: 7; at 7¾ (S) pd:
 Out in Coach to K: at 9¾, 6t on foot at 11½;
 at 8½. Alt: Elaxe. 6. Sug: 1½. . . . 7½t: 6: tea & milk. . . . 16,
 at 2... Peas in Soup, Solid. 3, y: Soup 24,
 Powdered Pork 13, N.H. wine 30,
 w: bread 8, S: twist 7½ & 8½ Gr: 35
 at 6. Sug: 1¼, w: bread 3¾ 5, Coffee & milk . . . 16,
 Solids . . . 36t. Liquids . . . 12 1t.

Not out since dinner, Slept on Couch fr: 5 till 6, to
 bed, at 9½, Slept fr: 10 till 3, & doze: fr: 6 till 7;
 / water 65 t: /

W, S W Storm, Rain & th: / Mild & rain / W, S W Stor: /

up at 7 $\frac{3}{4}$; W; SW Storme / M: & rain, / y: 13. Feb: 7; at 8 $\frac{3}{4}$. (S) at 2. (L).

In Coach Via, J: Geo: fr: 8 till 9 $\frac{1}{4}$;
at 9 $\frac{1}{2}$ Fringe 4 $\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{2}$... 6 $\frac{1}{2}$ t: t: tea & milk... 18,
at 2 $\frac{1}{4}$. Boild Ham: ... 1 $\frac{1}{2}$, brown Toffe Soup: ... 28,
Roasted Lamb: ... 10 $\frac{1}{2}$ } Champ: wine... 33,
w: Bread: ... 7 $\frac{1}{2}$,
ab: 5. Sugar: ... 1 } green tea & milk... 11.

Solids... 27 $\frac{1}{2}$ Liquids... 90 $\frac{1}{2}$.

Not out since Morning, to bed at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{3}{4}$ till 10 $\frac{3}{4}$,
& fr: 11 $\frac{1}{2}$ till 2 & till 3 $\frac{1}{2}$, & dozed fr: 6 till 6 $\frac{3}{4}$; / waterd 54 t: /

/ W; NW gr: Storme, / M: & V: / Milde, & dry / W; WNW fr: /

up at 7 $\frac{3}{4}$; W; WNW fr: / Milde, & fine, / y: 14. Feb: 7 at 4 $\frac{1}{2}$ (P) must: at 8. (C)

Not abroad before dinner; x twist 7 & 8. H 26 wine 18.
at 8 $\frac{3}{4}$. Fringe 4 $\frac{1}{4}$, butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{4}$... 6 $\frac{1}{2}$ t: Sage tea & milk... 22,
twixt 1 & 2... tastings of my... wing, circa... 8,
at 2 $\frac{1}{4}$. dumpl: & gr: grwen, Solid. 6, y humidity... 3,
Boild fowl: ... 9, Cock broth... 27,
w: Bread: ... 4 $\frac{1}{2}$... H. 26. wing... 14,
at 5 $\frac{1}{2}$. Sugar: ... 1 } green tea & milk... 12..
Solids... 27 $\frac{1}{2}$ Liquids... 104 $\frac{1}{2}$.

Not out all y day, Slept on Couch, fr: 4 $\frac{1}{4}$ till 5; to bed at 9,
Slept fr: 9 $\frac{3}{4}$ till 10 $\frac{1}{2}$ & till 2, & fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{4}$; / Waterd, 51 t: /

/ W; WSW fr: / Milde, & V: / Milde, & dr: / W; NW Storme,

up at 7 $\frac{3}{4}$ W; NW St: / Milde & fine / y: 15 feb: at 2. (P) at 7. (P)
 Walkd on y Ramparts fr: 11 till 12; x toint 6 & 9. H 26 wine 24,
 at 9. w: bread $\frac{1}{2}$ rye, 1 $\frac{1}{4}$, butt: $\frac{3}{4}$, Sug: $\frac{1}{2}$. 6 t: Coffee & milk . . . 22,
 at 12 $\frac{1}{2}$ rye bread . . . 1, H. 26 wine . . . 7,
 Plumb paid: Solids . . . 6 $\frac{1}{2}$, y humidity . . . 5,
 Powderd beef . . . 8, Sprouts . . . 6,
 Smoked beef . . . 9, E beer, hott . . . 18,
 w: bread . . . 6, NH wine . . . 36,
 at 4 $\frac{1}{4}$ Sugar . . . 2, x at 7 $\frac{1}{2}$ Saffron tea 12,
 green tea, & pulk . . . 12,
 Solids . . . 38 t: Liquid . . . 142 t:

Not out since dinner; Slept on Chair fr: 2 $\frac{1}{2}$ till 3 $\frac{1}{2}$,
 & on Couch fr: 9 till 9 $\frac{1}{2}$, to bed at 10, Slept fr: 10 $\frac{1}{4}$ till 2 $\frac{1}{4}$, &
 W; W: / Milde, gr: & dry / Milde & rainy / W; WSW Stormy
 fr: 6 till 8; 1 waterd t: 16

up at 9; W; WSW St: / m: V: & dr: / y: 16 feb: at 11 $\frac{1}{2}$ (N) pd:
 Not out before dinner;
 at 10 $\frac{1}{4}$ Pringe 4, butt: $\frac{1}{2}$, Sug: 2 t: . . . 6 $\frac{1}{2}$ t: t: tea & milk . . . 28,
 at 2 $\frac{1}{4}$ Dumpl: & Gruven Solids . . . 6 $\frac{1}{2}$, foul Broth &c: . . . 28,
 Boild foul . . . 13, NH wine . . . 32,
 w: bread . . . 6, Liquids . . . 88 t:
 Solids . . . 32 t:

Not out yesterday; to bed at 10, Slept fr: 10 $\frac{1}{4}$ till 3 & in,
 Interruptedly fr: 5 $\frac{1}{2}$ till 7; / waterd, 58 t: /

W; W: 4 Stormy, Milde & V: / Milde & dry / W; WSW Stormy

up at 8; W; WSW Storm, M: V: & Dr: / y: 17. Feb: 7; at 4½. (Must?)
 Not out before dinner;
 at 9½. Bring 4, Chocolate, Tol: 3.. 7t. y water, it boild in... 21,
 Sugar. ½.. 6t: tea & milk. . . . 5,
 at 2¼. broild grass like fish. . . 13, } NH. wine. . . 32,
 I smoke beef. 3½, } xtwiat 7½ & 8½ NT. 14.
 w: bread. 8
 at 4. Sugar. 1 y. Coffee & milk. . . 12.
 Solids. 33t. Liquids. . . 84t.

Not abroad since y 15th. Slept on Couch fr: 5½ till 6½, to
 bed at 9½, Slept fr: 9¼ till 12½, & fr: 1½ till 5½; / waterd, 53t: /
 W; WSW Storm, / Mild, Sleet & V: M: & V: / W; SWS Tor:
 up at 8; W; SWH: / Mild, & dry / y: 18. Feb: 7; at 7. (P & M) t
 Not abroad since y 15th; x at 9. E beer hott. . . . 15,
 at 1¼. in bed. E beer hott. E beer hott. . . . 17,
 at 8½. Sugar. 2 y. green tea & milk. . . 22.
 at 1½. bisquets 2, Sugar 1t. . . . 3 y. E beer hott. . . . 16,
 at 2¼. roasted Turkey hen. . . . 15½. Stew'd Pipin apples. 7,
 w: bread. 7½. NT. wine. . . . 20,
 Dr: Madeira Wine 5.
 Solids. 28t. Liquids. . . 102t.

Not out since y 15th; Slept on Chair fr: 4¼ till 4¾,
 to bed, at 10, Slept Interruptedly fr: 10¼ till 5¼;
 / waterd. 46t: /
 W; E: fr: / Mild, & rain, / Mild, & Snow / W; NNW fr: /

up at 8 $\frac{1}{4}$; W; NW m: / M: gr: & dry / y: 19: Feb: 7; at 6 $\frac{1}{2}$. (Must:)

Not out before dinner
at 9 $\frac{3}{4}$. Bring 4 $\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: $\frac{1}{2}$. 6 $\frac{1}{2}$ t: b: tea & milk. 16,,
at 2 $\frac{1}{4}$. Apples, pancakes Solids. 11, y: humidity. 20,
Powders Pork. 1 $\frac{1}{2}$, } NH. wine. 34,
Smoke beef 2 } ab: 9. E beer, cold. 2,
w: bread 5 }

Solids. 26 t: Liquids. 72 t:

Not abroad Since, y: 15th, Slept on Chair, fr: 4 $\frac{1}{4}$ till 5,
to bed, at 9 $\frac{1}{4}$, Slept Interruptedly fr: 9 $\frac{1}{2}$ till 2, & 2 $\frac{1}{2}$ fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$,
/ water 46 t: /

W; W; 4 m: / Mild, & moist / frost & dry / W; WSW m: /

up at 7 $\frac{1}{2}$, W WSW m: / frost & fine / y: 20: Feb: 7; at 4 $\frac{1}{2}$ (Must: at 8 $\frac{1}{2}$ Omt:)

Not abroad Since, y: 15th
at 9 $\frac{1}{2}$, w: bread 3, ry: $\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: $\frac{1}{2}$. 6 $\frac{1}{2}$ t: b: tea & milk. 17,,
twixt 12 & 12 $\frac{1}{2}$, Beer. 16,,
at 2. Potatoes Solid? 3 $\frac{1}{2}$, y: humidity. 6,,
Turkey ragoust 14 $\frac{1}{2}$, gravy. 5,,
w: bread 5 $\frac{1}{2}$, NH wine. 32,,
at 4 $\frac{1}{2}$. Sugar. 1, gr: tea & milk 12,,
ab: 8. Bisquitz. 2, NH wine. 14,,
Solids. 33 t: Liquids. 102 t:

Not abroad Since, y: 15th; to bed, at 9 $\frac{1}{4}$, Slept some-
Interruptedly fr: 10 till 2 $\frac{1}{2}$ & till 5 $\frac{1}{2}$; / water 46 t: /

W; SW Storm, M: V: & dr: / Mild, & th: / W; WSW fr: /

up at 7, W; WSW fr: 1 drigt: Rain, / y: 21. Feb: 7; at 6 1/2. (S).
 Walkd on y Streets fr: 7 1/2 till 9;
 at 9 1/4. w: br: 3, ry: 1, butt: 2, Sug: 1 1/2. 6 t: Sage, tea, & milk... 18,
 ab: 12 1/4. Beer... 16,
 at 2 1/4. Imbaks beefin, Pluck... 14, y Farrotts... 14.
 w: bread... 7, water, on y Pluck. 6,
 NT wine... 28,
 at 5 1/4. Sugar... 1, gr: tea & milk... 12,
 ab: 8. Dry w: bread... 5, NT wine... 20.
 Solids... 33 t: Liquids... 114 t:
 Not out Since Morning; to bed at 10, Slept fr: 10 1/4 till 3,
 & fr: 6 till 7 1/2;
 / water 52 t: /

W; SWm: Mild, & rain, Mild, & dry W; SWm: /
 up at 8 1/4, W; SWm: Mild, & dr: / y: 22. Feb: 7; at 4 1/2. (P) at 8. (L).
 Not abroad before dinner;
 ab: 9. Sugar... 2 t: bohea tea & milk... 22,
 at 1 1/4. Dump: & graven Solids... 5, beef broth, &c? ... 27,
 Veal Cutlets... 14, gravy... 4.
 w: bread... 6, Champagne Wine... 35.
 Solids... 27 t: Liquids... 88 t:

Not abroad Since yesterday; Slept on Chair, fr: 4 till 5,
 to bed, at 9 1/2, Slept fr: 9 1/4 till 3 1/4, & fr: 6 1/4 till 7 1/4;
 / water 44 t: /

W; SWm: Mild, & dark, Mild, & fog W; SWm: /

up at 7½ W; SW m: / mild, & fog / y: 23: feb: 7; at 5½. (Must: at 10. N:)

Not out before dinner;
at 8½. Pring 4½, butt: ½, Sug: 2t: . 7t: . 6: tea & milk . . . 22,
at 2¼. apple, pud: Solids . . . 6, . y Humidity 3 . . . 16,
roasted Turkey, ragoust . . . 13, . water, or, gravy . . . 10,
w: bread 8t: Chest: Chest t: . 9, . Champ: wine . . . 33,
at 5. Sugar . . . 1, . green tea, & milk . . . 11,
twint, 7½ & 8½. NH wine . . . 14,

Solids . . . 36t: Liquids . . . 106t:

Not abroad since y: 21:; to bed, at 9½. Slept fr: 9¾
till 11 & till 3, & till 4;
1 water 45t: 1

W; SW m: / mild, & fog / mild, & gr: fog / W; W m: /

up at 7; W; W m: / mild, & gr: fog / y: 24: feb: 7; at 5½ (Must:)

Not out, before dinner;
at 9, Pring 6, butt: ½, Sug: 1½ . 7t: . 6: tea & milk . . 16,
at 2. Powderd beef . . . 5½, . E. beer . . . 18,
Veal Cuttletty . . . 12½, 1. NH. wine . . 33,
w: bread . . . 9, . x twint 8½ & 9½ NH 22,
at 5½. w: bread 3, butt: ½ Sug: ½ . 4, . gr: tea & milk . . 11,
Solids . . . 38t: x Liquids . . 100t:

Not out since y: 21: to bed, at 10½, Slept fr: 10¾ till 4,
& till 5;
1 water 49t: 1

W; NE m: / mild, & dry / M: gr: & dr: / W; NE m: /

W, NE m: / Mild & dry / Frost & fine W, NE m: /

up at 8, W; N m: / frost & fine / y: 27 feb: 7, at 4 1/2. (mufft:
Walk'd to y Exch. &c. fr: 11 till 1 1/4;
at 8 1/4 bring 4 1/2, butt: 1/2, Sug: 1 1/2. 6 1/2 t. b: tea & milk. . 16,
twint 1 1/4 & 1 1/2 Beer. 14,

at 2 1/2. boild Pige fish. . 4 fish . 8 } NT wing. . 30,
fr: 4 . 10 }
w: bread 8 t: butter 1/2, Chees 1/2. . 9 }

ab: 5. Sugar 1/2, br: & butt: 1 t. . . 1 1/2, gr: tea & milk at 7,
at 9. Berquits. 1 } E beer. 18 t: } hatt 23,
Can. 5 }
Solids. 36 t. Liquids. 90 t.

Walk'd on Streets, twint 4 & 6. 1 hour, to bed, at 10, Slept
fr: 10 1/4 till 3 3/4, & fr: 6 1/2 till 7 1/2; / waterd, 55 t: /
W; N W m: / frost & Starrl. / t: frost & fine / W; W m: /

up at 8 1/2; W; W m: / t: frost & fine / y: 28 feb: 7. no O.
Walk'd on y ramp fr: 8 1/4 till 9 1/4; x. at 8. Ind skin, hatt, 18.
at 9 1/4 bring 4 1/4, butt: 1/2, Sug: 1 1/2. 7 t. b: tea & milk. . 22,
at 2 1/4. plain rice pud. boild, Solids. 3 . . . humidity &c. . 4,

Veal, Cuttletts. 14, . . . gravey. 4,
Oysters in Shells. Solids, circ. . . 8, . . . humidity. . . . 6,
w: bread. 7 1/2, NT wing. . . . 36,
ab: 4 1/2. Sugar. 1 1/2, gr: tea & milk. 16.

Solids. 41 t. Liquids. 106 t.
Not out since morning, Slept on Couch fr: 6 till 7, to
bed, at 9, Slept somew: Interrupt fr: 9 1/2 till 3, & 4 & fr: 5 till
6 1/2;
/ waterd, 52 t: /

W; W m: / frost & over cast / M: Snowy & th: / W; SW h: /

no O.

up at 8; W; SW²: / mild, & thick / yf: 20: feb: 7; at 7. (F)nd:
 To h^k in Coach, at 9³/₄, b^k at 12³/₄;
 at 8¹/₂. Pring 5, butt: 2, Sug: 2 t^o. 7¹/₂ t^o. b^o: tea & milk. .28.
 at 12¹/₂. Bisquit 1/2. beef broth. . . . 16.
 at 1. . Suit put: Solids. . . 5¹/₂. . Humidity. . . 3.
 Roasted, beef. 13¹/₂. Moselle, wine, 28.
 w: bread. 7¹/₂. . N.T. wine. . . 11.
 at 4¹/₄. w: br: 3, butt: 2, Sug: 1¹/₂. 5 . . gr: tea & m^k. 16.
 Solids. . . 39 t^o. at 6. Coffee & m^k. 6.
 Not out since, dinner, Slept, on Chair, fr: 3 till 12 o'c^l 18.
 4, to bed, at 9, Slept a little, Interruptedly fr: 9¹/₄ till 3¹/₂;
 / water d, 59 t^o;
 / W; W: 4 m^o: / mild, & thick / mild, & grey / W; W m^o: /
 up at 7; W; E: 7 m^o: / M: N: & dry / 2^{ma} March; at 6¹/₂. (S&M) at 2 o'c^l 18.
 Rid. Via N Works, fr: 7¹/₄ till 9¹/₄;
 at 10. Pring 4³/₄, butt: 2, Sug: 1¹/₄. 7 t^o. b^o: tea & milk. . . . 11.
 at 1¹/₂. Pring 4³/₄, butt: 2, Sug: 1¹/₄. 7 t^o. 2 Coffee & milk. . . . 11.
 at 1¹/₂. Pring 4, w: bread 1¹/₂. . 5¹/₂. Moselle, wine. . . . 14.
 at 2¹/₂. roasted Lamb. 11, gravy. 2.
 w: bread 8 t^o. chees 1/2. 8¹/₂. Moselle, wine. . . 28.
 at 5¹/₂. Sugar. 1 . . gr: tea & milk. . . 12.
 Twixt, 8 & 10. N.T. wine, 20 t^o. & 30.
 Solids. 33 t^o. Liquids. . . 10 st.
 Not out since, Morning; Slept on, Chair, fr: 4 till 4³/₄; to
 bed, at 10¹/₂, Slept a little, interruptedly fr: 10³/₄ till 4¹/₄, & fr: 7¹/₄
 till 8¹/₂;
 / water d, 56 t^o;
 / W; N m^o: / mild, & Starr b: / mild, & fine, / W; E: 4 m^o: /

up at 9, W; NW m: / M: V: & Dr: 1 y: 2: March; at 5. (m):
 Walkd on Streets fr: 1 1/4 till 2;
 at 9 1/4; w: br: 3 1/4, rye 1/4, butt: 1/2, Sug: 1 1/2. 6 t.: 6: tea & m: k. . 22,
 at 1. gr: graven. 1, beef broth. . . 16,
 at 2 1/4. Powderd beef. 8, xab: 8. Eber, hott. 18,
 Roasted beef ragousted. 8 1/2 gravy & c. . . 5,
 Oysters Steud in Shells & bisq: 5, y. humidity. . . 5,
 w: bread. 8 1/2. N.T. wine. . . 20,
 at 7 1/2, bisquits. 1, Moselle, wine. . 28,
 Solids. 38 t. * Liquids 114 t.

Not out since dinner, Slept on chair fr: 6 till 7 to
 bed at 9 1/2, Slept some w: interrupt: fr: 9 1/4 till 2, & fr: 4 till 5 1/2;
 1 water 60 t: 7

W; SW m: / Mild & dry / Mild & grey W; SW m: /
 up at 7; W; SW m: / M: gr: & Dr: 1 y: 3: March; at 7 1/4 Opd: at 11. 6.
 Aid fr: home to N. pad fr: 7 1/2 till 9 1/4, & t: fr: 11 1/2 till 1;
 at 9 1/4 bring 4 1/2, butter 1/2 t. 5 t. Alt: beer hott. 20,
 at 1 1/2. Old hock wine. 6,
 at 2 1/4. w: bread. 2 1/2 brown Poff Soups. . 26,
 Roasted Lamb. 8 1/2,
 Oysters Steud in Shells & bisq: 5, y. humidity. . . 5,
 w: bread. 7 1/2. Champ: wine. . . 35,
 at 5 1/2, w: bread 3, butt: 1/2, Sug: 1. 4 1/2, 6: tea & milk. . 12,
 Solids. 33 t. Liquids. 104 t.

Not out since dinner, Slept on Chair fr: 4 till 5,
 to bed at 9 1/2, Slept fr: 9 1/4 till 2, & fr: 4 1/2 till 6 1/4;
 7 water 50 t: 1

W; SW m: / Mild & foggy / Mild & gr: / W; W m: /

up at 7½; W; Wm: / Mild & gr: / y: 4 March; at 7½ (S) pd.
 Walk'd on ramp fr: 8 till 9; to R. in Coach at 9¼, & at
 at 9½ bring: 4½, butt: ½, Sug: 2¼. 7 to: 6: tea, & milk: . . . 28.
 at 2¼. apple, pud: Solids: . . . 6 . . . y humidity: . . . 18.
 Roasted beef hash: . . . 14 . . . gravy: . . . 6.
 Kidney & forcing: . . . 2, } Champagne wine: 2.
 w: bread 8 to: Chees 2 to: . . . 10 } ab: 5¼. Old hock: . . . 5.
 ab: 6. fr: & butt: 1 to: Sug: ½. . . 2 . . . Coffee & Cream: . . . 7.
 Solids: . . . 41 to: Liquids: . . . 96 to.

Walk'd to I. G. at 5½ & to home at 8; to bed at 9½, Slept
 fr: 9¾ till 3½, & fr: 7¼ till 7¼; / waterd 6 to: /

/ W; W S W m: / m: V: & dry / M: grey & dry / W; S W m: /

up at 8; W; S W m: / M: gr: & dr: / y: 5: March; at 6½ (L).
 Walk'd on ramp fr: 8½ till 9½; & to y: Exch: fr: 1 till 2;
 at 9¼ bring: 4 to: butt: ½, Sug: 1 to: . . . 5½ to: 6: tea, & milk: . . . 18.
 at 12¼. w: bread: . . . 1½, Old hock: . . . 8.
 at 2¼. plum pud: Solids: . . . 7 . . . y humidity: . . . 7.
 Roasted Lamb: . . . 7, } N. H. wine: . . . 37.
 3 Kidney & forcing: . . . 6½, } China Orange: 4.
 w: bread: . . . 5½ } at 7½. Old hock: 8.
 ab: 6 w: bread 2 to: butter ½ Sug: 1½. 4 . . . gr: tea & milk: . . . 16.
 Solids: . . . 37 to: Liquids: . . . 98 to.

Not out since dinner; to bed at 9½, Slept fr: 9¾ till 12¼,
 & fr: 4½ till 5¼, & fr: 6¼ till 7¼; / waterd 6 to: /

/ W; S W m: / Mild & grey / Mild & rain / W; W m: /

up at 8; W; Wm: / Mild, & thick / y: 6th March; at 8 (Spt. & Mxt)
 Walk'd on ramp fr: 8¹/₂ till 9¹/₂;
 at 9¹/₄. Fring 4¹/₂, butt¹/₂, Jug¹/₂ 2... 7¹/₂ t: b: teak & milk... 22,
 at 2¹/₄. w: bread 2, Jug¹/₂ 1, butt¹/₂ 2... 3¹/₂, gruel, prunes, raisin 26,
 Roasted beef hash... 1 3¹/₂, gravy &c... 6,
 w: bread... 5¹/₂, Old hock... 5,

Champagne wine 33,
 at 7¹/₂.. Fring 4¹/₂.. Old hock... 16,
 Solidz... 34¹/₂ Liquids... 108¹/₂

Not out since dinner, Slept on Couch fr: 5¹/₂ till 6; to
 bed, at 9¹/₂, Slept fr: 9¹/₄ till 3¹/₄ & fr: 6¹/₂ till 7¹/₄;
 /waterd, 46¹/₂ t: /

/W; Wm: / Mild, & thick / Mild, & grey / W; WSWm: /

up at 8; W; WSWm: / M: & grey / y: 7th March; at 6. (S)
 To kth in Coach, at 9¹/₄; b: at 12¹/₄;
 at 8¹/₂. w: bread 2¹/₄, butt¹/₂ 4, Jug¹/₂ 2... 4¹/₂ t: b: tea & milk... 22,
 at 1¹/₂ Seas, in y Soups... 2, y water... 24,
 Powderd leg of Pork... 8¹/₂, Champagne... 28,
 Roasted Turkey... 9, Nth wine... 14,
 Apple = pye = crust... y Apples... 1,
 w: bread... 8, Old Mamsey... 5,
 ab: 5¹/₂. Sugar... 1, Coffee... 10,
 Solidz... 33¹/₂ Liquids... 104¹/₂

Not out since 12¹/₄; to bed, at 9¹/₄, Slept Interruptedly
 fr: 9¹/₂ till 4, & fr: 6¹/₂ till 7¹/₄;
 /waterd, 48¹/₂ t: /

/W; W: 4 m: / Mild, & dry / M: gr: & dry / W; WSWm: /

up at 8; W; SW m: / M: gr: & dr: / y: 8th March; at 6. (S & L).
 Not out since Yesterday;
 at 9¹/₂. Bring 4¹/₂, butt: 1¹/₂ Chees 1¹/₂. 5¹/₂ to 3. to: tea & milk. . . 22.
 Sugar. 1¹/₂ " gr: 5.
 at 2¹/₄. plumb pud: Solids. . . . 5 " humidity. . . . 6.
 Roasted Turkey ragout. . . . 12 " Old hock. . . . 10.
 w: bread. 8 " Dry Madeira. . . . 5.
 NT. wine. . . . 14.

at 5. Sugar. 1 " gr: tea & milk. . . 16.
 twint 7 & 8. . . 84 hock. . . . " Say 84 hock. . . 16.
 Solids. . . . 33 to Liquids. . . 94 to

Not abroad since Yesterday; to bed at 9¹/₄. Slept Som
 w: Interruptedly fr: 9¹/₂ till 3¹/₂, & fr: 6¹/₂ till 7¹/₂; / water t: /
 / W; WSW m: / M: & darke, / M: Cold & V: / W; NW ft: /

up at 8; W; NW h: / M: V: & dr: / y: 9th March; at 11. (F).
 Not out since y: 7th.
 at 9³/₄. Bring 4, butt: 1¹/₂, Sug: 1¹/₂. . . 6 to: to: tea & milk. . . 16.
 at 1³/₄. Sugar. 1¹/₂ " E beer hott. . . . 16.
 at 2¹/₄. Powderd beef. 4¹/₂ " NT. wine. . . . 7.
 Potatoes Solids. 2¹/₂ " humidity. . . . 5.
 Broils grass Pike fish. . . . 11 " Old hock. . . . 28.
 w: bread. 7¹/₂ " NT. wine. . . . 14.
 at 6¹/₂. Sugar. 1 " to: tea & milk. . . 12.
 Solids. . . . 33 to Liquids. . . 98 to

Not out since y: 7:; Slept on Chair, fr: 5 till 6; to
 bed at 9¹/₄, Slept Somew: Interruptedly fr: 9¹/₂ till 2¹/₂ & fr: 5¹/₂
 till 6¹/₂;
 / waterd, 52 to /

/ W; NW fr: / Mild, & V: / much Rain / W; W m: /

up at 7; W; Wm: / Rain, & V: / 10th March; at 10. (S) put:

Not out since, y: 7th

at 9¹/₄. Bringd. 4², eggs 1¹/₂ butt: 2, Sug: 1. 7¹/₂ t: . t: tea, & milk. 12,
ab: 1. 1/2 N.H. wine. 7,
at 2¹/₄. roastd Turkey. 9 Old hock. 26,
Apple = pyz = crust. 3 Apples. 3,
w: bread. 8¹/₂, N.H. wine. 14,
ab: 5¹/₂. Sugar. 1¹/₂, Coffee, & milk. 18,
Solids. 30^{lb}: Liquids. 80^{lb}:

Not out since, y: 7th to bed, at 9, Slept fr: 9¹/₄ till - & till 4¹/₂,
1 water 48^{lb}: /

/W; NWm: / Milde, & V: / Frost & V: 7 fine / W; NWm: /

up at 7; W; NWm: / Frost & V: 7 fine, y: 11. March; no O.

Walkd, on ramp: fr: 7¹/₄ till 9; & to h: in Coach, at 9³/₄; t: at 12¹/₂;
at 9¹/₂. Bringd. 4², butt: 2, Sug: 1¹/₂. 6¹/₂ t: . t: tea & milk. 16,
ab: 3, Sug: 1 { E beer, hott. 16,
at 4. broild Haddock fish. 11 { N.H. wine. 2,
Apple = pyz = crust. 6 { Dr. wine. 3,
w: bread. 5¹/₂. Champ: wine. 31,
Solids. 30^{lb}: Liquids. 74^{lb}:

Not out since, dinner; Slept on Chair fr: 6 till 7, to
bed, at 8¹/₂, Slept fr: 8³/₄ till 1¹/₂, & till 3¹/₂, & fr: 6 till 7;
1 water 44^{lb}: /

/W; NWm: / milde, & V: / Frost & dry / W; NE m: /

No O all Day!

up at 7 $\frac{1}{4}$, W; NE m: frost & fine, y: 12^t March; at 4 (Mx^t) at 7 $\frac{1}{2}$. (L).
 Not out before dinner;
 ab: 8. Pring 4 $\frac{3}{4}$, butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{4}$... 6 $\frac{1}{2}$ t. green tea & milk... 28 $\frac{1}{2}$
 at 2 $\frac{1}{4}$. plum & pud. Solids... 5 " humidity... 4 $\frac{1}{2}$
 Veal Cuttlett... 12 " gravy... 4 $\frac{1}{2}$
 w: bread... 5 $\frac{1}{2}$ " H. 26. wine... 42
 ab: 5. w: br: 1 $\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: 1 t... 3 " green tea & milk... 18.
 Solids... 32 t. Liquids... 98 t.
 Not out since yesterday; to bed at 9 $\frac{1}{4}$, Slept interruptedly
 fr: 10 $\frac{1}{4}$ till 2, & fr: 4 $\frac{3}{4}$ till 5 $\frac{1}{2}$, & fr: 6 till 6 $\frac{3}{4}$; / waterd, 50 t: /
 W; NE m: / Various & dry / frost & V. 7 fine / W; NE m: /

up at 8; W; NE m: / frost & V. 7 fine / y: 13: March; No O!
 Not out since y: 11th;
 at 9. Pringol, 4 $\frac{1}{2}$, butter $\frac{1}{2}$, Sug: 2 t... 7 t: t: tea & milk... 22 $\frac{1}{2}$
 at 1 $\frac{3}{4}$... Amber Stout... 14 $\frac{1}{2}$
 at 2 $\frac{1}{4}$. Potatoes. Solids... 3 " humidity... 6 $\frac{1}{2}$
 broid Grass & Pike fish... 16 " E. beer... 5 $\frac{1}{2}$
 Cold tender Powderd beef... 12 " H. 26. wine... 31.
 w: bread... 8 $\frac{1}{2}$ " twist 8 & 9. N. Twine... 14.
 ab: 6. Sugar... 1 " Coffee & milk... 12.
 Solids... 37 t. Liquids... 104 t.
 Not out since y: 11: Slept on Couch fr: 7 till 8; to bed
 at 9, Slept, interruptedly, fr: 9 $\frac{1}{4}$ till 2 $\frac{1}{4}$; / waterd 54 t: /
 W; NE m: / Frost & Fine / Frost & fine / W; E. NE m: /

up at 5 $\frac{1}{4}$; W; ENE m: / Frost V: fine / y: 14. March; at 5 $\frac{1}{2}$. (m)
 Walkd, fr: home, to n / Ad: fr: 6 $\frac{1}{4}$ till 8 $\frac{1}{2}$, & t: fr: 9 $\frac{1}{4}$ till 12;
 at 8 $\frac{1}{2}$. w: br: 3 $\frac{1}{4}$, ry: 1 $\frac{1}{4}$, butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{2}$. 6 t: t: tea & milk. . . . 22,
 at 10 $\frac{1}{2}$. Vid: wine, 10 t: & at 12 $\frac{1}{4}$ Fiber, hott 12 t: . . . 22,
 at 1. Powder & Leg of Pig = pork 6 $\frac{1}{2}$. Saux Exart. . . 6,
 Veal Cuttlets 13 $\frac{1}{2}$, gravy 6,
 w: bread 5 $\frac{1}{2}$. Old Stock 42,
 at 5 $\frac{1}{2}$. w: bread 2 $\frac{1}{4}$ butt: $\frac{1}{2}$ Sug: 1 $\frac{1}{4}$. . . 3 . green tea & m^k . . . 18,
 Solids 35 t: Liquids . . . 116 t:

Not out since dinner; to bed, at 8. Slept Interruptedly fr:
 8 $\frac{1}{2}$ till 4 $\frac{1}{2}$; 1 waterd 60 t: /
 / W; NE fr: / frost, V: & dr: / t: frost & Vey fine W; NE m: /
 up at 7; W; NE m: / t: frost & Extr: fine / y: 15th March; at 5 $\frac{1}{2}$ (lad: & Sp:
 Walkd, on, Ramp: fr: 7 $\frac{1}{2}$ till 9 $\frac{1}{4}$;
 at 10. Bringe 4 t: butt: $\frac{1}{2}$. Sug: 1 $\frac{1}{2}$ t: . 6 t: t: tea & Sug: Lay m^k . . . 22,
 at 1 $\frac{1}{2}$. Amber, Stout 22,
 at 2 $\frac{1}{4}$ plain bread pud: Solids 5 $\frac{1}{2}$. Humidity 8,
 Powderd Pork 6, Gravy, or Water . . . 4,
 Veal Cuttlett 11, Old Stock 34,
 w: bread 5 $\frac{1}{2}$
 at 6 $\frac{1}{4}$. w: br: 2 $\frac{3}{4}$ butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{4}$. . . 4 $\frac{1}{2}$. gr: tea & milk . . . 18,
 Solids 38 t: Liquids . . . 108 t:

Not out since dinner, Slept on Chair fr: 5 till 6; to bed, at
 9, Slept Interruptedly fr: 9 $\frac{1}{2}$ till 2 $\frac{1}{2}$; 1 waterd 64 t: /
 / W; N m: / Frost & fine / Mild & foggy / W; W by Sm /

up at 7. W; W by S m: / Mild & V: / y: 16. March; No O.

Walk'd on ramp. fr: 7½ till 9½;

at 9½. Prings 3¾, butt: ½. Sugar 1¼. 6t. Coffee & milk. ... 22,

at 2¼. Powderd beef. ... 5½,

fryd flounder fish 7t. boild d: 6t. ... 13, } N.T. wine. ... 38,

w: bread. ... 8½

at 6½. Sugar. ... 1, green tea & milk. 18,

Solids. ... 34t. Liquids. ... 7 St.

Not out since Morning, Slept on Couch fr: 7 till 8,
to bed at 9¼ Slept fr: 9½ till 1½, & fr: 4½ till 5½; / Waterd 5 6t. /
No O.

/ W; W S W m: / mild & moist / m: gr: & dry / W; S m: /

up at 7½; W; S m: / m: gr: & dr: / y: 17. March; at 7½. (F).

Rid. Via N Works, fr: 8 till 9½;

at 9¼. Prings 4½, butt: ½. Sug: 2t. ... 7t. t: tea & milk. ... 22.

at 2½. Syz = crust Solids. ... 8½, y Humidity. ... 8,

Venison, out y Syz. ... 13½, y gravey. ... 16,

Yeallow turnips. ... 6,

at 8. bisquets 1t. Sugar 1t. ... 2, Old hock. ... 36.

E beer hott. ... 18.

Solids. ... 31t. Liquids. ... 106t.

Not out since Morning / Slept on Chair fr: 5½ till 6½
to bed, at 9¼ Slept Somew: Interruptedly fr: 9½ till 3½;
/ Waterd 5 4t. /

/ W; S E fr: / mild & fine / V: 7 Time / W; S E m: /

up at 6 $\frac{1}{2}$; W; SE m: / V: 7 Fine, / y: 18: March; at 6 $\frac{1}{2}$. (M).
 Walkd on ramp: fr: 7 till 8 $\frac{1}{4}$; at 7.. a. Fig
 at 9. Pringel 4 $\frac{1}{4}$, butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{4}$... 6 $\frac{1}{2}$ t: gr: tea, & milk: ... 22,
 at 2 $\frac{1}{4}$. Boild Dörsch fish... 19 } NT wing... 58,
 fr yd Pope = fish... 6 }
 w: bread... 7 $\frac{1}{2}$ }

at 7. Sug: ... 1 } Coffee & milk... 18,
 Solids... 40 t: Liquids... 98 t:

Not out since, Dinner; Slept on Chair fr: 7 $\frac{1}{2}$ till 8 $\frac{3}{4}$, to
 bed, at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{3}{4}$ till 1 $\frac{1}{2}$; & fr: 4 till 5 $\frac{1}{2}$;
 / W; SW m: / mild, & dry / mild, & fine / W; SE m: /
 / waterd, 68 t: /

up at 7 $\frac{1}{2}$; W; SE m: / mild, & fine, / y: 18: March; at 6 $\frac{1}{2}$ (S) p: fig: 22,
 Rid Via, Schwartz & fimpbüttel fr: 8 till 9 $\frac{1}{2}$;
 at 9 $\frac{3}{4}$. ry: fr: 3 $\frac{1}{2}$ w: 1 $\frac{1}{4}$, butt: $\frac{3}{4}$... 6 t: } Coffee & milk... 18,
 Chees $\frac{1}{4}$, Sugar 1 $\frac{1}{4}$... 1 $\frac{1}{2}$ }
 twint, 1 $\frac{1}{2}$ & 2... 4 } Beer... 19,

at 2 $\frac{1}{4}$. Potatoes Solid... 2 $\frac{1}{2}$ } Humidity... 5,
 Pye = crust, Solid... 10 } Humidity... 10,
 Venison, out of Pye... 12 } gravity... 10,
 Bacon, out... 3 } NT wing... 28,

w: bread 1 $\frac{1}{2}$, butter, & Chees $\frac{1}{2}$... 2 } twint, 6 & 7 $\frac{1}{2}$ Old hok, 34,
 at 4... Sugar... 1 } green, tea, & milk... 12,
 Solids... 38 t: } Liquids... 136 t:

Not out since, Morning, To bed, at 8 $\frac{3}{4}$, Slept fr: 9 till 1,
 & till 3 & till 4;
 / waterd, 60 t: /

/ W; SW h: / Rainy - / gr: & dry / W; N fr: /

up at 7³/₄; W; Nfz: / gr: & dr: / y: 20th March; at 5¹/₂ (Flad?)
 Not out before dinner;
 at 9¹/₂. Bringel 4¹/₂, butt³/₂, Sug³/₂ 2 t^o... 7 t^o... green tea & milk. 28.
 at 2¹/₂. Boild Dörsch = fish. 25 } Sauce, butt²/₂ & water. 4.
 fryd Pope = fish. 6 } NT. wine. . . . 38,
 w: bread. 7 }

ab: 5. Sugar. 1 } green tea & milk. 12,
 Twint, 5¹/₄ & 7. } Old hock. . . . 34,
 Solids. . . . 46 t^o Liquids. . . 116 t^o

Not abroad Since yesterday Morning; Slept on Chair, fz:
 7 till 8; to bed, at 8¹/₂, Slept fz: 8³/₄ till 12¹/₂ & fz: 3¹/₂ till 5¹/₂;
 /W; NW m^e. / Mild, V^a & dry / Cold, V^a / Fine, / W; W m^e. /
 / waterd, 68 t^o /

up at 7; W; W m^e. / Cold, V^a & Snow / y: 21st March; at 6¹/₂. (Met)
 Walkd on Ramp: fz: 7¹/₂ till 8¹/₂;
 at 7¹/₄. Sugar. 1¹/₂ t^o gr: tea & milk. . . 22,
 at 9¹/₂. Bringel 4¹/₄, butt³/₂. Sug³/₂ 1¹/₄. 6 } Coffee & milk. . . 18,
 at 1¹/₂. dumpl: Solids. 6¹/₂, beef Cray fish broth. 26,
 Cray = fish. Lay. 5. } 1¹/₂, Hungaria Wine. . . 5,
 Roasted Lamb. 14¹/₂, gravy or water. . . 4.
 w: bread. 7 } Champagne Wine. 33,
 Twint, 5¹/₂ & 6¹/₂. } Old hock. . . . 24.

Solids. . . 37 t^o Liquids. . . 132 t^o
 Not out Since Morning, Slept on Chair, fz: 4¹/₂ till 5¹/₂,
 To bed, at 8¹/₂, Slept fz: 8³/₄ till 2, & fz: 4¹/₂ till 5¹/₂ & fz: 6 till 7¹/₂;
 / waterd, 68 t^o /

/W; NW m^e. / Snow, hail, & V^a / Frost & dry / W; SE fl: /

up at 7³⁰; W; SE. Storm, frost & dr.: / y: 22: March; at 4 (d):
 Walk'd on Streets fr: 8 till 8³⁴;
 at 9⁴. Bringt 5, butt: 2³⁴; Sug: 1¹⁴. 7t: 6: tea & milk. 16,
 at 2⁴. Boild Doxsch=fish. 12, Sauce or Water. 6,
 fry'd Pope=fish. 9, } N.H. wing. 38,
 w: bread. 9, } Old hock. 6,
 at 5¹². Sugar. 1, } green tea & milk. 18,
 twist 7¹⁴ & 8¹². 7, } Old hock. 20,

Solids. 38t. Liquids. 104t.
 Not abroad since Morning, to bed at 9, Slept fr: 9⁴ till
 1 & till 2¹² & fr: 4¹² till 5¹²; / Water 75t: /
 W; W. m: / mild, Snow be: V: / frosty & dry / W; SSE m: /

up at 7⁴, W; SSE m: / frosty & dr: / y: 23: March; at 6. (m):
 Rid on ramp fr: 7¹² till 8³⁴;
 at 9² Bring 4³⁴, butt: 2³⁴; Sug: 1t: 6¹² t: 6: tea & milk. 12,
 at 2⁴. Dumpl: & rice, Solids. 3¹², beef (ray fish) broth. 28,
 5. Cray-fish tails. 1¹²,
 Powderd beef. 7¹²,
 Roasted Lamb: 9¹², gravy. 6,
 w: bread. 7¹², N.H. wing. 42s
 ab: 5. Sugar. 1, } gr: tea & milk. 12,
 Solids. 37t. Liquids. 100t:

Not out since Morning; Slept on Couch fr: 6¹² till 7: to
 bed, at 9; Slept a little, Interruptedly fr: 9⁴ till 4;
 / Water, 56t: /

W; NE m: / Rain & thick; M: & Snow / W; NW h: /

up at 7 $\frac{1}{4}$; W; NW. h: / M: Snow & V: / y: 24th March; at 5. (P) & Mxt.
 In Coach, Via, Nl Works, fr: 7 $\frac{1}{2}$ till 9;
 at 9 $\frac{1}{2}$. Pring 4 $\frac{3}{4}$, butt: $\frac{1}{2}$. Sug: 1 $\frac{1}{4}$. 6 $\frac{1}{2}$ t: b: Tea & milk. . . . 18.
 at 2 $\frac{1}{2}$. plumb = put: Solids. . . . 6 $\frac{1}{2}$. y Humidity 4,
 Roasted Turkey - Cock. . . . 10 $\frac{1}{2}$, Union, Saucg. &c. . . 6,
 Apple piz, y Solids. . . . 1 $\frac{1}{2}$. y Apples. . . . 2,
 w: bread. . . . 6 $\frac{1}{2}$. N.T. wine. . . . 16.
 ab: 5. Sugar. . . . 1 . gr: Tea & milk. . . . 12.
 Champagne wine. . . 28.
 Twint 7 $\frac{1}{2}$ & 8 O'clock 14.

Solids. . . . 33 t: Liquids. . . . 100 t:
 Not abroad since Morning; to bed at 9 $\frac{1}{2}$. Slept fr: 9 $\frac{3}{4}$ till 1 $\frac{1}{4}$
 & fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$, & fr: 6 till 6 $\frac{1}{2}$; / Waterd, 34 t: /
 / W; NW m: / Cold & thick Th frost & Snow - / W; WSW m: /

up at 7 $\frac{1}{4}$; W; WSW / h: frost, V: fine / y: 25th March; at 7. (P) & L.
 To K. in Coach, b: at 11 $\frac{1}{4}$;
 at 8 $\frac{3}{4}$. Pring 4 $\frac{1}{2}$, butt: $\frac{1}{2}$. Sug: 1 t: 6 t: b: Tea & milk. . . . 12,
 at 1 $\frac{1}{4}$. Powderd Pig pork leg. . . . 8 . O'clock. . . . 16.
 Roasted Turkey hash's. . . . 11 . y gravy or water. . . 4.
 Apple piz. Solid. . . . 2 $\frac{1}{2}$. y Apples. . . . 4.
 w: bread. . . . 6 $\frac{1}{2}$. N.T. wine. . . . 28.
 ab: 5 $\frac{1}{2}$. Sugar, at W Burrows. . . 1 . Coffee & milk. . . 8,
 Solids. . . . 35 t: Liquids. . . . 72 t:

Walked to W: D fr: 4 till 4 $\frac{1}{2}$, b: in Coach, at 7 $\frac{1}{4}$; to bed, at
 9, Slept fr: 9 $\frac{1}{4}$ till 12 & till 3, & fr: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$; / Waterd, 56 t: /

/ W; SSE m: / Mild, & V: Th: frost, V: fine / W; SSE. Home,

up at 8 $\frac{1}{4}$; W; SE ft: Th: frost, V: fine, y: 26th March; No O

Not out before, Noone;

at 9 $\frac{1}{2}$ bring: 4 $\frac{1}{2}$ ry, 1 $\frac{1}{2}$ butt: 1, Sug: 1. . . 8 t: . b: tea & milk. 12,
at 2 $\frac{1}{4}$. plain Plum pud: Solid. 4 $\frac{1}{2}$. humidity 3,
Roasted Lamb, hashed 10 $\frac{1}{2}$. gravy or water. 9,
Roasted Turkey, cold 7 . NT wine. 24,
bread 6 . Civill, Orange juice, 3,
at 5 $\frac{1}{2}$ r. Sugar. 1 . gr: tea & milk. 12,
Solids. 37 t: Liquids. 73 t:

Not out all day; Slept on Chair fr: 6 till 6 $\frac{1}{2}$; to bed at
9 $\frac{1}{2}$, Slept, Somew^t. Interruptedly fr: 10 till 1 & fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$;
no O! /waterd 58 t: /

W; SE m: / Cold & darke, / frosty & dry, / W; NE m: /
up at 7 $\frac{1}{4}$; W; NE m: / frosty & dry / y: 27: March; at 7 $\frac{1}{4}$ (N) p: 2

Not out Since y: 25th
at 9 $\frac{1}{4}$ bring: 4 $\frac{1}{2}$ butt: $\frac{1}{2}$, Sug: 1 t: . . . 6 t: . b: tea & milk. 12,
at 2 $\frac{1}{4}$. boils grass like fish. 11 } Champagne wine. 31,
fried flounder fish. 10 } NT wine. 14,
w: bread 9,
twixt 7 $\frac{3}{4}$ & 9 $\frac{1}{4}$. bisquits. 3 . Old hock. 53,
Solids. 39 t: Liquids. 110 t:

Not out Since y: 25th; Slept on Chair fr: 6 till 7; to
bed, at 10, Slept fr: 10 $\frac{1}{4}$ till 5; /waterd, 54 t: /
Too much Wine.

W; NW m: / hail & sleet / frost, V: fine, / W; NW m: /

up at 8; W; W m: frost, fine, & V: y: 28: March; at 6. (P) at 7 (P) & 7 1/2

Not out before Noon;

ab: 9. w: bread 3 1/4, rye 1 1/4, butt: 1/2, Sug: 1 1/2. 6 1/2 t: b: tea & milk . . . 6,
Coffee & milk . . . 18,
at 1 1/4. Roasted Turkey, hash, orrag: 12 1/2. E. beer, hott. . . 16,
Powderd, Pig-pork . . . 5 1/2. gravey or Water. . . 6,
w: bread . . . 7 1/2. N. wine. . . 28,
at 5. Sugar. . . 1. green tea, & milk. . . 12,
Solids . . . 32 t: Liquids . . . 86 t:

Not abroad Since y: 25: Slept on Chair, fr: 3 till 4; to bed, at
8 1/2, Slept some w: Interruptedly, fr: 9 till 3; /waterd, 60 t: /

/W; WSW Storme, /milde, & Rain, /snowy & V: /W; W 1/2: /

up at 8; W; W h: /milde, & V: /y: 29: March; at 6. (S).

Not out before Noon;

at 7 1/2. in, bed, Sug: . . . 1 1/2 t: green tea, & milk. . . 22,
at 9 1/2. Pringel, 4 1/4, butt: 1/2, Sug: 1 1/2. . . 7. green tea, & milk. . . 22,
Twixt 12 1/2 & 1 1/2, Old hock & tasting. . . . Old hock. . . 14,
at 2. 3 Turkey Eggs, 13 t: butter, 1 t: . . 14, Eggs Roast. 1/2;
w: bread . . . 8 1/2. Old hock. . . 36,
ab: 1. w: bread 3, butter 1/2, Sug: 1 1/2. 5. green tea & milk. . . 16,
Solids . . . 36 t: Liquids . . . 110 t:

Not abroad Since y: 25: Slept on Couch, fr: 5 till 6, to bed,
at 9, Slept fr: 9 1/4 till 3, & fr: 5 1/2 till 6; /waterd, 50 t: /

/W; NW 1/2: /milde, & V: /hard frost, fine, /W; ENE m: /

up at 7 $\frac{1}{4}$; W; ENE m: / h: frost & fine / y: 30th March; at 7 $\frac{1}{4}$ (S) p'd:
 Walk'd on, ramparts fr: 7 $\frac{3}{4}$ till 9; x at 8. E beer, 18, NT wine, 5 t. hott, 23,
 at 9 $\frac{1}{2}$, Bring 4, ry, br: 2, butt: 1, Sug: 1 t: 8 t.: 6: tea, & milk. 12,
 at 2 $\frac{1}{4}$. Powderd Pig porke, 4, Old 84 hock. 14,
 roasted Turkey Cock ragoust. 14, gravy & water. 6,
 w: bread. 7, E beer hott. 8,
 ry & bread. 2, NT wine. 28,
 at 5. x. Bisquits 1 t: Sugar 1 t.: 3,
 x at 8; Solids. 38 t: x Liquids. 103 t:
 Not out since Morning; Slept on Couch, fr: 6 till 7; to bed,
 at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{3}{4}$ till 3 $\frac{3}{4}$; / waterd 56 t. /

W; SE m: / milde, & Sleet / Milde, V: & dry / W; W fr: /
 up at 7 $\frac{1}{2}$; W; W fr: / milde, V: & dr: / y: 31: March; at 5. (at 8 $\frac{1}{2}$. S).
 Walk'd on, Ramparts fr: 8 till 9 $\frac{3}{4}$; at 10 $\frac{3}{4}$. (M): & L; at 11. (P) L; ;
 ab: 8. Sugar. 2 t.: gr: tea & milk. 22,
 ab: 10. Bring 4 $\frac{3}{4}$, butt: $\frac{1}{2}$, Sug: 1 $\frac{3}{4}$ 7, Coffee & milk. 22,
 at 2 $\frac{1}{4}$. broil Pyke = fish. 16, Cutt Turnips. 16,
 w: bread. 6 $\frac{1}{2}$. Old hock. 36
 at 4 $\frac{3}{4}$. Sugar. 1 $\frac{1}{2}$. Coffee & milk. 18.
 Solids. 33 t: Liquids. 114 t:
 Not out since Morning; to bed at 9, Slept fr: 9 $\frac{1}{4}$ till 4;
 / waterd 65 t. /

W; NW m: / milde, & fine, / h: frost & V: fine / W; WNW m: /

up at 7 $\frac{1}{4}$; W; WNW m^o / Frost, V. fine, / p^{ma} April; at 7 $\frac{1}{4}$. (S).

Not out before noone;

at 9 $\frac{1}{2}$, Bringol 4 $\frac{1}{2}$, butt ³ $\frac{1}{2}$, Sug ³ 1 t ^o ...	6 t ^o b: tea & milk	12,
at 2 $\frac{1}{4}$, apple put ¹ st : Solids	6 ,, y ^h umidities	18.
Roasted Turkey. ragoust.	16 ,, y ^h water, or gravey	6,
w: bread	6 $\frac{1}{2}$, Champ: wine,	32,
	Old hock.	16,

at 6.. Sugar	1 $\frac{1}{2}$,, gr: tea, & milk	18.
Solids	36 t ^o	
Liquids	102 t ^o	

Not out all y Day, to bed, at 9; Slept fr: 9 $\frac{1}{4}$ till 4;
/waterd, 51 t^o /

/W; NE m^o / Various & dry / Frost & V. fine / W; N W m^o /

up at 5 $\frac{1}{2}$; W; N W m^o: 1st Frost, Extra Fine, / y^h: 2: April; at 5. (L).

Walked fr: home to N^o 1st fr: 6 $\frac{1}{4}$ till 8 $\frac{1}{2}$, & b: fr: 10 till 12 $\frac{1}{6}$;
at 7 $\frac{1}{4}$. a large fig.

at 9. w: bread 3 $\frac{1}{2}$, rye, 1 $\frac{1}{4}$, butt ³ $\frac{1}{2}$, Sug ³ 2 t ^o ...	7 $\frac{1}{2}$ b: tea & milk	32,
	at 1. amber Stout.	13,
at 2 $\frac{1}{4}$.. 3 yolcks of Turkey Eggs	5 ,,	Champag: wine 31,
Broild Pike fish	8 ,,	
Powderd Pig Pork ham	3 $\frac{1}{2}$ }	xtwinst 6 & 8, } 33.
w: bread	10 }	Old hock.

at 5.. Sugar	1 ,, gr: tea & milk	18.
Solids	35 t ^o	
Liquids	127 t ^o	

Not out since dinner; to bed, at 9, Slept fr: 9 $\frac{1}{4}$ till 12 $\frac{1}{2}$ &
Interruptedly; & dozing fr: 3 till 4 $\frac{3}{4}$; & dozed till 6;
/waterd 80 t^o /

/W; NE m^o / Frost, hazy & dr: / Mild & rainy W; W SW ft: /

up at 8; W; SW St. / Rain, & th^h / y: 3: Apr:; at 7 1/2. (mist)

Not out before dinner;
at 9 1/2. Bring 4 1/4, butt 1/2. Sug: 1 1/4. 6 1/2 t: to tea & milk. . . . 24,
at 1. Amber Stout. . . . 15,
at 2. plain Pancakes, Solids. . . 13 1/2 y humidity. . . . 14,
w: bread 1 1/2, butt 3/4, Chees 1/4. . . . 2, N.T. wing. . . . 28,
at 4 1/2; Sugar. . . . 1, green tea & milk. . . 11,
ab: 8. N.T. wing. . . 14,
Solids. . . 23 t: Liquids. . . 106 t:

Not out all day; Slept on Couch fr: 5 1/2 till 7; to bed
at 9 1/2, Slept fr: 9 1/4 till 3, & fr: 6 1/2 till 7; / waterd, 46 t: /

W; W 1/4 m: / milde & moist / milde, V: & dry / W; NNW m: /

up at 7; W; NNW m: / m: V: & de: / y: 4: Apr:; at 5 1/2 (mist)
To h: at 9 3/4. th^h at 12 1/4;
at 8. Bring 3 1/2, butt 1/2, Chees 1/4, Sug: 1 1/4. 5 1/2 t: to tea & milk. . . 22,
at 1. Boiled plain Rice pud: Solids. . . 4 1/2 y humidity. . . . 5,
Powderd Beef. . . . 4, N.T. wing. . . . 7,
Roasted lins of Veal. . . . 13, } Old hock. . . 38,
w: bread. . . . 6 1/2, } ab: 7. N.T. wing, 12,
at 4 1/2. Sugar. . . . 1/2, } gr: tea & milk. 12.
Solids. . . 34 t: & Liquids. . . 96 t:

Not out since dinner; Slept on Chair fr: 5 1/2 till 6 1/2
to bed, at 9, Slept some w: Interrupt fr: 9 1/2 till 5;
/ waterd, 45 t: /

W; NE m: / V: & dry / th: frosty / fine / W;

up at 7. W; N by E / f: frost, 1st fine / y: 5th Aprth; at 7. (N) pd:
 Walkd on ramp f: 8¹/₄ till 9¹/₂;
 at 7¹/₂. Sugar. 1¹/₂ t. gr: tea, & milk. 23,
 at 9¹/₄ bring 4¹/₄, butt³/₂, Sug³/₄. 6 . Coffe's & milk. 23,
 at 2¹/₄. boild = grass Pike fish. 16 } Egg = Sauce. 4,
 boild Search fish. 5¹/₂ } N.T. wine. 34,
 wth bread. 6¹/₂,
 ab⁵/₁₀. Sugar. 1¹/₂. Coffe' & milk. 18.
 Solids. 37 t. Liquids. 102 t.

Not out since dinner; Slept on Chair, fr: 6 till 7; to bed at 9.
 Slept Interruptedly fr: 9¹/₂ till 4; / Waterd, 65 t. /

/ W; N by E m: / Snow & Various / f: frost & fine, / W; NNW f: 1
 up at 7; W; NNW f: / f: frost & fine / y: 6th Aprth; at 7¹/₂ (Y).
 Walkd on Streets fr: 7¹/₄ till 8¹/₄; & to y Exch: fr: 12¹/₂ till 1³/₄;
 at 9¹/₂ bring 5¹/₄, butt³/₂, Sug³/₄. 7¹/₂ t. b: tea, & milk. 23,
 at 12¹/₄, Beer. 21.
 at 2¹/₄. Powder Corcks. 4,
 Minced Veal. 11 . gravy or water. 6.
 wth bread. 8 . Rth wine. 34.
 at 4¹/₂. Sugar. 1¹/₂. gr: tea, & milk. 18.
 Solids. 32 t. Liquids. 102 t.

Not out since dinner; to bed, at 8³/₄; dozed & Slept In.
 Interruptedly fr: 9 till 4; / Waterd, 46 t. /

/ W; N. m: / frost & clear / h: frost & snowy / W; NE m: /

up at 6 $\frac{1}{4}$; W; NE m: Th: frost & gr: 1 y: 7: Apr:; at 7. (S) p d:

Not abroad before dinner;

at 6, in bed, Sugar 2 lb: green tea, & milk . . . 22,

at 9. Bring 4 $\frac{1}{2}$, butt: $\frac{3}{2}$, Sug: $\frac{1}{2}$. . . 6 $\frac{1}{2}$, Coffee & milk . . . 16,

at 2 $\frac{1}{4}$ w: bread 2, brown toast & herbs, sup 18,

Cold Dorsely fish 20 $\frac{1}{2}$ N. wine 36,

w: bread 6, at 8 $\frac{1}{2}$ N. wine . . . 6,

at 5 $\frac{1}{2}$ Sugar 1, Coffee & milk . . . 12,

Solids . . . 38 lb: x Liquids . . . 120 lb:

Not abroad all day; Slept on Couch fr: 7 till 8, to bed,

at 9 $\frac{1}{4}$, Slept fr: 9 $\frac{1}{2}$ till 3 $\frac{1}{2}$; 1 water 69 t: 7

/W; NW m: 1 milde, & moist sm: Much Snow W; NW m: /

up at 7. W; NW m: sm: Much Snow fr: 8 Apr: ab: 6. (S) p d:

Not out since yesterday Noone; y: 6: apr:

at 9 $\frac{1}{2}$ Bring 4, butt: $\frac{3}{2}$, Sug: $\frac{1}{2}$. . . 6 lb: Coffee & milk . . . 16,

at 2 $\frac{1}{4}$ hashed roasted Veal 14, gravy or water . . . 6,

Cold powdered beef 3, N. wine . . . 35,

w: bread 8

ab: 5. Sugar 1, green tea & milk . . . 12,

Solids . . . 32 lb: Liquids . . . 68 lb:

Not out since yesterday; Slept on Couch fr: 5 $\frac{1}{2}$

till 6 $\frac{1}{2}$; to bed at 8 $\frac{1}{2}$, Slept some w: Interruptedly fr: 9,

till 2 $\frac{1}{2}$, & fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$; 1 water 51 t: 7

/W; NW m: 1 milde, & Snow, sh: light: fine W; NE m: /

& NE m:

pat 7; W; NE m: 1/16 frost & V: 1/16 fine, 1/9: April; at 6. (Lk Mth)
 Not out before dinner;
 at 9 1/2. Bring 4 1/4 butt: 1/2 Sug: 1 1/4. 6 t: to tea & milk. . . . 16,
 12. 3 Turkey Eggs butterd. . . 13 1/2 } Ab: 12. Beer. . . . 16,
 Cold Powderd beef 3 1/2 } NT wine. . . . 28,
 w: bread. 8 } Ab: 8. NT wine. . . 8,
 at 4 1/4. Sugar. 1 } green tea & milk. . . 12,
 Solids. . . . 32 t: } x Liquids. . . 80 t:
 Not abroad Since y: 6 t: to bed, at 9, Slept fr: 9 1/4 till
 3 & till 4; / waterd, 52 t: /
 W; NE m: 1 dry & fine / Frost & V: 1/16 fine, 1/9: April; at 5 1/2. (Lk Mth)
 up at 6 1/4; W; NE m: 1/16 frost & V: 1/16 fine, 1/10: April; at 5 1/2. (Lk Mth)
 Walked on Ramparts fr: 7 till 9;
 at 4 1/4. Bring 4 1/4 butt: 1/2 - Sugar 1 1/4 . . . 6 t: to tea & milk. . . . 16,
 ab: 12 1/2. NT wine. . . . 11,
 ab: 2 1/4. Veal Cuttlett. . . . 13 } e. gravy, or water. . . 5,
 Collar Brown. 3 } Champagne wine. 34.
 w: bread. 8 } extwint 7 1/2 & 8 1/2, o'clock 34
 at 4 1/4. w: br: 1 butt: 1 1/2, Sug: 1 1/2. . . 3 } green tea & milk. . . 16,
 Solids. . . . 33 t: } Liquids. . . 116 t:
 Not out Since Morning; Slept on Couch fr: 6 1/2 till 7 1/2,
 to bed, at 9, Slept fr: 9 1/4 till 3; / waterd, 40 t: /
 W; WSW m: 1 mild & dry / Mild & dry / W; WSW m: 1

up at 6 $\frac{1}{4}$: W; W; Wm: / M: & rainy / y: 11: Apr:; at 5 $\frac{1}{2}$: (m):
 Not out before dinner;
 at 8 $\frac{1}{2}$: w: br: $\frac{1}{4}$: rye, $\frac{1}{4}$: butt: 2: Sug: 1t: 5t: green tea & milk. 16,
 at 1. dumpl: & rice, Solids. 6, beef broth. & 29,
 Roasted Lambz. 15 } 4 B: wine. . . . 31,
 w: bread. 5 }
 ab: 4 $\frac{3}{4}$: Sugar. 1 gr: tea & milk. . . 12,
 at 8 $\frac{1}{2}$: 1 large fig: Solids. 32t: Liquids. . . . 88t:

Not out since Yesterday; Slept on Chair fr: 3 $\frac{1}{2}$,
 till 4 $\frac{1}{2}$; to bed, at 9, Slept a little. Interrupted by fr: 9 $\frac{1}{2}$
 till 5 $\frac{1}{2}$; / waterd, 45t:
 W; SE m: / M: W: & dry / M: & V: 7 fine / W; E: r: /
 up at 7 $\frac{1}{4}$: W; E m: / M: & V: 7 fine / y: 12: Apr:; at: (m):; f: J: J:
 Walkd on, Streets & & Pch: & home, at 2 $\frac{1}{4}$;
 at 8 $\frac{1}{4}$: bring 4t: butt: $\frac{1}{2}$: Sug: 1 $\frac{1}{2}$: 6t: green tea & milk. 30t:
 at 2 $\frac{1}{2}$: rice, in broth. 1, beef broth, & gravy. 20,
 Veal, Cutlets. 14 } Cold hock. . . . 36,
 w: bread. 8 }
 ab: 5. Sugar. 1, green tea & milk. . . 12,
 Solids. 30t: Liquids. . . . 98t:

Not out since, Noone; to bed, at 9, Slept Somew: Interrupted
 fully for 9 $\frac{1}{4}$ till, 2 $\frac{1}{2}$, & fr: 4 $\frac{1}{2}$ till 6; / waterd, 51t: /

/ W; SE m: / M: & dry / M: & rainy / W; SE m: /

up at 7; W; SE m: / Mild & rainy / f: 13th April; No O.
 Rid. Via N Works, fr: 7¹/₄ till 9; x at 8. E beer, cold. . . . 6.
 ab: 9¹/₂, Bring: 4, butt: 2¹/₂, Sug: 1¹/₂. 6 t. t. tea, & milk. . . . 16,
 at 2¹/₂. Leg of Powdered Pig Pork. . . 15, & Leaf Spin: Soup. . . 26,
 w: Bread. 2, Pease, in Soup etc. . . 8¹/₂. Old hock. . . 5
 1 at 0¹/₂ . . . NH. wine. . . 26 wine. . . 21
 at 4³/₄. Sugar. . . . 2. green tea & milk. . . 12.
 Twint, 6 & 6¹/₂ NH. wine. . . 14.
 Solids. . . 30 t. * 1 Liquid. . . 114 t.

Not out Since Morning, Slept on Couch, fr: 6¹/₂ till
 2¹/₂; to bed at 0³/₄ Slept some. Interrupted fr: 10 till 1¹/₂ &
 Dried fr: 5 till 5³/₄! No. O! / water 56 t. /
 W; SE m: / Various & dry / mild & rainy W; Wm: /
 up at 4; W; Wm: / Mild & rainy / f: 14: t. p: ; at 3¹/₂. (not)
 Not out Since Yesterday Morning
 at 9. Bring 4¹/₂, butt: 2¹/₂, Sug: 1. 6 t. Coffee & milk. . . . 16,
 at 2. a large Woodcock roasted. . . 15. NH wine. . . . 8.
 w: Bread. . . . 8. . . 84. . . Old hock: 48.
 Solids. . . 29 t. Liquid. . . 72 t.

Not abroad Since Yesterday Morning; Slept on
 Couch, fr: 6 till 7¹/₂; to bed, at 9¹/₂. Slept a little, Interrupted
 fully fr: 10 till 3¹/₂; / water 49 t. /
 W; Wm: / M: , gr: & dr: / M: & W: fine / W; Wm: /

up at 7 1/4 W; Wm: / N: & dry / 15: Apr:; at 6. (M)
 Walk'd on Streets & to h: at 9 1/4: 6th at 11 1/2; x at 5 1/4. Old hock. 8,
 at 8 1/4. Bragg. 4, butt: 1/2, Sug: 1 1/2. 6 t: 6: tea, & milk. . . . 22,
 ab: 12 1/2. N.T. wine. . . . 7,
 at 2. Cold, roasted Throats. Lamb, 12 1/4. Brown Poff Soups, . . .
 w: bread. . . . 9 1/2 N.T. wine, . . . 8,
 H. 26. wine, . . . 28,

at 3 1/4. Sugar, 1 green tea, & milk. 12,
 Solids. . . . 29 ⁷ X Liquids. . . . 90 ⁷

Not out since dinner, Slept on Couch fr: 5 1/2 till 6 1/2;
 to bed, at 8 1/4. Slept. Somew: Interrupt: fr: 0 till 1 1/2 & fr: 5 till 6;
 1 water d, 4 1/2 t: /

W; N m: / Mild & fine / M: gr: & dry / W; E m: /
 up at 6 1/2; W; E m: / Mild & rainy / 16: Apr:; at 6 1/2. (N:).

Walk'd on camp fr: 7 till 8; & to h: at 9 1/2, 6th at 12 1/2;
 at 8 1/2. Bragg 3 1/4, butt: 1/2, Sug: 1 1/4. 6 t: 6: bohea tea, & milk. . . 28,
 at 1. a Roasted Woodcock. . . . 11, H. 26. wine. . . . 20,
 w: bread. . . . 7 1/2 Old hock. . . . 20,
 at 5 1/2. Sugar. . . . 1/2, gr: tea, & milk. . . 12,
 Solids. . . . 25 ⁶ Liquids. . . . 90 ⁷

Not out since dinner; Slept on Chair fr: 4 till 5, to bed
 at 9, Slept frequently Interrupt: fr: 9 1/4 till 12 1/4;
 1 water d, 5 1/4 t: /

W; E S E m: / rainy & V: Mild & rain, / W; N E m: /

10. Bread . . . 18. 2
+ 4 1/4. Sugar . . . 1 1/2 green tea & milk. 18.
P. I. 317. Liquids . . . 94.

W; NE m: Milde, demois & Milde, krain, W; W. S. W. m: /

1½ lb. tea, 1 milk. 22.

at $8\frac{1}{2}$ Spring $4\frac{1}{2}$, butter $\frac{1}{2}$. . . 5, at $7\frac{1}{2}$. H. 26 wings 14

at 1/2. Plumb Suit put: Solids . . . 6 . . . Humidity . . . 3

Roasted Beef	12½	Old hock	31
+ 7½	liquors	11	8

white bread x. 1 at 1/2. bioguel. 9 J. N. T. wine. 8, 12.

at 6 1/2. Sugar 1 s. green tea, 1/2 milk. 12.

^ox Solids... 367. Liquids... 907.

Not abroad since dinner; Slept on Chair & Couch fr. 4.
 +10k +10k +10k +10k +10k +10k +10k +10k +10k +10k

till $5\frac{1}{2}$; to bed, at $9\frac{1}{2}$, Slept interruptedly fr: $5\frac{3}{4}$ till $3\frac{3}{4}$;

(watered, 466.)

1/4; WSW m: 1/4; V^a & Dr^y 1/4; V^a & Dr^y 1/4; WSW m: 1/4

[Faint handwritten text at the bottom of the page]

up at 6 $\frac{1}{2}$; W; WSW m: / Dry & V: / 19: Apr:; at 6. (M)
 Walked on ramp⁵ fr. 7 $\frac{1}{4}$ till 8 $\frac{1}{4}$; & walked to west 9 $\frac{1}{2}$ & 12 $\frac{1}{2}$ ab: $\frac{1}{4}$ hour
 at 8 $\frac{1}{2}$ bring 4 $\frac{1}{4}$ butter $\frac{1}{4}$. Sugar $\frac{1}{2}$. 6t: t: tea & milk . . . 22,
 ab: 12 $\frac{3}{4}$ w: bread . . . 1, H. 26 wine . . . 16,
 at 1 $\frac{1}{2}$ rice in broth 1 $\frac{1}{2}$, dumpp 2t: 3 $\frac{1}{2}$. Mutton, broth . . 26,
 Roasted Nancy Turkey . . . 11, Champagne wine . 28.
 w: bread 8 $\frac{1}{2}$ Cheese 1t . . . 9 $\frac{1}{2}$, Do. Do. 5 & 6. 14.
 at 6 $\frac{1}{2}$ Sugar . . . 1, gr: tea & milk . . 18,
 Solids . . . 32t: Liquid . . . 124t:

Not out since dinner; to bed at 10; Slept into morn:
 tedly fr: 10 $\frac{1}{4}$ till 4 $\frac{1}{4}$; / Water d, 61 t: /

W; SW m: / Dry & Fine, M: & rainy / W; ENE m: /

up at 8 $\frac{1}{4}$; W; ENE m: / gr: & dry / 20: Apr:; at 8 $\frac{1}{2}$. (S) p:
 Not out before dinner;
 at 9. Bring 4t: butter $\frac{1}{2}$. . . 4 $\frac{1}{2}$ t:
 at 11. Sugar 1t, ginger . . . 1, Beer, etc . . . 14.
 at 2. Powdered Pig Pork leg . . . 8,
 Roasted leg of Mutton . . . 8, gravy . . . 6,
 w: bread . . . 10, N. F. wine . . . 31,
 at 4. Sugar . . . 1 $\frac{1}{2}$, gr: tea & milk . . 17,
 w: bread 6 $\frac{1}{2}$ & 7 $\frac{1}{2}$. Biscuits . . . 1, Old hock . . . 35,
 Solids . . . 34t: Liquids . . . 103t:

Not out since yesterday; to bed at 8 $\frac{3}{4}$, Slept some w:
 Interruptedly fr: 9 till 3 $\frac{1}{2}$; / Water d, 50 t: /

W; NE m: / Rain, & thick / Rain & th: / W; WSW gr: /
 Storms

1W; NWm of grey & dry / ge: & dry 1W; Wf. 1

up at 6; W; W fr: 1 gr: & dr: 1 y: 23: Apr:; at 7. (S).

Not out before dinner;
at 9 $\frac{1}{2}$ w: bread 4, butter $\frac{1}{2}$, Sugar $\frac{1}{2}$. 6 t: to tea & milk. . . . 16,
at 2 $\frac{1}{4}$ bread put: Solids. . . . 4, humidity. . . . 6,
Prots. grass: Pike, fish. . . . 15, N.T. wine. . . . 23,
w: bread. . . . 6, at 5. Old hock. . . . 14,
at 7. D. hock. . . . 18,
Solidz. . . . 31 t. Liquid. . . . 77 t.

Not out since yesterday; to bed, at 9 $\frac{1}{2}$; Slept a little, In,
interruptedly fr: 9 $\frac{1}{4}$ till 4; / Waterd, 53 t: /

W; WNW fr: 1 w: & dry 1 grey & dry; 1 W; SE fr: /

up at 6; W; SE fr: 1 grey & dry 1 y: 24: Apr:; at 5. (P.M.)
Rid fr: home, to N.H. fr: 6 $\frac{1}{4}$ till 8 $\frac{1}{2}$; & b: h. 11 till 12 $\frac{1}{2}$;
at 9. w: bread 5, butter $\frac{1}{2}$ t. . . . 5 $\frac{1}{2}$ t. at 10 $\frac{1}{2}$. H 26. wing. 12.
at 1. Roasted Mutton, cold. . . . 1 . . . Gr: wing. . . . 7,
at 2 $\frac{1}{4}$ plain rice pud: Solids. . . . 5, humidity. . . . 6,
Mutton hash. . . . 12, gravy or water. . . . 5,
w: bread. . . . 5 $\frac{1}{2}$, Gr: wing. . . . 27,
at 4 $\frac{3}{4}$. Sugar. . . . 1, to tea & milk. . . . 11,
at 7. Gr: wing. . . . 14,
Solidz. . . . 30 t. Liquid. . . . 52 t.

Not out since dinner; to bed, at 9. Slept some: In,
interruptedly fr: 9 $\frac{1}{4}$ till 3 $\frac{1}{4}$ & fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$; / Waterd 48 t: /

W; SW St: 1 Rain, & V: 1 Rain, & V: 1 W; WSW St: /

up at 7 $\frac{1}{2}$; W; WSW H: / dr: & V: / yr: 25 $\frac{1}{2}$ April; ab: 9. (5)
 Not out before Noon;
 ab: 9. w: bread 1 $\frac{1}{2}$, rye 1 $\frac{1}{2}$, butt: $\frac{1}{2}$ Sug: 1 $\frac{1}{2}$. 5t: green, tea & milk. . . 22,
 at 12 $\frac{1}{4}$. w: bread. . . 1, Gr: wine. . . 7,
 ab: 7. Suit put: Solids. . . 4, humidity. . . 2,
 Roasted beef. . . 11, ob hook. . . 35,
 w: bread. . . 4, x ab: 7. Gr: wine. 13
 at 5. Sugar. . . 1, gr: tea & milk. . . 12.
 Solids. . . 26 $\frac{1}{2}$ * Liquids. . . 91 $\frac{1}{2}$

Not out all day; Slept on Couch fr: 3 till 4; to bed at
 5 $\frac{1}{4}$, Slept Somew: Interruptedly fr: 9 till 3 $\frac{1}{4}$; / waterd 49t /
 / W; WSW H: / Various & dry / gr: & dry / W; WSW m: /
 up at 6 $\frac{1}{4}$; W; WSW m: / gr: & V: / yr: 26 $\frac{1}{2}$ Apr: / at 5. (5) & mit:
 Rid Via, Schantz & Co: fr: 6 $\frac{1}{4}$ till 8 $\frac{1}{2}$; & on ramp: fr: 12 $\frac{1}{4}$ till 1 $\frac{1}{2}$;
 at 8 $\frac{1}{2}$ Prings: 4, butt: $\frac{1}{2}$, Sug: 1 $\frac{1}{2}$. . . 6t: t: tea & milk. . . 22,
 at 1 $\frac{1}{2}$. Beer. . . 16.
 at 2 $\frac{1}{4}$. roasted Mutton hash. . . 6, gravy. . . 10.
 roasted Turkey. . . 11, N.I. wing. . . 33.
 w: bread. . . 7
 at 4 $\frac{3}{4}$. Sugar. . . 1, green, tea & milk. . . 12.
 Solids. . . 31 $\frac{1}{2}$ Liquids. . . 93 $\frac{1}{2}$

Not out since dinner; Slept on Couch fr: 7 till
 8. to bed at 9; Slept frequently Interrupted fr: 9 $\frac{1}{4}$ till 4
 & fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$; / waterd 59t /
 / W; E m: / Rain & thick / Rain till / W; N P: /

up at 6 $\frac{1}{4}$; / W; NW fr: / Rain & th: / y: 22 Apr:; at 7 (F).

J: Geo: fr: $7\frac{1}{4}$ till $8\frac{1}{2}$; & on ramp fr: 1 till 2;

at 9. Pringel, $3\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: $1\frac{1}{2}$. $5\frac{1}{2}$ t: . 6: tea & milk . . . 22,

at $12\frac{3}{4}$. Beer . . . 25,

at $2\frac{1}{2}$. roasted Mutton . . . $17\frac{1}{2}$, } x at $7\frac{1}{2}$ o's hock . . . 14,

roasted Beef . . . 4 } } gravy or water . . . 13,

w: bread . . . 6 , . N.T. wine . . . 28,

at $5\frac{1}{2}$. Sugar . . . 1 , . green tea & milk . . . 16,

Solids . . . 24 t: * Liquids . . . 118 t:

Not out since dinner; to bed, at $8\frac{1}{2}$, Slept somewhat in,
interruptedly fr: 9 till 1 & fr: 2 till 5; / Watered, 56 t: /

/ W; W hard / V: & dry / Extra fine / W; W; W SW m: 1

up at 6 $\frac{1}{4}$; W; W SW m: / Extra fine / y: 28 Apr:; at 6 $\frac{1}{2}$. (M):

Tid, via, brown & b: k: fr: $7\frac{1}{4}$ till $9\frac{1}{2}$;

at 7. Sugar . . . 1 t: . green tea & milk . . . 12,

at 9 $\frac{1}{4}$ Pringel, 4, butt: $\frac{1}{2}$. Sug: $1\frac{1}{2}$. . . 6 , . 6: tea & milk . . . 16,

at $1\frac{1}{4}$. w: bread . . . $1\frac{1}{2}$. . N.T. wine . . . 7,

at $2\frac{1}{4}$. 6 young Sturgeons . . . $13\frac{1}{2}$ w: . D: wine . . . 28,

w: bread . . . 8

ab: 5. Sugar . . . 1 , . 6: tea & milk . . . 12,

Solids . . . 31 t: Liquids . . . 75 t:

Not out since Morning; to bed, at 9, Slept sound fr: $9\frac{1}{4}$
till $3\frac{1}{2}$; / Watered, 58 t: /

/ W; SW fr: / grey & dry / gr: & dry / W; NW m: /

up at 7⁴; W; NE m: / Snow & St: / y: 29: Apr:; at 5⁴ (S).
 To K^k in Couch at 9⁴, b^k at 11²;
 at 8⁴ Pring 4³/₄, butt³/₂, Sug³/₄ 1⁴.. 6²/₂ t.: b: tea, & milk... 16,
 at 1⁴. w: bread... 1 .. NH wine... 5.
 at 2⁴. roasted beef hash... 15 .. gravy, or water... 9.
 w: bread, 7². Powdered Pork 2t. 9²/₂ .. NH wine... 27.
 at 4⁴.. Sugar... 1 .. green tea & milk... 13.
 Twixt, 6 & 6²/₂... .. Old hock... 22.

Solids... 33t. Liquids... 92t.
 Not out since, dinner; to bed at; Jay slept on Couch fr: 7²/₂ till
 8²/₂; to bed at 9, slept fr: 9⁴/₄ till 2²/₂, & fr: 5²/₂ till 6;
 /watered 60t: /

W; NW fr: / Various & fine Fleet drain, 1W; W m: /

up at 6²; W; W m: / Fleet & V: / y: 30: Apr: at 5. (myst. at 6²/₂ (myst.

Rid to Ottmarsh beach, & b^k fr: 7 till 9;
 at 9² Pring +, butt: 2. Sug³/₄ 1².. 6²/₂ t.: b: tea, & milk... 22,
 at 1². w: bread... 2 .. NH wine... 7.
 at 2.. b: oil & Pike fish... 16 .. do... wine... 28,
 w: bread... 6²/₂

at 4. Sugar... 1²/₂ .. green tea & milk... 17,
 Solids... 32t. Liquids... 74t.

Not out since, Morning; to bed, at 9⁴, slept some w: Inter;
 & ruptedly fr: 10 till 4;
 /watered 56t: /

W; W m: / V: gr: & dry / Snow & frost 1W; W S W m: /

up at 6 $\frac{1}{2}$; W; SW m^o / part l. fine / 1 May; at 6. (m^o) 1 $\frac{1}{2}$ at 2. P water,
 Rid f. then a. to firenberg fr. 7 till 9 $\frac{1}{4}$ & 6 $\frac{1}{2}$ fr. 10 $\frac{1}{2}$ till 1;
 at 10 $\frac{1}{4}$ Fringel. 4 $\frac{1}{2}$. Beer. 20,
 at 2 $\frac{1}{4}$ fring. Sole fish. 19 $\frac{1}{2}$. NT wine. 8,
 w: bread. 8, Champagne wine. 35,
 at 1 $\frac{1}{4}$ 2. Sugar. 1 $\frac{1}{2}$. green tea, & milk. 17,
 ab: 6. NT wine. 5,

Solids... 33 $\frac{1}{2}$ Liquids... 85 $\frac{1}{2}$

Not out since dinner, to bed at 8 $\frac{1}{4}$, Slept fr: 9 till 3
 & till 4; / water d, 48 $\frac{1}{2}$ /

W; NW m^o / grey & dry / Cold, & moist / W; WSW Hor:

up at 7; W; WSW Hor: / Slept & th^k / y: 2: May; at 6. (m^o) 1 $\frac{1}{2}$
 Not out before dinner, j
 at 8 $\frac{1}{4}$ Fringel 4, but 2, sugar 1 $\frac{1}{2}$... 6 $\frac{1}{2}$ 6 $\frac{1}{2}$ tea & milk. 22,
 at 1 $\frac{1}{4}$ y: crust, Solids. 9, Broth, out y Pasty. 20,
 Venison, out y Pasty. 12 $\frac{1}{2}$, humidity in y crust. 10,
 Gr: wine. 35,
 at 4... Sugar. 1 $\frac{1}{2}$, 6 $\frac{1}{2}$ tea & milk. 13,
 Solids... 29 $\frac{1}{2}$ Liquids... 110 $\frac{1}{2}$

Not out since yesterday, Slept on Couch fr: 4 till 5,
 to bed, at 9, Slept some w: Interrupt: fr: 9 $\frac{1}{4}$ till 3 $\frac{1}{2}$;
 / water d, 52 $\frac{1}{2}$ /

W; SW fr: / Rain, & th^k / Much snow / W; NE m^o /

up at 7; W; NE m: / Much Slect / y: 3: May; ab: 6. (S) at 10 1/2 (S) put.
 Not out before Noone; x ab: 7 1/2 H. 26 wine. 14
 at 9 1/2. Pringe 4, butt 1 1/2, Sug: 1 1/2. 6 t: . 6: tea & milk. . . 16
 at 2. Eyes = crust, Solids. . . 9 y humidity. . . 9
 Venison, out y Party. . . 9 y broth out Party. . . 14
 Boild Bacon. . . 1 NT wine. . . 15
 Old hock. . . 13.

at 3 3/4. Sugar. . . 1 y. 6: tea & milk. . . 11
 Solids. . . 26 t: x Liquids. . . 92 t:

Not abroad since y 1: May; doz: on Couch fr: 6 1/2 till 7, to
 bed, at 9. Slept fr: 9 1/4 till 1 & till 3 1/2, & doz: fr: 4 1/2 till 5;
 /waterd, 57 t: /

W; NE m: / Various & dry / A: & dry W; SE m: /
 up at 7 1/4; W; SE by E m: / gr: & dr: / y: 4: May; at 6. (M) at 7. (P)

Walkd on ramp: fr: 7 1/2 till 9 1/4;
 at 9 1/2 Pringe 3 3/4, butt 1 1/2, Sug: 1 1/4. . . 5 1/2 t: . 6: tea & milk. . . 16
 att. Beer. . . 8
 at 2 1/4. Veal Cuttlett. . . 16 y gravey or water. . . 5
 w: Bread. . . 7 y Old Claret wine. 20
 ab: 4. . . Sugar. . . 1 1/2 y. Coffee & milk. . . 16
 at 8. . . Bisquit. . . 2 y. H. 26 wine. . . 21
 Solids. . . 32 t: Liquids. . . 95 t:

Not out since Morning; to bed, at 9, Slept a little Inter.
 ruptedly, fr: 9 1/4 till 3 3/4;
 /waterd, 51 t: /

W; SSW m: / Cold, V: & dr: / Very Fine W; SSW m: /

up at 6³/₄; W; SSW mi; V: fine, 1st: 5th May; at 6. (45).

Not abroad since yesterday morning

ab: 8. Prings 4¹/₂, butt: ³/₂, Sug: 1¹/₂. 6¹/₂ t: b: tea & milk . . . 17.

ab: 12¹/₂ . . . bisquits . . . 1, N.T. wine . . . 12

at 2¹/₄ Veal Cuttlett. 9, gravy or water . . . 3

Roasted Venison. 6¹/₂

w: bread. 6¹/₂, N.T. wine . . . 24

at 4¹/₄. Sugar. 1, b: tea & milk . . . 11.

ab: 8. . . Prings 5 . . . 3¹/₂ . . . Gr: wine . . . 27

Solids . . . 34¹/₂

Liquids . . . 24¹/₂

Not abroad since yesterday; Slept on Chair fr: 6 till 7;

to bed, at 9, Slept fr: 9¹/₄ till 11¹/₂ & Interrupt: fr: 1 till 5;

/W; SWh: / Rain & 1st / fine 1st & dry / W; WSW fr: /

up at 6³/₄; W; WSW fr: W: & dry / 1st: 6th May; at 6 (m).¹/₂

Walkd on ramp fr: 7 till 8¹/₄;

at 8¹/₂ Prings 4¹/₂, butt: ³/₂, Sug: 1¹/₂. 6¹/₂ t: b: tea & milk . . . 16,

at 1¹/₄. ry: bread, Salt & ginger . . . 2, Gr: wine . . . 7,

at 2. Roasted Chicken 14¹/₂ gravey . . . 2

w: bread. 8, Gr: wine . . . 20

at 4¹/₂ . Sugar 1, Coffee & milk . . . 12

Solids . . . 32¹/₂

Liquids . . . 72¹/₂

In Coach to n mills & t: fr: 5 till 6¹/₂; to bed, at 7¹/₂;

Slept a little, Interruptedly fr: 8 till 5; / Waterd, 5¹/₂ t: /

/W; WSW fr: / grey & dry / W: & dry / W; SWh: /

up at 7; W; WS Wm: / V: & dr: / y: 7. May; at 6. (S).

Not out before Noone

at 9, Pringol 4 $\frac{1}{2}$, butt $\frac{3}{2}$, Sug $\frac{3}{4}$ 1 t. 6 t.: t.: tea, & milk. . . 17.
at 1 $\frac{1}{2}$. w: Bread. . . 1 $\frac{1}{2}$. Gr: wine. . . 5.
at 2 $\frac{1}{4}$. roasted, Chicken. . . 7, gravy or water. . . .
roasted Venison. . . 6 $\frac{1}{2}$ Gr: wine. . . 33.
w: Bread. . . 7
ab: 5 $\frac{1}{2}$. Sugar. . . 1, t.: tea & milk. . . 11.
Solids. . . 29 t. Liquids. . . 66 t.

Not abroad all day; to bed, at 8 $\frac{1}{2}$, Slept a little, In
interruptedly fr: 8 $\frac{1}{4}$ till 2; & dox: fr: 4 $\frac{3}{4}$ till 5 $\frac{1}{4}$; / waterd 57 t.
/ W; SWm: / dry & fine / V: & thick / W; Wfr: /

up ab: 6 $\frac{1}{4}$, W; Wfr: / V: & gloomy / y: 8. May; ab: 4. (M)
Walked on ramp: fr: 6 $\frac{3}{4}$ till 8.
at 8 $\frac{1}{4}$ Pringol 4, butt $\frac{3}{2}$, Sug $\frac{3}{4}$ 1 t. . 5 $\frac{1}{2}$ t.: t.: tea & milk. 16.
at 2 $\frac{1}{4}$. plain Bread pud. Solids. . . 5, y: humidity. . . 5.
fry'd, Elrijs, turbutt fish. . . 19 Gr: wine. . . 33.
w: Bread. . . 7 Ex ab: 6. Old hock. 14.
at 4 $\frac{1}{4}$. Sugar. . . $\frac{1}{2}$, Coffe & milk. . 12.
Solids. . . 37 t. Liquids. . . 80 t.

Not out since dinner; to bed, at, Lay Slept on Chair & on
Couch, fr: 6 $\frac{3}{4}$ till 8 $\frac{1}{2}$; to bed, at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{3}{4}$ till 2 $\frac{3}{4}$;
/ waterd, 59 t.
/ W; SWfr: / Lowry / Very fine / W; SE m: /

up at 5; W; SSE m: / V: 7 fine / y: 9: May; at 5 1/2. (No pd:)
 Walk'd, on ramp^t fr: 5 1/2 till 7 1/4; & to k^k at 9 1/2; b: at 12 1/2;
 at 8. Bring 4 1/2, butt³ 4 Sug³ 4. . . 6 b: b: tea, & milk. . . 17,
 at 12 3/4. Mutton, out p^{ij}p. . . 15, juice out y^{ij}p. . . 12,
 Pye = crust, Solids. . . 8, y^{ij}hul mid^{ij}ty. . . 7,
 R: wine. . . 30,
 twint, 3 & 3 1/2. . . 21,
 at 6. Sug³. . . 1, green tea, & milk 11.

Solids . . . 30^l Liquids . . . 98^l

Not out since, dinner, Slept on, Chair & couch, fr: 3 1/2
 till 5; to bed, at 8 3/4, Slept some w^t: Interrupt^t: fr: 9 till 5;
 / Water d 58^l /

/W; SSW fr: / Rain, & Thund³ / grey & th^k / W; WNW m: /

up at 6; W; WNW gr: & thick / y: 10 May; at 6 1/2 (Spd:)
 Rid Via G^{ij}b^{ij} p^{ij}d^{ij} &c: fr: 6 1/4 till 8 1/4;
 at 9. Bring: 4 1/2, butt³ 1/2. . . 5 b: S^{ij} P^{ij} beer. . . 28,
 at 1 1/4. w: bread. . . 3, N^{ij} wine. . . 12,
 at 2 1/4. Mutton, Chops. . . 19, S^{ij} wine. . . 28,
 w: bread. . . 5 1/2, S^{ij} ab: 7 d^{ij} p^{ij}ris. . . 4,
 at 5. Sugar. . . 1/2, b: tea, & milk. . . 12,

Solids . . . 33^l Liquids . . . 84^l

In Coach, Via S^{ij} Geo: fr: 6 1/4 till 7 1/2, to bed at
 8 3/4. Slept some w^t: Interrupt^tly fr: 9 till 3; / Water d 48^l /

/W; NE by N m: / Rain, & th^k / W: & dry / W; NW fr: /

at 6; W; NW fr: / V: & dr: / y: 11: May; at 5. (S) at 11 (M) & J.
 Walkd on ramp: fr: 6 $\frac{1}{2}$ till 8;
 at 8 $\frac{1}{2}$. Pring 4, butt: 2. Sug: 2. 5th. Laid wine, hott. . . 22,
 at 12 $\frac{3}{4}$. 4. red bread & salt. . . 2. . . NT wine. . . 12,
 at 2 $\frac{1}{4}$. plain bread & pud: Solids. . . 6. . . humidity. . . 5,
 Roasted Shoulder Mutton. . . 16, . . . foul froth. . . 17,
 10: bread. . . 4, . . . NT wine. . . 28.
 at 4 $\frac{3}{4}$. Sugar. . . 1, . . . Coffee & milk. . . 12.
 at 8 $\frac{1}{2}$ bisph. 1 $\frac{1}{2}$ t: Solids. . . 34th: at 8. . . NT wine. . . 16,
 Shot out since morning, Slept on Couch fr: 6 till 7;
 To bed, at 9 $\frac{1}{4}$, Slept fr: 9 $\frac{1}{2}$ till 3; / waterd, 48th: /

/ W; NE m: / grey & dry / V: fine -> / W; NW m: /
 up at 5 $\frac{1}{4}$; W; NW m: / V: fine / y: 12th: May; at 5 $\frac{1}{2}$. (S).
 Walkd out to Dyke on floats &c. at 6; 6th at 11 $\frac{1}{2}$;
 at 5 $\frac{3}{4}$. Sugar. . . 1th. tea bohead & milk. . . 16.
 at 7 $\frac{1}{2}$ Pringol. . . 4, . . . at 9. Tang: & beer. . . 16.
 at 1 $\frac{1}{2}$. white bread. . . 6, . . . NT wine. . . 16,
 at 12 $\frac{1}{4}$. young Sturgeon, boild. 10, } Ditto. wine. . . 28.
 Fryd Pops-fish. . . 6, }
 10: bread. . . 8,
 at 5. Sugar. . . 1, . . . Coffee & milk. . . 12.
 Solids. . . 36th: Liquids. 8 St.
 Not out since dinner; Slept on Couch fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{4}$, to
 bed, at 7, Slept a little, Interruptedly fr: 7 $\frac{1}{4}$ till 3 $\frac{1}{4}$;
 / waterd, 65th: /
 / W; NW fr: / V: , dr: & fine / dr: V: & fine / W; NW m: /

up at 7; W; NW m: / N: & day 14 May; at 5. (P) ab: 9. O must:

Not abroad before dinner;
ab: 8. bring 3 1/4, butt: 1/4, Sug: 2t: 6 1/2 t: green tea & milk... 22,
at 2. dumpl & gruen solids... 5, hen broth, &c... 28,
boil hen = foul... 16, x Canary wine... 5,
w: bread... 4, x NT wine... 19,
x 2 Scotts Pills... 14, at 6. Old hoke... 14,
ab: 5. Sugar... 1/2, green tea & milk... 12.

Solids... 32t: Liquid... 116t:

Not out all day, Slept on Couch fr: 6 1/2 till 7 1/2, to
bed at 9, Slept fr: 9 1/4 till 1 & till 2 & till 3, & fr: 4 till 5 1/2;
1 waterd. 50 t: /

1 W; NW m: / Very fine, / Very Fine, / W; NE m: /

up at 7; W; NE m: / V: fine, / 14 May; at 1 1/4 (P) at 2. (P) at 3. (P)
& at 6 1/2 (P) all 3 times, at 8. O all th: 1/2: at 10. O th: 1/2: at 1 1/2 (P) In
day m: 1/2

at 7 1/4. Sugar... 2 t: green tea & milk... 22,
at 9. bring 4 1/2, butt: 1/2. Sug: 1 1/2... 6 1/2, green tea & milk... 16,
at 1 1/2. w: bread... 1, NT wine... 5,
at 2. plain bread, pud: Solids... 3 1/2, humidity... 9,
boil hen, 12 1/2, gruen, in broth 1... 13 1/2, hen broth... 25,
w: bread... 4 1/2, NT wine... 28,
ab: 4 3/4... Sugar... 1, green tea & milk... 11,

Solids... 32t: Liquid... 116t:

Not abroad since, 12: to bed at 9, Slept fr: 11 till 11 1/2 &
till 2, & fr: 4 1/2 till 5 1/2;
1 waterd, 62 t: /

1 W; NE m: / Very Fine, / V: fine, / W; NE m: /

up at 7: W; NE m: / V: fine, / y: 15: May; at 7. (F. p.d. at 9 1/2. O.k. 6
 Rid. Via Schwartz &c: fr: 7 1/4 till 9 1/4,
 at 9 1/2. Prings 4, butt: 1/2, Sug: 1 1/2. . . 6 lb. gr: tea & milk. . . 16,
 at 2. plain, bread pud: Solids. . . 3, y: humidity. . . 2,
 Yeal, Cuttleth. . . 16, Saus. . . 5,
 10: bread, 4, flour &us, Broth at. 8, NT. wine. . . 38.
 at 4 1/2. Sugar. . . 1, gr: tea & milk. . . 12.
 Solids. . . 34 lb. Liquids. . . 78 lb.
 Not out since dinner; Slept on Couch, & fider fr: 6 1/2
 till 7 1/2, to bed, at 9, Slept fr: 9 1/4 till 1 & fr: 3 1/2 till 5;
 1 Water d. 46 lb: /
 / W; NE m: / V: & dry / thick & rain, / W; NE m: /
 & rain

up at 7: W; NE m: / th: & rain, / y: 16: May; at 9. (O & F.
 To R: in Coach, at 9 3/4, 6: at 12 1/4;
 at 7 3/4, Prings 4, butt: 1/2, Sug: 1 1/2. . . 6 lb. green tea & milk. 16.
 at 1. Py: crust. Solids. . . 8, y: humidity. . . 8,
 Venison, out of Party. . . 14, y: juice. . . 16,
 w: bread. . . 38,
 R: wine. . . 38,
 twint, 4 & 5. bisquitz. . . 2, Old rock. . . 14.
 Solids. . . 30 lb. Liquids. . . 92 lb.
 Not out since dinner; Slept on Chair, fr: 3 till 3 3/4, to
 bed, at 8 3/4, Slept fr: 9 till 10, & Interrupted, till 2 1/2;
 1 Water d. 55 lb: /
 / W; N m: / grey & dry / Rain & th: / W; NW m: /

up at 6 $\frac{1}{2}$; W; NW m: / oriz: Rain / y: 17 May; at 5. (M)at:
Walk'd on ramp: fr: 6 $\frac{1}{4}$ till 8; & to Gray's brook: fr: 11 till 12 $\frac{1}{2}$
at 9. Bring: 4, butt: $\frac{1}{2}$, Sug: 1 lb. 5 $\frac{1}{2}$ lb. to: tea & milk... 11,
ab: 10. Old hock... 8.

at 2 $\frac{1}{4}$. Fry Turbutt fish... 2 2 $\frac{1}{2}$ } Champagne Wine, 33,
w: bread... 5 $\frac{1}{2}$,

at 4 $\frac{1}{2}$. Sugar... 1. Coffee & milk... 12.

twixt 8 & 9 a bisquit... $\frac{1}{2}$. R: wine... 14,
Solids... 35 lb., Liquids... 78 lb.

Not out since dinner; Slept on Couch, fr: 6 till 7;
to bed at 10, Slept some: Interruptedly, fr: 10 $\frac{1}{2}$ till 5;
Waterd, 67 lb. /

W; NE m: / grey & dry / grey & dry / W; NW m: /

up at 6 $\frac{1}{2}$; W; NW m: / gr: & dr: / y: 18: May; at 6 $\frac{1}{2}$ (M)at:
Walk'd on Street & ramp: fr: 7 till 8 $\frac{1}{2}$; & to Brook: fr: 12 till 1
at 9. Bring 4 $\frac{1}{2}$, butt: $\frac{1}{2}$, Sug: 1 lb. 6 lb. to: tea & milk... 11,
at 12. Old hock... 7.

at 2 $\frac{1}{4}$. Pyz = crust Solids... 8. Humidity... 8,
Venison out of Pyz... 12. Juice out of Pyz... 18.

ab: 5 $\frac{1}{2}$. Sugar... 2. b: tea & milk... 6.
ab: 7. a bisquit... 14,
Solids... 27 lb., Liquids... 92 lb.

Not out since noon; to bed at 8 $\frac{1}{2}$, Slept fr: 9 till 12 &
till 2;
Waterd, 53 lb. /

W; N m: / Rainy / foggy & cold / W; NE m: /

up at 5 $\frac{1}{2}$; W; NE. m: / V: & dry / y: 19: May; at 4 $\frac{1}{2}$. (M)
 Rid fr: home, to N. Ash fr: 6 till 7 $\frac{1}{2}$; & walk to Mof & b. fr: 10 till 11.
 at 8 $\frac{1}{2}$. Bring 4, butt: 2. 4 t. Al: E beer. 28,
 at 2 $\frac{1}{4}$ fry. Stom, butt fish. 23 } H. 26. wine. 51,
 w: bread. 7 $\frac{1}{2}$
 at 5. Sugar. 1, green tea & milk. 11,
 ab: 6. Gr. wine. 16.
 Solids. 36 t. Liquids. 106 t.
 Rid fr: N. Ash home, fr: 6 $\frac{1}{2}$ till 8; to bed, at 8 $\frac{3}{4}$, Slept from
 9 till 3; / Waterd, 75 t. /

/ W; NE. m: / Extra fine / Extra fine / NE. m: /
 up at 5 $\frac{3}{4}$; W; NE. m: / Excud. fine / y: 20 May; at 4 $\frac{1}{2}$. (M)
 Rid Via. Mintoofide fr: 6 $\frac{1}{4}$ till 8 $\frac{1}{2}$, & to K: at 9 $\frac{1}{2}$;
 at 9. Bring 4 $\frac{1}{2}$, butter 2, Sug: 1 t. 6 t. to tea & milk. 12,
 at 2. Py: crust Solids. 7, humidity. 7,
 Venison, out of Py, cold. 14, broth, out of Py. 17,
 Bacon, in, of Py. 1, H. wine. 15,
 at 5. Sugar. 1, old hock. 20,
 green tea & milk. 12,
 Solids. 29 t. Liquids. 92 t.

Not out since dinner, Slept on Couch fr: 7 $\frac{1}{4}$ till 8 $\frac{1}{4}$,
 to bed, at 8 $\frac{3}{4}$, Slept fr: 9 till 1 $\frac{1}{4}$; & fr: 3 till 4 $\frac{1}{4}$ & till 5 $\frac{1}{4}$;
 / Waterd, 57 t. /
 W; NE. m: / Very fine / V: Fine / W; E NE. m: /

up at 7 $\frac{1}{4}$; W; ENE m. / V: 7 fine, / y: 21 $\frac{1}{2}$ May; at 6 $\frac{1}{2}$ (M)
 Rid on ramp: fr: 7 $\frac{1}{2}$ till 8 $\frac{3}{4}$; & Via, frobst Jude de: fr: 12 $\frac{1}{2}$ to 2.
 at 9 $\frac{1}{4}$. Bring: butt: 2 $\frac{1}{2}$ Sug: 1 t. . . 6 t. t: fra, & milk. . . 12,
 at 2 $\frac{1}{4}$ broil Pike fish, . . . 17 $\frac{1}{2}$ Sauce. . . 4,
 w: bread. . . 7 $\frac{1}{2}$, R: wine. . . 42,
 x twist 12 $\frac{1}{2}$ & 1 $\frac{1}{4}$, T: 7 $\frac{1}{2}$ als, 6 t. . . & R: wine, friding 16, 22,
 at 4 $\frac{1}{4}$. Sugar. . . 1, Coffe & milk. . . 18,
 Solids... 32 t. Liquids... 98 t.
 Rid Via, frobst Jude & N works, fr: 6 till 8 $\frac{1}{2}$, to bed at 9 $\frac{1}{2}$;
 Slept fr: 9 $\frac{1}{4}$ till 3; / water d, 51 t. /

W; ENE m. / Very fine / dry & fine, / W; NE m. /
 up at 5 $\frac{1}{4}$; W; NE m. / fine & V: / y: 22 May; at 6. (M)
 Rid, to Expendox p k t: fr: 6 $\frac{1}{4}$ till 8 $\frac{1}{4}$;
 at 8 $\frac{1}{4}$. Bring: 5 $\frac{1}{4}$, butter 2 $\frac{1}{4}$. . . 6 t. t: Beer, cold & ging. . . 18,
 at 1. w: bread. . . 3, Old hock. . . 14,
 at 2 $\frac{1}{4}$. fryd, Pops fish. . . 16 / 13, } R: wine. . . 26,
 broil Pike fish. . . 8, } twist 4 & 5. Old hock. 28,
 w: bread. . . 6, }
 at 5. . . bisquitz. . . 1, to
 Solids... 37 t. Liquids... 86 t.
 Not out Line, Morning; Slept on Chair, fr: 6 till 7; to
 bed, at 8; Slept fr: 8 $\frac{1}{4}$ till 2; & fr: 3 $\frac{1}{2}$ till 4 $\frac{1}{2}$;
 / water d, t. /
 W; NE m. / V: 7 Fine / Extra fine / W; NE m. /

up at 7; W; NE m: / Extr: Fine / yf: 23rd May; at 2 $\frac{1}{2}$. (P) at 3. (P) 7 (P)
 Walkd. to K. at 9 $\frac{1}{2}$ & 6 $\frac{1}{2}$ at 12 $\frac{1}{2}$;
 at 8 $\frac{3}{4}$. Pring 4 $\frac{1}{2}$, butt: $\frac{1}{2}$. Chees $\frac{1}{2}$ Sug: 1.. 6 $\frac{1}{2}$ t: green tea, & milk. 12.
 at 1. Dumpl: Solid & rice, 6, Cock broth, &c. 29,
 boild Cook. 8 $\frac{1}{2}$, } NT wine, 45,
 Cold Venison, 2 $\frac{1}{2}$, } twix 5 & 7 Coffee, 7,
 w: bread. 8, } fz: wine, 6,
 at 8 $\frac{1}{2}$. w: bread. 1 $\frac{1}{2}$. NT wine, 9.
 Solids. 33 t. Liquid. 108 t.
 Drove to J. T. Ottusper, at 4 $\frac{1}{2}$ at 8 $\frac{1}{4}$; To bed at 9 $\frac{1}{2}$,
 Slept fz: 10 till 3; Some w: Interruptedly, / waterd, 50 t: /
 / W; WNW m: / V: 7 fine / grey & dry / W; NW m: /
 up at 6 $\frac{1}{2}$; W; NW m: / gr: & dr: / yf: 24 May; at 6 $\frac{1}{2}$. (P) at 7.
 Rid. V: Defaut, &c: fz: Till, 8 $\frac{1}{4}$;
 at 9 $\frac{1}{2}$. Pring 4 $\frac{1}{2}$, butt: $\frac{1}{2}$, Chees $\frac{1}{2}$, Sug: 1 t. 6 $\frac{1}{2}$ t: t: tea, & milk. 12,
 twix 10 & 11. tastings of Old hock. 14,
 at 2 $\frac{1}{4}$. Roasted Lamb, 18, Spinage, 15,
 w: bread. 8 $\frac{1}{2}$, NT wine, 35,
 at 4 $\frac{1}{2}$. Sugar. 1, t: tea, & milk. 12,
 at 8. a loing, 4, twix 6 & 6 $\frac{1}{2}$ NTw: 14,
 Solids. 38 t. Liquid. 102 t.
 Not out since morning, Slept on Chair, fz: 6 $\frac{1}{2}$ till 7 $\frac{1}{2}$;
 To bed, at 9. Slept fz: 9 $\frac{1}{4}$ till 1 & 1 $\frac{1}{2}$ Interrupt. till 3, & fz: 4 $\frac{1}{2}$ till 6 $\frac{1}{2}$
 / waterd, 50 t: /
 / W; NW m: / V: dr & fine / V: 7 fine / W; NE m: /
 & NE.

up at 7½; W; NE m: / fine & V: / y: 25: May; 9¼. (M) pd: at 1½ (S) pd:
 Not out since yesterday morning;
 at 9¼. bringol, 2½, Sug: 2. 4½t: gr: tea, & milk. . . 22,
 at 1½. Sugar, & ginger. 1 . E beer, hott¹⁶ Can 2t: 18,
 at 2. fyed young turbut fish. . . 19 } Gr: wine, 33t: 3,
 a yolk. 1 }
 w: bread. 5 }

at 5. bread & butter, 2½. Sug: 1t: . . 3½. Coffee, & milk. . . 11.
 Solids. . . 34t: Liquids. . . 84t:

Not out since yesterday; to bed, at 8½, Slept fr: 8¼ till
 12; & Interruptedly till 3; / waterd, 62t: /

W; NE m: / V: & fine / Very Fine / W; E m: /

up at 5; W; E m: / V: Fine, / y: 26: May; at 5½. (M).
 Rid via Popperbirdel fr: 5¼ till 10; x twint 7 & 7½. Gr: 14.
 at 10½ bring: 4½, butt: ½. 5t: E beer, hott. . . . 18,
 ab: 1. rye bread. 2. Gr: wine. 16,
 at 2. Smoak'd, beef. 10. Spinage. 17,
 w: bread. 10. Gr: wine. 15,
 at 8½. two small figs. Old hock. 16,

ab: 4½. w: bread 3, butt: ½, Sug: ½. 5. green tea, & milk. . . 18,
 at 9¼. 2 figs! Solids. . . 32t: Liquids. . . 114t:

Not out since morning; Slept on Chair, fr: 5½ till 6½,
 to bed, at 8¼; Slept fr: 9 till 10, & Interruptedly till 3;
 / waterd, 42t: /

W; SE m: / Cloudy & dry / Rain, - / W; N m: /

up at 6 $\frac{1}{2}$; W; N m. / Rainy & gr. / yf: 27: May; at 5 (m) & fig Ted
 To k. in Coach at 9 $\frac{1}{4}$, b. a foot, at 1 $\frac{1}{2}$;
 ab: 7 $\frac{1}{2}$ w: bread, 5 t: butt: 1, Sug: 1 $\frac{1}{2}$. 7 $\frac{1}{2}$ t: . gr: tea, & milk. 16,
 at 12 $\frac{1}{4}$ w: bread. 1, Lemon peel wine. 10.
 at 12 $\frac{1}{4}$. dumpl: Solid. 6, beef broth, & . . . 22.
 Buttock = beef boils, Lay boils. . . 14, } Gr: wine. . . . 22.
 w: bread. 7 $\frac{1}{2}$ } D: wine, ab: 3 $\frac{1}{2}$. 26.

Solids. . . 36 t. Liquids. . . 96 t.

Walked, on ramp: fr: 3 $\frac{1}{2}$ till 6; Slept on, Couch fr: 6 $\frac{1}{4}$
 till 7; to bed, at 8, Slept a little, interrupted, fr: 8 $\frac{1}{4}$ till 3 $\frac{1}{2}$;
 /Water d, 64 t: /

/W; NW fr: / dry & fine, / dry & fine / W; W m: /

up at 6; W; W m: / dry & fine, / yf: 28 May; at 5 $\frac{1}{2}$. (N) & mxt:
 Rid, Via N Mills fr: 6 $\frac{1}{2}$ till 7 $\frac{3}{4}$;

ab: 9: w: bread, 6, butt: $\frac{1}{2}$, Sug: 1 t: . 7 $\frac{1}{2}$ t: . t: tea, & milk. 12,
 ab: 5: P: beer. . . 20,
 & ab: 1 $\frac{1}{2}$. Old hock. 16,

at 2 $\frac{1}{4}$. roasted Lamb, 14 $\frac{1}{2}$, . asparagus. . . 14.
 w: bread. 11, . Gr: wine. . . . 36.

at 4 $\frac{1}{2}$. Sugar. 1, . green tea, & milk. 12.

Solids. . . 34 t. Liquids. . . 110 t.

Not out since, Noone; to bed at 8 $\frac{1}{2}$; Slept Somew. In,
 & interruptedly fr: 8 $\frac{1}{4}$ till 3; /Water d, 52 t: /

/W; NW m: / Rain, & Various / V: & dr: / W; W, S W m: /

up at 6 $\frac{1}{4}$; W; WSW m: / V: & Dr: / y: 29: May; ab: 4. (M) at 7. (L)

Rid V: Grosstford, fr: $7\frac{1}{4}$ till $9\frac{1}{4}$;
at $8\frac{1}{2}$. on horse, back. Alt: E beer, scots. . 14.
at $9\frac{1}{2}$. w: bread $5\frac{1}{2}$, butt: 1, Sug: $1\frac{1}{2}$. St: 6: tea, & milk. . . 16.
at $2\frac{1}{4}$. Buttock beef. 7. beef broth. . . . 26.
Smoked beef. $5\frac{1}{2}$. Champagne wine, 36.
w: bread. $12\frac{1}{2}$. Stew at 7 & 8. NT wine, 14.
ab: 6. Sugar. 1. green tea, & milk. 12.
Solids. 34^l Liquids. 11st

Not out since Morning; to bed, at 9, Slept a little Interz,
interruptedly fr: $9\frac{1}{4}$ till 3; / waterd, 65 t: /

/W; WNW fr: / Various & fine, / Various & dr: / W; WSW fr: /

up at 6; W; WSW h: / V: & Dr: / y: 30th May; at $4\frac{1}{2}$ (M) at 6. (P).
Walkd, on ramp: fr: $6\frac{1}{2}$ till 8; to h: in Coach, at $9\frac{1}{4}$; & b: at $12\frac{1}{2}$;
at $8\frac{1}{2}$. w: br: 6, butt: $1\frac{1}{4}$; Sug: $1\frac{1}{4}$. $8\frac{1}{2}$ t: green tea & milk. . 18,
ab: 1. Smoked beef. $4\frac{1}{2}$
roasted Lamb. $9\frac{1}{2}$. gravy or water. . . . 5,
w: bread. 6. NT wine. 45,
ab: 3. Sugar. 1. Coffee & milk. . . 12.
Solids. 30^l Liquids. 89^t

Drove in Coach, twixt 4 & $7\frac{1}{2}$, ab: $1\frac{1}{2}$ hour, to Green
& c:; to bed, at 9; Slept fr: $9\frac{1}{4}$ till $3\frac{1}{2}$; / Waterd, 56 t: /

/W; WSW fr: / Various & cold / gr: & rain, / W; WNW m: /

up at 6 $\frac{1}{2}$; W; WNW m: / Rain, / y: 31^t May; at 4 (must: at 7. P).
 Walk'd to Vidally garden & b^k fr: 11 till 12;
 ab: 8. Tring 4 $\frac{3}{4}$, butt 4, chees 2, aug. 11^t. 7^t. 6^t: tea, & milk: . . . 12,
 ab: 5 $\frac{1}{4}$. w: bread. . . . 1. NT. wine. . . . 14.
 at 2. boiled Young Sturgeon. . . . 14. } D. wine. . . . 28,
 Smoked, beef. . . . 4. } ab: 8. Champ. . . . 20.
 w: bread. . . . 9. }
 at 4 $\frac{1}{2}$. Sugar. . . . 1. Coffee & milk. . . . 12.
 ab: 5 $\frac{1}{2}$. Bisquits. . . . 2. NT. wine. . . . 22.
 Solids. . . . 38^t x Liquids. . . . 108^t

Rid, Via, Frosty fide & fr: 6 till 7 $\frac{1}{2}$, To bed at 9 $\frac{3}{4}$.
 Slept fr: 10 till 5 $\frac{1}{2}$, Excess in Wine! / waterd, 69^t: / & Latin.
 / W; NW m: / grey & dry / Very Fine / W; SSE fr: /
 up at 7 $\frac{1}{2}$; W; SSE fr: / V: 7 Fine / y: 1: June; ab: 9. (M).

at 7. in bed, Sugar. . . . 1 $\frac{1}{2}$ ^t: green tea & milk. 17.
 Not abroad all day; Eat, nor drank nothing since the
 Tea at 7 in bed; To bed, at 7 $\frac{1}{2}$; Slept some^t. Interrup.
 tedly, fr: 8 till 1, & fr: 5 till 5 $\frac{1}{2}$; / waterd, 49^t: /

/ W; ESE fr: / V: ^{very} fine all day / V: dr: & fine / W; E^{ly} fr: /

Tasted, 38 hours, as above!

up at 6; W. E. m. $\frac{1}{2}$ & fine; $\frac{1}{2}$ 2: June; at 1 $\frac{1}{2}$ m. & $\frac{1}{2}$
Not out since 31st May;

at S. Spring 4½, butt ½, Sug^r 1 lb. 6 lb. green tea & milk . . 12.
ab: 9. 84 hock. . . . 14.

at 2 $\frac{1}{4}$. Young Sturgeon Boiled. . 12 $\frac{1}{2}$ N-Twins 5,
 Corned beef 3 $\frac{1}{2}$ lbs. Smoked beef 2. . 5, } Old hock 20
 w^t bread, 7 $\frac{1}{2}$ } ab^t 4.. 84 hock. . 16.

Solids... 31t. Liquids... 76t.

Not abroad since, 31st May; Slept on Couch, fr:
6 $\frac{1}{4}$ till 7 $\frac{1}{2}$, to bed at 8 $\frac{1}{2}$, Slept a little, Interruptedly;
fr: 8 $\frac{1}{4}$ till 3 $\frac{1}{4}$ & fr: 4 $\frac{1}{2}$ till 5; 1 Waterd, 50 t: 1

W; NW m: / V^a & dry / dry & fine, W; E m: /

up at 6; W; E. ⁴m. / Dr: V^a & fine / y: 3: June; ab: 6. (P&) met
Walked on ramp: fr: 6½ till 8; in Coach 1 hour, & rid on ramp: 1¼ ho
ab: 9. Pringel, 4 bott: ½ Sug: 1½. . . 6 t.: green tea & milk. 2, 3.
2 NT June . . . 7.

	at 2. N. wine,	1.
at 2 1/4 Dumps: Solids,	4	4
	Lock Broth,	28.
	12 1/2 1/2 1/2	32

wt. Lay Boils Cook	13,	} Gr: wings	30.
wt. bread	5		Food Mamsey
	1	wt. milk	12.

W: Bread	1	gr: tea, & milk	12,
at 5.. Sugar	1	gr: Old Rock	36,
twist 8 & 8 1/2	1		
Solids	29	Liquids	142

Drove in Coach to N. mill, & 6^h, fr: 6 till 8; to bed
at 8 $\frac{1}{2}$, Slept, fr: 8 $\frac{3}{4}$ till 2 $\frac{1}{2}$; / Waterd, 63^l:/

W; SE m^o / Rain / grey V^a & dry / W; SW f: /
Excess in Liquids.

up at 6 $\frac{1}{2}$; W; S W fz: / V: & dz / y: 4: $\frac{1}{2}$ June; at 4. (P).
 Not out before dinner;
 at 8 $\frac{1}{4}$. Pring: 4, butt: $\frac{1}{2}$, Sug: $\frac{1}{2}$. 5t: 6: tea & milk . . . 8,
 at 2 $\frac{1}{2}$. fryd. Sole = fish. 20 } NH. wine . . . 28.
 fryd. Pope-fish. 4 } twist 6 & 7 $\frac{1}{2}$ 14.
 w: bread. 6 } N-Twine. . . . 8.
 ab: 5. Sugar. 1 } Coffee & milk . . . 18.
 Solids. 36t: Liquids. . . . 76t:

Not abroad, all day; to bed, at 6 $\frac{1}{2}$, Slept fr: 7 $\frac{1}{4}$ till 11 $\frac{1}{2}$,
 fr: 1 $\frac{1}{2}$ till 4;
 /waterd, 63 t:/

/W; NE m: / grey & dry, / over-cast / W; ENE m: /
 up at 6; W; E m: / over-cast / y: 5: June; No O. (2)
 Aid, Via Expensdorp fr: 6 $\frac{3}{4}$ till 9: & rid, V: N mill fr: 12 $\frac{1}{2}$ till
 at 9 $\frac{1}{2}$. Pring, 4t: butt: $\frac{1}{2}$, Sug: $\frac{1}{2}$. 6t: green tea & milk . . . 18,
 ab: 12. w: dry & bread. 2 $\frac{1}{2}$, N-T wine. . . . 14.
 at 2 $\frac{1}{4}$. Calves head. 15, Spinage. 10,
 Smoak'd beef 2, } Gr: wine. . . . 34.
 w: bread. 5, } Lard & Pring. . . . 5.
 at 4 $\frac{1}{2}$. Sugar. 1 $\frac{1}{2}$, Coffee & milk . . . 11.
 twist, 6 $\frac{1}{2}$ & 7. bisquit. 1 $\frac{1}{2}$, N-T 14 hock 6t: . 20.
 Solids. 33t: Liquids. . . . 112t:

Not out a line, dinner, Slept on Couch, fr: 5 till 6, to
 bed, at 8 $\frac{3}{4}$, Slept a little, Interruptedly, fr: 9 till 3;
 No Oall, day;
 /waterd, 46 t:/

/W; NW m: / dry & fine, / Extra fine / W; ENE m: /

up at 6; W; E m: / N: 1 Fine, / y: 6: June; at 4½ (m:) at 6½. (P).
 Walkd on ramp: fr: 6½ till 8. to k: in Coach, b: at 1;
 at 8½. Bring 4, butt: ½, Sug: ½. . . . 6 lb: green tea & milk. . . 1,
 at 1¼. plumb pud: Solids. . . . 6, y humidity. . . . 3,
 Roasted Leg of Mutton. . . . 14, gravey. . . . 2,
 w: bread. . . . 6, ^{but} Spring, cold. . . 10,
 3, R: wine. . . . 36,

Solids. . . . 32 lb: Liquids. . . 68 lb:

Not abroad, Since dinner; Slept on Chair, & Couch, fr: 4½
 till 6; to bed, at 8; Slept, freq: 7 Interruptions, fr: 8½ till 2¼;
 1 waterd, 51 lb: /
 W; NW m: / V: & dry / grey & dry / W; NW m: /

up at 7; W; NW m: / Dr: gr: & V: / y: 7: June; at 3 (m:) at 7. (P).
 Walkd, to k: & b: at 11½, & on ramp: fr: 12 till 1;
 at 8½, Bring: 4, butt: ½, Sug: ½. . . . 6 lb: gr: tea & milk. . . 18,
 at 12. rye bread. . . . 1½, Old hock. . . . 20,
 ab: 1. plain bread pud: Solids. . . . 5½, y humidity. . . . 6,
 Roasted Puff. . . . 12½, toporagus. . . 13,
 w: bread. . . . 5½, Old hock. . . 33,
 Old mamsij. . . . 6,
 at 3½. Sugar. . . . 1, Coffee & milk. . . 12,
 12½, R wine 28,

Solids. . . . 32 lb: Liquids. . . 136 lb:

Not abroad, Since dinner, Slept on Chair, fr: 4 till 5; to
 bed, at 8, Slept fr: 8½ till 12 & till 1, & fr: 4 till 5 & till 6;
 1 waterd, 61 lb: /

W; SW m: / V: & dry / Extra Fine / W; E m: /

up at 8; W; ESE m: / Ext: fine / y: 8: June; at 3. Flac: ab: 1 mo:
 Not out before Noone;
 at 9. Pring 4, butt: $\frac{1}{2}$, Sug: $1\frac{1}{2}$... 6t: 6: Tea & milk ... 18,
 at 2. Py = crust, Solids ... 8, humidity ... 6,
 a Pidgeon, out of Py ... 9, broth out of Py ... 4,
 Mutton ... 1, G: wine ... 35,
 at $4\frac{1}{2}$. Sugar ... 1, green tea & milk ... 11,
 Solids ... 25t Liquids ... 74t

Not out all day; to bed at 8. NB. Slept much, interruptedly fr:
 10 $\frac{1}{2}$ till 2 $\frac{1}{2}$;

* Thund: & Lightning. at 3. P & Lime. / Waterd 50t: 7
 / W: SW m: / grey & Lowry / grey & Lowry / W: W. m: /
 much Rain. Thund: & Lightning X.

up at 6. W; W m: / dr: & Lowry / y: 9: June; No O.
 Rid Via, Corb, ofudn fr: $12\frac{1}{4}$ till $1\frac{1}{2}$;
 at 8. Pring 4, butt: $\frac{3}{4}$, Sug: $\frac{3}{4}$... 6t: green tea & milk ... 12,
 X Wind 7 & 8. bis quitz ... 2, at 1. All: E beer ... 10,
 at $2\frac{1}{4}$. roasted Mutton hash ... 12 $\frac{1}{2}$ gravy, or water ... 6,
 baked Pidgeon ... 3, N: Wine ... 32,
 w: bread ... 8 $\frac{1}{2}$, ab: 6: E beer ... 12,
 X Solids ... 32t / Thwint 7 & 8. old hock 35.
 Liquids ... 107t

Walked to n mill & 6 $\frac{1}{2}$ fr: $3\frac{1}{4}$ till $5\frac{1}{2}$; to bed at 9; Slept from
 9 $\frac{1}{4}$ till $2\frac{3}{4}$; No O. / Waterd. 47t: /

/ W; WSW m: / V: & fine / V: & fine / W; WSW Storms
 Too much Wine

up at 7; W; WSW Storms; V: & fine; 1/2: June; ab: 4. (P.) 1/2.
 Drove in Coach fr: 8 1/2 till 9 1/2; at 12 1/2. P. at 8 1/2 P.
 at 8. Bring 4, butt: 1/2, Sug: 1 t. . . 5 1/2 t. green tea & milk. 22,
 at 2 1/4. Boiled Cock . . . 7 1/2. foul broth, Saffron, 26.
 roasted Puff 6 1/2. R: wine. 33,
 w: bread 5 1/2. Old Mamssey wine, 7.
 ab: 6. Sugar 4 green tea & milk: 6,
 Solids . . . 25 t. Liquids . . . 94 t.

Walked on Streets, to See of Dan: King fr: 4 till 5 1/2;
 to bed, at 8 1/2, Slept fr: 8 1/4 till 9 1/2 & till 12 1/2 & fr: 4 till 5 1/2;
 /Waterd, 58 t./

/W; SW fr: /V: & Cloudy /V: & dry; /W; SW Storms/

up at 8; W; SW Storms; V: & dr: /y/ 11 June; No O.
 Not out before, Noone; xtwixt 7 & 8. 84. Old hock, 36.
 at 6 1/2. in bed, Sugar 2 t. green tea & milk. 22,
 at 9 1/2. Bring 4 1/2, butt: 1/2, Sug: 1. . . 6, Coffee & milk. . . . 12,
 at 1 1/4. w: bread 1 1/2, Pygelly Soup. . . . 10,
 Mutton, out of Pye 10, R: wine. 33,
 roasted, hars 3 1/2. Old dry Madeira, . . 7,
 w: bread. 6 t; Pye crust 2 1/2 Sol: 8 1/2. y humidity of frust 2,
 at 4 1/2. Sugar 1/2. gr. tea & milk. . . 12,
 Solids . . . 32 t. x Liquids . . . 134 t.

Not abroad all day; to bed, at 8 1/2, Slept fr: 8 1/4 till 1 1/2 & fr: 3 1/2 till
 4 1/2; No O. /Waterd, 66 t./

/W; WSW fr: /Rain & V: /grey & dry /W; WSW m: /

up at 7½; W; Wm: / V: & dry / y: 12: June; at 6. (P & M) till 2.
 Rid. Via. G. & S. f. 8 till 9½; & walk to Dike & b: f. 11½
 at 9¾. Pring: 4½ butt: 1t. Sug: 1¼. . . . 6½ t. b: tea, & milk. . . . 18.
 at 7½. . . a Fig. 4 ab: 1½ E. beer. . . . 8.
 at 2¼ rye, bread 2t. Sug: ½. . . . 2½, { D: beer. . . . 8.
 fryd, Calves feet w: th Curans. . . 22½ turnips & y. topps. . . 13.
 w: bread. 5½. { N-T wine. . . . 10.
 { CR: wine. . . . 33.

Solids . . . 37t. Liquids . . . 98t.

Not abroad Since dinner, Slept on Couch, f: 6½ till 7½,
 to bed at 8½, Slept some w: Interrupt: f: 8¾ till 2¼,
 / Waterd 45t: /

W; S Wm: / Cloudy & dr: / Very fine, ~ W; S Wm: /

up at 6; W; S Wm: / V: & fine / y: 13: June; at 4. (S) p: & furrans
 Rid. Via. G. & S. f. 6½ till 8;
 ab: 9. Pring: 4½, butt: ½, Sug: 1t. . . . 6t. b: tea, & milk. . . 12.
 at 12½. . w: bread. 2, N-T wine. . . . 12.
 at 1. Veal, Cuttleth. 13, gravy or water. 4.
 roasted hare. 5, Turnip topps. . . 9,
 w: bread. 4, Old Rock. . . . 41,
 at 8. rye, b: 1½ bis, 1t. Sug: 1½. . . 4, E beer 27, Mas: 5. 32.

Solids . . . 34t. Liquids . . 110t.

Not out Since Morning, Slept on Couch, f: 4 till
 7; to bed at 8¾, Slept f: 9 till 12; & Interruptedly f:
 2½ till 4;
 / Waterd, 58t: /

W; W S Wm: / Rainy & th: / Rain W; W S Wm:
 Sweated much, f: 3 till 5 in bed

up at 6; W; WS Wm: / Rain, & th: / y: 14: June; at 6. (SM)
 Walked on ramparts: fr: 8 $\frac{1}{2}$ till 9 $\frac{1}{2}$; & Rid, & walked, fr: 11 $\frac{1}{2}$ till 1 $\frac{1}{2}$,
 at 6 $\frac{1}{2}$. Sugar. 1 t. green tea, & milk. . . 18,
 at 9 $\frac{1}{2}$ bring 4, butt: $\frac{1}{2}$, Sug: 1 t. . . 5 $\frac{1}{2}$, b: tea, & milk. . . 12,
 at 12 $\frac{1}{4}$ E. Alt: beer, circa, . . 12,

ab: 1 $\frac{1}{4}$. w: bread. 1 N. H. wine. 12,
 at 2 $\frac{1}{4}$. Veal Cutlets 13, young turnips & topps. . 13,
 Smoked beef. 2, gravey or water. 3,
 w: bread 4 t, bisquits 1 $\frac{1}{2}$ 2 $\frac{1}{2}$ O. D. hook. 36,
 at 8 $\frac{1}{2}$. 2 Figs Solids. 28 t. Liquids. . . 106 t.

Not out since dinner; Slept on Couch, fr: 5 till 6 $\frac{1}{2}$, to
 bed, at 8 $\frac{1}{2}$, Slept fr: 9 till 12, & Interruptedly. fr: 2 till 4;
 Sweated in bed. 1 Waterd 56 t. /

/ W; SW m: / V: & Rain, Rain, Thund: & / W; Wm: /
 Lightning

up ab: 7; W; Wm: / V: & dry / y: 15: June; at 4 $\frac{1}{2}$. (MS) & figs
 Not out before dinner; at 10. (MS) & d: . .

at 12 $\frac{1}{2}$. in bed. t: E. beer. 14,
 ab: 9 $\frac{1}{2}$. bring 4 $\frac{1}{2}$, butt: $\frac{3}{4}$, Sug: 4. 5 $\frac{1}{2}$, b: tea, & milk. . . 6,
 at 2 $\frac{1}{4}$. dumplings Solids. 5 $\frac{1}{2}$, beef broth. 29,
 boiled beef 9, young turnips & tops 12,
 w: bread 6, Sw: Mad: wine. . . 7,
 dry bisquits. 1, R: wine. 28,
 ab: 4 $\frac{1}{2}$. Sugar. 1, gr: tea & milk. . . 12,

Solids. 20 t. { 28 t. } Liquids. 122 { 108 t. }
 ab: 6 $\frac{1}{2}$. bisquits. 1, R: wine. 14

Rid Via footstuds fr: 6 $\frac{1}{2}$ till 8; to bed, at 9, Slept fr: 9 $\frac{1}{4}$,
 till 1 $\frac{1}{4}$, & fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$; 1 Waterd, 48 t. /

/ W; NE m: / Extra fine / Very fine / W; E. fr: /

up at 6; W; SE fr: 1/17 fine, 1 y: 16: June, at 6. (F) pd:
 Rid, Via, Sterv. & Chantz de: fr: 12 till 1 3/4;
 ab: 7. ry, bread, 2, bisq: 2, hony 1t: 3 1/2 t: E beer, hott. . . . 16,
 at 9 1/2. Pring 4 1/2, butt: 2, Sug: 2. 6 y. green tea & milk. . . 12,
 at 2 1/4. broil, grass Pike, fish. . . 11 y. young turnips & topps. 8,
 fryd, Pope, fish. . . 4 y. NT wine. . . 12,
 to: bread. . . 5 1/2 y. R: wine. . . 16,
 ab: 5. Sugar. . . 1 y. Coffee, nomk. . . 11,
 Solids. . . 31t: Liquids. . . 82t:
 Not out since dinner; to bed at 8, Slept fr: 8 1/2 till 9 1/2,
 & Interruptedly, fr: 10 till 2 1/2; 1 waterd, 54 t: /

/W; ENE m: / Very Fine / grey & dry, / W; NW m: /
 up at 5; W; NW m: / over: cast / y: 17: June; at 4. (L):
 Rid, fr: home, to n: fr: 6 3/4 till 7 1/4; & b: fr: 10 3/4 till 11 1/4;
 ab: 8 1/2, Pring 4 3/4, butter 3/4, Sage. . . 5 1/2 t: Lrry: Att: beer. . . 18,
 at 2 1/4 plum p: Solids. . . 7 1/2 y. humidity & raising. . . 5,
 Veal Cutlett. . . 9 y. gravey or water. . . 4,
 to: bread. . . 4 y. R: wine. . . 35,
 New Broyer Pickle, herring. . . 4 y. twint 4 & 7. Old hook. 42,
 ab: 7. bisquitz. . . 2 y.
 Solids. . . 32t: Liquids. . . 104t:
 Not out since dinner; to bed at 9 1/2, Slept fr: 9 1/4 till
 5 1/2 & fr: 4 1/2 till 5 1/2; 1 waterd 49 t: /
 W; NE m: / hasey & dry / dry & V: 1 W; W by Sm: /
 I think y: Pickled, herring occasions much, turne, to

up at 7½; W; Wm: / V: & Dr: / y: 18: June; at 6½. (N: at 9 P)

Not abroad before dinner;

at 7 in bed, Sugar 1½ t. green tea & milk . . . 18

at 9¼ bring 4½ butt ½. Sugar 1½ . . . 6½, gr: tea & milk . . . 18

at 2. plum pud: Solids . . . 4½, y humidity &c . . . 4

Veal Cutlett 14, gravy or water . . . 4

w: bread 3½, R: wine 36

at 5. Sugar 1, green tea & milk . . . 12

Solids . . . 31 t. Liquids . . . 92 t.

Not abroad all day; to bed, at 8½; Slept fr: 9 till 11, & fr: 12½ till

2½, & fr: 4½ till 5½; / water d, 53 t. /

W; NE m: / Very Fine / grey, V: & fine / W; NE fr: /

up at 7; W, NE fr: / V: & fine / y: 19: June; at 7¼. (F)

Not out since, y: 17: . . .

ab: 8½, bring 4½ butt ½, Sugar 1 t. . . 6 t. green tea & milk . . . 12

at 2. fry'd Calves feet 9, Sauce & currans . . . 4

Eel pye. Tay y Reels 7, turnips & y topps . . . 6

Pye = crust, y Solids 6, y humidity . . . 4

w: bread 2, broth out y Pye . . . 4

Bisquits 2, N.T. wine 8

Old hock 35

Tw: Madeira 5

Twine 4½ & 6 30

Solids . . . 32 t. Liquids . . . 108 t.

Not abroad since, y: 17; Slept on Couch, fr: 6¼ till 8½, to

bed, at 10. Slept till 2, & dozed a little afterwards; / water d, 48 t. /

/ W; ENE fr: / grey & dry / Very Fine / W; E m: /

up at 7½, W; E m: / Extr. fine, / y: 20 June; at 6 (Flad.) & pd.

Not abroad before dinner;
at 9. Bring 4, butt ½, Sug: 1½ . . . 6 t. green tea, & milk 23,
at 1¼ Roasted Lambs . . . 15, Turnips & tops . . . 13,
w: bread . . . 7, R: wine . . . 37,
twist 3 & 4½. Old hock 13.
at 4¼. Sugar . . . 1, gr: tea, & milk . . . 12.
Solids . . . 29 t. Liquids . . . 98 t.

Rid, Via Frederic, Sarubri, mounted bed & City, town, follow.
fr: 5 till 9; to bed, at 9¼, Slept fr: 10¼ till 11, & fr: 2½ till 3 &
fr: 4 till 5½;
/ Waterd, 61 t: 7

/ W; E ¼ m: / various & dry / Cloudy & dry / W; S W fr: /
fr: 11 till 3 in y Night, much Lightn: Thund: & Rain

up at 7½; W; S W fr: / V: & dry / y: 21 June; no O.

Rid, Via, Throughput, &c: fr: 8 till 9½;
at 9¼. Bring 4½, butt ½, Sug: 1 t. . . 6 t. gr: tea, & milk . . . 12,
at 2. pyg = crust Solids . . . 6½, y humidity . . . 5,
El, fish, out y Pyz . . . 9, } Old hock . . . 55,
Roasted Lambs . . . 9, } ab: 8: Old. Luch, fr: 28.
w: bread . . . 3, } Liquids . . . 100 t.
Solids . . . 34 t.

Not abroad since morning, Slept on Couch, fr: 5½ till 7½;
to bed, at 9, Slept fr: 9¼ till 1½, & Interruptly fr: 3 till 5;
No O. / Waterd, 38 t:

/ W; N W m: / Various & dr: / V: 7 Fine / W; N E m: /

up at 8½; W. E. N. m. / V. fine / y. 22: June; at 7. (N. Spd.)

Not out before dinner;

at 9½. Wine: 4, butt: ½, Sug: 2½. 7 t. green tea, & milk.	32
at 2¼. Sug: 1 t. bread 1 t. butt: ½. 2½. Prunes & raisins quail	24,
fyd Place, fish 13 t. & boils. 3 t. 16	N. Wine. 5,
w. bread. 2½.	G. wine. 35,
at 4½. Sugar. 1	Coffee, & milk. 12.
Solids. 29 t.	Liquids. 108 t.

Drove in Coach to N Mills & b. fr: 5¼ till 7½; to bed at 9,
Slept, or rather, Slumbered fr: 9½ till 10, & Slept Interruptedly
fr: 2½ till 5½; / water 64 t. /

W; N W m. / Very Fine, / Very Fine - / W; E S E m. /

up at 7; W; S E by E m. / V. fine / y. 23: June; ab: 7. (F. & S.)
Aid Via Grob. fr: 7½ till 9½;
ab: 10. Wine 3¼, butter ¼. 4½ t. O. Duff: ging: colo. 15,
at 1½. w. bread. 1, O. hock. 8,
at 2. plain bread pud: Solids. 7, humidity. 6,
Cold roasted Lamb, 12, O. hock. 36,
w. bread. 5½
at 4½. Sugar. 1, green tea, & milk. 11,
Solids. 31 t. Liquids. 76 t.

Not out since Morning, to bed at 8, Slept w. better y.
Last Night fr: 10 till 3½, tho' Somew: Interruptedly.
/ water 30 t. /

W; E m. / Very fine / Exceed: Fine / W; E m. /

up at 5; W; ESE m: / Extra Fine, / yf: 24: June; at 5. OF.

Rid fr: home, to N/bed fr: 5 $\frac{3}{4}$ till 7 $\frac{1}{2}$;
at 9 Tring 3 $\frac{3}{4}$, butt: 4, ry: 2, br: 2, Sug: 1 $\frac{1}{2}$. 8t: green tea & milk 18,
at 1. plain bread & Solids 5, y humidity 7,
Young fresh Salmon = fish, boild . . 15, asparagus 14,
w: bread 4, N.T. wine 33,
trout 5 $\frac{1}{2}$ & 6 $\frac{1}{2}$ biquits 2, Old hock 32,
Solids 34t: Liquids 104t:
Rid, to Schönsfeldt & b: fr: 7 till 9 $\frac{1}{4}$; to bed, at 10, Slept fr: 10 $\frac{1}{4}$ till
3 $\frac{1}{4}$, & fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$; / Water d, 53t: /

W; E by Nm / w: & dry / Thunder & Rain / W; E m: /

up at 7 $\frac{1}{4}$; W; E m: / Thund: rain & fine, / yf: 25: June; at 7 $\frac{1}{2}$. (No)
Rid, via, Glaustrug fr: 8 till 9 $\frac{1}{4}$;
at 9 $\frac{1}{4}$ Tring 3 $\frac{3}{4}$, ry: 2, br: 2, butt: 1 $\frac{1}{4}$ Sug: 1t: 7 $\frac{1}{2}$ t: green tea & milk 12,
at 1. w: bread 1, G: wine 6,
at 2. Py crust Solids 9, y humidity 7,
1 $\frac{1}{2}$ Pidgeon, out yf Py 11, juice 4, turnips 3t: 7,
G: wine 26,
trout 5 & 6. biquits 1 $\frac{1}{2}$, Old hock 32,
Solids 30t: Liquids 90t:
Rid, fr: N/bed home, fr: 6 $\frac{1}{2}$ till 8 $\frac{1}{4}$; to bed at 9 $\frac{1}{4}$,
Slept fr: 9 $\frac{1}{2}$ till 1 & till 2; / Water d, 36t: /

W; N m: / grey & dry / Dry & Fine / W; ENE m: /

up at 6; W; E N m. / Dr. & fine / y: 26^t June; at 5. (S)
 Walkd on Streets fr: 6 till 6³/₄; & rid to N. H. fr: 10 till 11²/₃;
 at 8. Pring 4, butt: ¹/₂, Sug: 1^t... 5¹/₂ t. green tea, & milk... 12,
 at 1. w: bread... 1, N.T. wing... 6,
 at 2¹/₄. plain bread pud: Solids... 5, Humidity... 7,
 DH. pickled Salmon, fish... 16, N.T. wing... 26,
 w: bread / Too many Liquids... 3¹/₂, ab: 5. i H. Porter, beer... 26,
 twixt 5¹/₂ & 6. ry, bread & big... 4, wine, & water, cod shal... 26,
 Solid... 35^t, ab: 6. Sw: ma... 8,
 Rid, w: Very H. fr: N. H. to D. fau... 19^t at 9¹/₂. Hand: Port: beer... 24,
 fr: 7 till 9¹/₄; to bed, at 9³/₄. Slept fr: 10 till 2 & Inter: Liquid... 144^t,
 fr: 4 till 5¹/₂; ab: 10¹/₂ forenoon gr: Rain, Thund: & lightn: Struck in Ham: & kindled at y: D. by y: all the; / waterd 64^t 1
 W; SW fr: / various & dry / various & dry & fine / W; SW & W fr: /

up at 8; W; W fr: / V. Dr. & fine / y: 27 June; at 6. (N)
 Rid to Lodoufuds & b. fr: 8¹/₄ till 9¹/₄;
 at 9¹/₄ Pring 6³/₄, butt: ¹/₂, Sug: 1^t... 5¹/₂ t. green tea, & milk... 18,
 at 2¹/₄. plumb Suit, Pud: Solids... 5, Humidity... 6,
 Roasted beef... 14¹/₂, G: wine... 36,
 w: bread... 6, Old hock... 16,
 Solid... 31^t, ab: 6. F. beer... 30,
 Liquid... 70 6^t
 Rid on y: hills & c. w: Dr. H fr: 6¹/₂ till
 8³/₄; to bed, at 9³/₄ Slept 7¹/₂ little, Interrupted by fr: 10 till 3¹/₂,
 / waterd 45^t:

W; N.W. / Very Fine / Very Fine / W; N.E. m. /

up at 6 $\frac{1}{2}$; W; N m. / Dr. & Fine / y: 28: June; at 4. (M) at 6. (P) at 7. (C) & m.
 rid, fr: n / s / h / home fr: 7 $\frac{1}{4}$ till 8 $\frac{3}{4}$, & b: fr: 11 till 12 $\frac{1}{2}$,
 at 9 $\frac{1}{2}$ Pring 4, bisq: 1. butter $\frac{3}{4}$ Sug: $\frac{3}{4}$... 6 $\frac{1}{2}$ t. gr: tea, & milk... 12.
 at 2 $\frac{1}{4}$ roasted Pidgeons... 10 } gravity... 4
 Cold Jay cold roasted beef... 5 } H. 26. wine... 22
 w: bread... 6 $\frac{1}{2}$ } R: wine... 34.

Slept on Chair fr 4 till 5 $\frac{1}{2}$ & on Couch fr: 6 till 7 $\frac{1}{2}$, rid,
 fr: n / s / h / home fr: 7 $\frac{3}{4}$ till 9 $\frac{1}{4}$, to bed at 10 $\frac{1}{4}$, Slept fr: 10 $\frac{1}{2}$
 till 2; & dozed fr: 5 $\frac{1}{2}$ till 6 $\frac{1}{2}$; / Waterd, 52 t: /

W; WNW; / Thund? Lightn. rain, hail, / V: & dry / W; W fr: 1.

up at 7 $\frac{3}{4}$, W; WNW fr: / V: & fine / y: 29: June; ab: 3. (P) much
 at 9 $\frac{1}{2}$ (P) d.

Not out before dinner;
 ab: 9 Pring: 4 $\frac{1}{2}$, butt: $\frac{1}{2}$. Sug: 1 t. 6 t. gr: tea, & milk... 18.
 at 2 $\frac{1}{4}$ Fry 8 Turbutts fish... 21 g. green peas... 12.
 w: bread... 4 $\frac{1}{2}$ Champagne wine... 28.
 at 5. bisquits... 1 g. Old hock... 14.
 ab: 5 $\frac{1}{2}$ bisquits... $\frac{1}{2}$ g. Old hock... 18.
 at 6 $\frac{1}{2}$ Sugar... 1 g. t: tea, & milk... 12.

Solids... 34 t. Liquids... 102 t.
 Not out since Yesterday; Slept on Chair fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$;
 to bed, at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{3}{4}$ till 1 $\frac{1}{2}$ & Slept & Thumb fr: 3 till 4;
 / Waterd, 55 t: /

W; NW m: / Various & fine / Grey & dry / W; WSW m: /

up at 6½, W; S W m: / Dr: & V: / y: 30: June; at 6. (N) a
 Rid fr: home, to N till fr: 7¼ till 9½, & rid fr: 12 till 1¼;
 at 9¼. Bring 4, butt: ¾, Sug: ¾. . . 5½ t: b: tea & milk. . . . 12,
 at 2½. Boild rice, pud: Solids. . . 5, y: humidity. . . . 5,
 Roasted beef hash. . . . 14, x: E beer. . . . 6,
 w: bread. . . . 4, N T wine. . . . 37,
 x: gravey. . . . 4,
 young green Pease. 18
 at 7½. bisquits. . . . 2½, Alt: E beer. . . . 6,
 N T wine. . . . 18,
 Solids. . . 31 t: Liquids. . . 106 t:

Walked to Doctruford & t: fr: 7¼ till 9½, to bed, at 10, Slept fr: 10¼,
 Leap till 3½, & fr: 6¼ till 7; / Waterd, 54 t: /

/W; S W m: / V: & dry / Various & dry / W; S W m: /

up at 7½, W; S W m: / V: & Dr: / y: 1 July; at 5 (S) p: d:
 Rid Via Oplong fr: 8¼ till 9½; & via Gloucest fr: 11 till 1;
 at 9¼. Bring 3½, butt: ¾, Sug: 1 t: . . . 5 t: b: tea & milk. . . . 12,
 at 1¼. Boild Salmon fish. . . . 15½, green pease. . . . 17,
 w: bread. . . . 3½, N T wine. . . . 35,
 at 4. . . Sugar. . . . 1, Coffee & milk. . . . 18,
 ab: 5. dry Madeira. . . . 6,
 ab: 8¼, bisq: 2½, ry: 3 t: Sug: 1½. 7, Alt: E beer 24. N T wine. . . 36,
 Solids. . . 32 t: Liquids. . . 124 t:

Drove on, Stoolwagon, & walked via Oplong & fr: 6½ till 8,
 to bed, at 10, Slept fr: 10¼ till - & till 3½;
 / Waterd, 56 t: /

/W; N W m: / dry & V: fine / dry & grey / W; N m: /

up at 4 1/2; W; NE m: / V: & Dr: / y: 2: July; at 4. (N) pd:
 Rid, fr: 7 1/2 till home, fr: 5 till 6 1/4; & 6 1/4 fr: 10 1/4 till 12;
 at 7 1/4. w: fr: 4, up 2, butt: 1, Sug: 1. St: bohea & tea & milk . . . 18,
 at 12 1/2. bohea rice, food: Solids . . . 6, y: humidity . . . 6,
 Roasted beef hash . . . 15, gravy & water . . . 8,
 w: bread . . . 3, R: wine . . . 36,
 x E beer, Alt: . . . 18,
 at 4. Sugar . . . 1, green tea & milk . . . 12.

Solids . . . 33t. Liquids . . . 98t.

Slept on Chair, fr: 3 till 4; Rid fr: 7 1/2 till home, fr: 6 till 7 1/2 to
 bed, at 8 1/2; Slept, fr: 8 1/4 till 1, & fr: 3 1/4 till 7; / Water d, 72 t: 7

/W; NW m: / Cold, gr: & Dr: / Very Fine / W; NW fr: 1

up at 8; W; NW m: / V: 7 fine / y: 3: July; at 8 1/4 (F) pd:

Not out before dinner;
 ab: 10 1/4 Pring 4, butt 3 3/4, Sug: 1/4 . . . 5 1/2 t: 6: tea & milk . . . 12,
 x at 10 Strawberries . . . 2,

at 2 1/4. Fry'd Sole fish . . . 20 1/2, Strawberries . . . 12,
 w: bread . . . 7, Sug: Mad. Wine . . . 5,

R: wine . . . 33.
 at 4. Old hock . . . 16.

at 7. Sugar . . . 1, gr: tea & milk . . . 12.

Solids . . . 34t. Liquids . . . 92t.

Slept on Couch, fr: 4 1/2 till 6; to bed, at 9, Slept fr: 9 1/4 till 12,
 & Interruptedly, fr: 12 1/2 till 3 1/2; / Water d, 62 t: 7

/W; NW m: / Dry all day / grey & dry / W; WNW m: /

up at 6½; W; Wm: / gr: & dr: / y 4: July; at 4½. (m): & Strawb: Needs
 Rid, fr: home to Nth & fr: 7¼ till 8¼;
 at 9¼ bring 4½, butt: ½, Sug: 1. . . . 6 t. to tea & milk. . . . 12
 at 1½ plain bread, pud: Solids. . . . 5 y. y humidity. . . . 7
 Roasted Leg of Mutton. . . . 15 y. Carrots. . . . 6
 w: bread. . . . 4 y. R: wine. . . . 33

at 5¼. Sugar. . . . 1 y. gr: tea & milk. . . . 12
 Solids. . . . 31 t. Liquids. . . . 76 t.
 Walk'd in y fields &c: fr: 3½ till 5½; to bed at 8½, Slept fr 8¼,
 Somew: Interruptedly, till ab: 2½; / Water d 50 t: /

/W; NWm: / Various & dry / Dry & Various / W; NWm: /

up at 6½; W; NWm: / V: fine / y 5: July; at 6½. (N)
 Rid, via, luff fr: 7½ till 9;
 at 9½ w: bread 4½, ry: 1½, butt: ½, Sug: 1. . . . 7½ t. to tea & milk. . . . 13
 at 1¼ plain bread pud: Solids. . . . 5 x y humidity. . . . 7
 x at 12½. Att: E. beer. . . . 26
 Boiled Salmon, fish, cold. . . . 24 y. oil & Lemon. . . . 4
 w: bread. . . . 7 y. N.T. wine. . . . 34

at 8½. Sugar. . . . 1 y. firat 4 & 5. Old hock. . . . 30
 Solids. . . . 44 t. x Liquids. . . . 126 t.
 Rid, fr: Nth & home fr: 5 till 6¼; to bed at 9½, Slept fr:
 9¼ till 3½; / Water d 76 t:

/W; NE & V: / grey & dry / Very fine / W; NE m: /

up at 7½; W; NE m: / Ext: Fine, / y: 6: July; at 4. (m: at 1. m: & time
 Not out before dinner;
 at 9. Bring 4¼, butt: ½, Jug: ¾. 5½ t: Coffee & milk . . . 12,
 at 1½. Eng Pickled herring . . . 3
 rye bread . . . 3 } Old hock . . . 38,
 Roasted Leg of Mutton . . . 9½ } Sweet Mad: wine, 6,
 w: bread . . . 4 }
 at 4½. Sugar . . . 1 . . . t: tea & milk . . . 12.
 Solids . . . 26t: Liquids . . . 68t:

Not a broad all day; Slept on Couch, fr: 6½ till 8, to
 bed, at 9½; Slept Interruptedly, fr: 10 till 3½; ~
 1 Water d, 65 t: /

/W; NE m: / Ext: Fine, / V: fine, / W; NE m: /
 up at 4; W; N m: / fine, V: & Dr: / y: 7 July; at 7. (S).
 Rid, fr: home, to N: fr: 7¼ till 8¼; & 6: fr: 10½ till 12¼;
 at 9¼ Bring 4t: butt: ½ t: . . . 4½ t: . . . t: E beer . . . 16t:
 at 1. rye bread . . . 2½. Old hock . . . 16,
 at 2. Roasted Leg of Mutton, cold. 14 . . . Old hock . . . 8,
 w: bread. 8t: Proquits 1t: . . . 9 . . . 84 hock . . . 31,
 at 6½ . . . Sugar . . . 1 . . . t: tea & milk . . . 12,
 Solids . . . 31t: Liquids . . . 83t:

Not out since dinner; Slept on Couch, fr: 5 till 6; to bed,
 at 7½, Slept Interruptedly fr: 7¼ till 12½, & fr: 4 till 5 & till 5½;
 1 Water d, 40 t: /

/W; NW m: / V: Dr: & fine, 1 over cast & Dr: / W; NW m: /

up at 7; W; NW m^o / gr: & dry / y / 8: July; at 7 $\frac{1}{4}$ (F) p^d:
 Walkd on ramp fr: 7 $\frac{3}{4}$ till 9 $\frac{1}{4}$;
 at 9 $\frac{1}{2}$; bring: 4 $\frac{1}{4}$, butt: $\frac{1}{2}$, Sug: $\frac{3}{4}$, 5 $\frac{1}{2}$ t: b: tea & milk - - - 18,
 at 2... roasted leg Mutton, cold... 17, 5. Cherry's... 1,
 w: bread 7 t: big 1 $\frac{1}{2}$ - - - 8 $\frac{1}{2}$, G: wine... 36,
 Strawberrys... 9,
 Solids... 31 t: Liquids... 64 t:

Not out since Morning; to bed, at 8; Slept inter,
 ruptedly fr: 8 $\frac{1}{4}$ till 3; / water d 7 t: /

W; N m^o / over-cast / Rain - - - 1 W; NE m^o /

up at 6 $\frac{1}{2}$; W; NE m^o / Rain, / y / 9: July; at 4. (F) p^d:
 Not out before dinner;
 at 9 $\frac{1}{4}$. w: bread, 4 $\frac{1}{2}$, ry, 1 t: butt: 1, Sug: 1 t: 7 $\frac{1}{2}$ t: b: tea & milk. 12,
 at 1... Strawberrys. 9 t: - - - , Tw: Mad: 10: 7. 16,
 at 2 $\frac{1}{2}$. 1 Eng: Pickled herring... 4 $\frac{1}{2}$. Young gr: beans 18,
 Roasted Leg Mutton, cold... 6 $\frac{1}{2}$, } Champain 10: 33,
 w: bread... 8 } x twist 5 & 6. Old h: - - -
 ab: 4... Cherry's 3 t: 2: Madeira, - - - , wine 3 t: ... 6,
 twist, 5 & 6... big 1 $\frac{1}{2}$... Old Rock... 34,
 Solids... 28 t: Liquids... 128 t:

Walkd to fresh fish see: fr: 6 $\frac{1}{4}$ till 9 $\frac{1}{4}$; to bed, at 10, Slept
 Interruptedly fr: 10 $\frac{1}{4}$ till 6; / water d, 64 t: /

W; NE m^o / V^a & dry / V^a & dry / W; E NE m^o /

up at 8; W. E. by N m.: / V. & dr.: / y: 10: July; at 8 $\frac{1}{4}$; (m)^t
 Not out before, dinner; x ab: 7. Old hock. . . 36,
 ab: 10. Bring 4 $\frac{1}{4}$ butt: $\frac{3}{4}$, Jug: 1 t. . 6 t. b: tea & milk. . . 12,
 at 2 $\frac{1}{4}$, fryd Young turbut, fish. . 21 $\frac{1}{2}$, Old hock: . . . 38,
 w: bread. 7 $\frac{1}{2}$, ab: 5. Old hock. . . 20,
 at 6 $\frac{1}{2}$. Sugar. 6 t. tea, & milk. . . 6,
 Solids. . . 35 t. x Liquids. 112 t.

Not abroad all day; Walked on ramp t & de: fr: 8 till 9 $\frac{1}{2}$,
 to bed, at 10, Slept Interrupt: fr: 10 $\frac{1}{4}$ till 3 $\frac{1}{2}$; 1 water 68 t. /
 / W; E N m.: / Rain, V. & dry / W. & dry / W; E N m.: /

up at 6; W; N E m.: / V. 7 Fine, y: 11 July; at 5. (S) p d:
 Rid fr: home, to N. Ad: fr: 6 $\frac{1}{4}$ till 8 $\frac{1}{2}$; & walked on, Strand, fr: 10 till 11.
 at 9 bring 4. ry, br: 4, butt: 1. Jug: $\frac{1}{2}$. 9 $\frac{1}{2}$ t. b: tea, & milk. . . . 6,
 at 1 $\frac{1}{4}$. w: bread 2 t. 2 beef broth. . . . 18,
 Roasted, Chickens. 14 $\frac{1}{2}$, Carrots. . . . 9,
 w: bread. 7 Old hock. . . . 33,
 Altona beer. . . . 6,
 Solids. . . 33 t. Old dry Mad: wine 5,
 Liquids. . . 77 t.

Slept on Chair, fr: 4 $\frac{1}{2}$ till 5 $\frac{1}{2}$; Walkd to London side & b: fr:
 8 till 9; to bed, at 9 $\frac{1}{4}$; Slept a little, Interruptedly fr: 9 $\frac{1}{2}$ till
 5;
 / Water d, 53 t. / %

/ W; N W m.: / Very Fine, / Foggy on y Elbe, / W; Calme

up at 7 $\frac{1}{2}$; W; NW calm; / Extr: fine / y: 12 $\frac{1}{2}$ July; at 7. (S).
 Rid. fr. N. to home, fr: 8 $\frac{1}{4}$ till 9 $\frac{1}{2}$, & to fr: 12 till 1;
 at 9 $\frac{1}{4}$. w: br: 3 $\frac{1}{4}$, rye 2, butt: $\frac{1}{4}$. . . 6 $\frac{1}{2}$ t. wheat 10 & 12. Alt. E. beer. . . 22,
 at 1 $\frac{1}{2}$. rye = crust Solids. 7 . . . y: humidity 7,
 Mutton, out of Pye. 14 $\frac{1}{2}$, Alt. Ships beer. 17,
 w: bread 2 $\frac{1}{2}$, H. 26. wine. 32,
 ab: 9. rye bread 5, G: wing 32,
 Solids. 35 t. Liquids. 110 t.
 Rid. fr: N. to home, fr: 6 till 7 $\frac{3}{4}$; to bed, at 10,
 Slept a little, Interruptedly fr: 10 $\frac{1}{4}$ till 3 $\frac{1}{2}$; / waterd, 63 t. /
 / W; NW m: / Dry & fine, / Extra fine / W; N m: /

up at 7; W; NW m: / Extra fine / y: 13: July; at 5 $\frac{1}{2}$ (S).
 Not out before dinner;
 at 9 $\frac{1}{2}$. w: bread 3, rye 1 $\frac{1}{4}$, butt: $\frac{1}{4}$, July 1. . . 6 $\frac{1}{2}$ t. t: tea & milk. . . 12,
 at 2 $\frac{1}{4}$. roasted leg of Mutton. . . 16, gravey 4,
 w: bread 8, O. hock. 36,
 at 5 $\frac{3}{4}$. Sugar. $\frac{1}{2}$, gr: tea & milk. . . 12,
 Solids. 31 t. Liquids. 64 t.
 Not abroad all day; To bed, at 9 $\frac{1}{4}$ Slept fr: 9 $\frac{1}{2}$ till 10 $\frac{1}{2}$,
 & Interruptedly, fr: 1 $\frac{1}{2}$ till 4 $\frac{1}{2}$; / waterd 48 t. /
 / W; NW m: / Very fine, / Extra fine, / W; NE m: /

up at 6½ W; N & NE m: / V. fine / 14 July; at 6½ (N) & S.
 Aid. fr: home, to h: l: fr: 7 till 8 3; & walk'd on hills fr: 11 till 1.
 at 9. w: br: 3½, rye 1½, butt: 1, Sug: 1. 7t: b: tea & milk. . . . 12,
 at 1. Old hock. . . . 10,
 at 1½. Pye = crust, Solids. . . . 6, y: humidity. . . . 4,
 Mutton, out of Pye. . . . 12, gravey jelly. . . . 6,
 w: bread. . . . 1½, Old hock. . . . 26.
 twist 4 & 5 Gr: wine, 30.
 twist 8½ & 9, bisquit 1, rye bread 2. 3 } July 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000.

W; N m: / Very fine / Very Fine / W; SE m: /
 up at 5½ W; Calm / Very fine / 15 July; at 5½ (N).
 Aid. fr: h: l: to Solur fr: 6½ till 9¼ & b: fr: 11 till 1½;
 at 9½ w: bread 4, butt: ½, rye 2, Sug: ½. 7t: Wedder beer, circa: 32,
 at 12. beer, but h: d. 8,
 at 2¼, bisquit 1½, rye 2, br: 2t: Sug: 1. 4½, Alt: E beer 26. NT 8: 34.
 roasted leg Mutton. . . . 15½ } NT wine. . . 36.
 w: bread. . . . 5 } Carrots. . . . 4.
 twist 5 & 6. wine & water. . . . Circa. . . . 8.
 at 9. bisquits. . . . 2 } Gr: wine. . . . 14,
 Solids. . . . 34t: Liquids. . . 136t:
 Aid. fr: h: l: home, fr: 6½ till 8¼, to bed, at 10¼ Slept
 fr: 10½ till 3½;
 I. H. Esq: Call'd in my absence.
 W; NE m: / Very Fine / Very Fine / NE m: /
 V. hot! I sweated y: greatest part of y: Day;

up at 7; W; E. N. m. / V. 7 Fine / y. 16. July; at 6. (S)

Not out before dinner;
at 5½. in bed, cold water 6,
at 9¼. w: bread, 3½, ry, 1¼, butt. ½, Sug. 1¼. 7½ t: gr: tea & milk. 30.
at 12. Black Cherries. 2 t: R: wine. 5 t: 7,
at 2. Leg of Mutton hash. 16, gravy. 5,
w: bread. 6½, R: wine. 12,
twixt 3 & 3½. bisquits. 1, D. hock. 28,
at 5½. Old hock. 14.

Solids. 31 t: Liquids. 102 t:
Not abroad all day; Slept on Chair, fr: 7 till 1½, to bed
at 9, Slept fr: 9¼ till 11½, & Very Interrupt. fr: 2 till 4½;
at 11½ (L) & Cherry Stones; / water, 39 t: /
/ W; NE. m. / Very Fine / Very Fine, / W; E. fr: /

up at 7¼; W; E. fr: V. 7 Fine / y. 17. July; twixt 1 & 7. 5. Oj & St.
Aid, Vig. Gorb. & Jud. fr: 7½ till 9; at 5½. in bed, gruel. 22.
at 9½. Ling. 4, butt. ½, Sug. 2 t: 6½ t: gr: tea & milk. 32,
at 1. bisquits 2, Sug. 1 t: , ging. 1 3, E. beer. 26. Tw: mad. 32,
at 2¼ Pancakes & bacon, fry, Solids. 13, humidity. 13,
w: bread. 2½, Old hock. 40,
twixt 6 & 8. E. beer. 25,
Solids. 25 t: Liquids. 164 t:

Drove in Coach to Mansfield Park fr: 4½ till 7½,
to bed, at 9, Slept fr: 9¼ till 1½, & V. 7. Inter. till 4¼;
/ water, 52 t: /

/ W; NE. m. / Extra Fine / V. 8 Fine / W; E. 4 m. /

up at 7½; W; E. 4 m. / V. 7 Fine, / y. 18: July; at 9½. (N) pd.
 To K. in Coach, at 9¼; b. at 12¼;
 at 8½. Prings: 4. butt. ½, Sug. 1½. . . 6 t. . 6: tea & milk. . . 32,
 at 12¼. w. bread. 2, Mutton, broth. . . 18,
 at 1. Roasted Chicken. 10½, green peas & farr. 13,
 boiled bacon. 3 Dry Madeira, wine, 7,
 x. Floated, much! 84. Old hock. . . 35.
 abt. 7. Bisquits 2 t. Sug. 1½, ging. 3½, Lard / string. . . 47,
 Solids. 25 t. Liquids. 142 t.
 x
 Slept on Chair & Couch 1½ hour, till 4½; Walked Via, Fort
 / to juv fr: 7 till 9; to bed, 9¾, Slept Interrupted fr: 10¼ till 3;
 watered, 45 t. /
 W; E. 4 m. / Thund? Rain, & dr. / Very fine, / W; E. m. /

up at 5½; W; E. m. / V. 7 Fine, / y. 19 July; at 3. (S) at 5. (L)
 Aid fr: home, to n. d. fr: 6¼ till 8;
 at 9. w. bread 5 t. butter 1 t. 6 t. Alt: E. beer. . . . 32,
 at 1¼. Pye = crusty / Solids. 7, Humidity. . . . 5,
 Mutton, out y Pye. 17, gravy out y Pye. . . 7,
 Alt: beer. 18,
 Old hock. 33,
 Old dry Madeira. . . 6.
 Twist, 5 & 6. 4. NH wine. . . . 14.
 at 8¼. Bisquits. 2, Alt: Ships beer. 25.
 Solids. 32 t. Liquids. 140 t.
 Drove on, Stool, waggon, over & hills &c. fr: 6 till 8; To
 bed, at 9¾, Slept fr: 10 till 3½; / Watered, 56 t. / ÷
 W; NE. m. / V. 7 Fine, / Very Fine, / W; NE fr. /

up at 7; W; ESE f: 1 fine, 1 y: 20: July; at 4 1/2. (S).

Rid Via, 072 long f: 7 1/2 till 9;
at 9 3/4. w: bread, 4 1/4, ry: 2, butt: 1 1/4. July: 16: 8 1/2 t: 6: tea, & milk... 18,
at 2 1/4, Veal, Cuttleth... 14 1/2, Carrots 4, Artich: 6: 10,
w: bread... 6 1/2, gravy... 4,
NH. wine... 42,

at 5. Sugar... 1 1/2, gr: tea, & milk... 18,
Solids... 31 t: Liquids... 92 t:

Rid Via, 10 f: 7 till 8 1/2, to bed, at 9 1/2, Slept w: frequent
Short & long Interruptions f: 10 till 5; / water d, 48 t: 7
NB Slept on Couch, f: 4 1/4 till 6;
W; ENE m: / very fine, V: & Dr: / ESE f: 1
up at 6 1/4; W; ESE f: 1 fine, V: & Dr: 1 y: 21: July; at 7. (M).

Rid Via, 10 f: 7 1/2 till 9;
at 9 3/4. w: 4, ry: 2, butt: 1. July: 1. 8 t: 6: tea, & milk... 18,
at 2. ry: 4, br: 4 1/2, bis: 1 1/2, July: 1 t: 8, Att: Ship's beer, 30, NH. 6, 36,
Pickled herring... 2, NH. wine... 13,
Veal, Cuttleth... 13, } twist 5 & 7, NH wine 10,
w: bread... 7 } at 8 1/2. Old hock... 8
Solids... 38 t: Liquids... 94 t:

Not abroad since Morning, to bed, at 9 1/2, Slept V
indifferent & interruptedly f: 10 till 1 & ditto f: 3 1/2 till 5,
/ water d, 52 t: /

W; E f: 1 hazy & dry, V: & Dr: 1 W; NE 1/2 f: 1
I believe yf sold Schaal, at dinner, & yf drinking twist 5
& 8 1/2. Occasioned my bad rest!

up at 6½; W; E SE fr: V: 7 Fine; / y: 22: July; at 2. (M)
 Rid, to Blue & Negro & b: fr: 7 till 8¼; ab: 12 Swim in Elbe
 at 9½. w: bread 4, butter 1, Sug: 1 lb. . . 6 lb: x b: tea & milk. . . 18.
 at 1¼. Boil Pike fish. 20½. x at 7. Cold Spring Wat: 8.
 Boil Small fish. 6, H. 26. wine. . . . 34.
 w: bread. 4½. Old Pigeon wine. . . 6.
 at 4. Sugar. 1, b: tea & milk. . . 12.

Solids. . . . 38 lb: Liquids. . . . 94 lb:

Rid fr: N. side, home, fr: 5 till 6¾; to bed at 9, / y: 23: July; at 7. (F) pd:
 fr: 9¼ till 11 & Interrupted by fr: 12 till 4½; / water d, 63 lb: /
 / W; W SW fr: / much, Rain, / V: & dry / W; W SW fr: /

up at 6; W; W SW fr: / V: & dr: / y: 23: July; at 7. (F) pd:
 Not abroad before dinner;
 at 8¼; bring 4½, butt: ½, Sug: 1 lb. 6 lb: green tea, & milk 18.
 at 2. roasted Chicken. 9½ gravy. . . . 4.
 Boil Pike = fish. 5, Gr: wine. . . . 35.
 w: bread. 8½, dr: Madeira. . . . 3.
 at 4½. Sugar. 1, gr: tea & milk. . . 12.
 Twint, 5½ & 6. biscuits. 1, Old hock. . . . 34.

Solids. . . . 31 lb: Liquids. . . . 106 lb:

Not abroad all day; Slept on Couch, fr: 7½ till 9; to bed at
 10¼ Slept fr: 10½ till 4; / water d, 52 lb: /
 / W; SW fr: / Rain, & Various / V: & dry / W; SW fr: /
 & S.

up at 6 $\frac{1}{4}$; W; S W m: / V: & dr: / y: 24: July; at 7 $\frac{1}{2}$. (MS).

Walk'd on ramp: fr: 7 till 9 $\frac{1}{4}$;
at 9 $\frac{1}{2}$. Pring: 4, butt: $\frac{1}{2}$, Jug: $\frac{1}{2}$. 6 t: gr: tea, & milk. . . 18,
at 2 $\frac{1}{4}$. roasted Chicken. . . 11 $\frac{1}{2}$, Carrots. . . 6,
fatt bacon. . . 1 $\frac{1}{2}$, Sweet Mad: wine 3,
broild Pike = fish. . . 6 $\frac{1}{2}$ Gr: wine. . . 29,
w: bread x ab: 7. bisquits. . . 6 $\frac{1}{2}$ x twist 6 $\frac{1}{2}$ & 7, PK 36,
at 5. Sugar. . . 1 gr: tea & milk. 12,
x Solids. . . 34 t: Liquids. 104 t:

Not out since Morning, walk'd to Vidal's gard: & b: fr:
7 $\frac{1}{2}$ till 9, to bed, at 9 $\frac{1}{2}$ Slept fr: 9 $\frac{3}{4}$ till 3; / waterd, 5 t: /

W; S S W m: / Rain, & gr: / grey & dry / W; W m: /
up at 6 $\frac{1}{4}$; W; W m: / dr: V: & Rain, / y: 25: July; at 4. (fled)

Walk'd on ramp: fr: 6 $\frac{1}{2}$ till 9;
at 9 $\frac{1}{4}$. w: br: 3 $\frac{3}{4}$, ry: 1, butt: $\frac{1}{2}$. Jug: 1. 6 $\frac{1}{2}$ t: b: tea, & milk. 19,
at 1. w: bread. . . 1 Mutton, broth. . . 20,
Roasted Leg of Mutton. . . 20. . . 84 hock. . . 35,
w: bread. . . 3 $\frac{1}{2}$.
at 5. Sugar. . . 1, green tea, & milk 12.
twist 6 $\frac{1}{2}$ & 7. bisquits. . . 2, 100 hock. . . 30,
Solids. . . 34 t: Liquids. . . 116 t:

Not out since Morning; to bed, at 9 $\frac{1}{2}$, Slept fr: 9 $\frac{3}{4}$
till 3; / Waterd, 6 t: /

/ W; W N W m: / V: & fine / over-cast / W;

up at 7, W; NW m / gr: & d: / y: 26: July; ab: 3 (LP) at 5. (P).
 Not out before, noone; at 10 1/2 (P) most water at 7. (P).
 at 9 1/2. bring 4 butt: 2, Sug: 14. 6 t: gr: tea & milk. . . . 18,
 at 2 1/2. fryd Sole: fish. . . . 15, R: wine. . . . 33,
 w: bread. . . . 4

Solids... 25 t: Liquids... 31 t:

Not out all day; Slept on Couch, fr: 5 till 6 1/2 & till 8,
 To bed, at 8 1/2, Slept, often, Interruptedly, fr: 8 3/4 till 3 1/2;
 /waterd, 56 t: /

/W; NW m: / Dry & Fine / V: 7 Line / W; NE m: 7

up at 7, W; NE m: / V: & fine / y: 27: July; at 5. (P) most.
 Not abroad Since, y: 25:; ab: 11. (P) & d:

at 7 1/2. thin water, gruel. . . . 18,
 at 9 1/2, bring 5 1/4 butt: 2, Sug: 1 1/2. 7 1/2 t: b: tea & milk. . . 24,
 at 2. roasted Mutton, hash. . . 14, gravy. . . . 4,
 w: bread. . . . 6, Old hock. . . . 35.

Solids... 27 t: Liquids... 81 t:

Not abroad Since, y: 25:; Slept on Couch, fr: 5,
 till 6; to bed, at 8, Slept fr: 8 1/2 till 10 1/2, & Interruptedly fr:
 1 till 3 1/2, & Interruptedly, fr: 6 till 7 1/2;
 /waterd, 48 t: /

/W; NE m: / over-cast / fine, V: & dry / W; N m: /

at 6. (P).
 As I had 8. O's purges fr: 10 1/2 this Night till 6 this
 Morning;

up at 8; W; N m°: / V° & Dr: / y: 28: July; ; 8. (P) This night.
 Not abroad since, y: 25th;
 ab: 9½ bring 4¾ butt: ¾ Aug: 1½. 7t°: gr: tea & milk. 30.
 ab: 1. bisquits. 1, N wine. . . . 7,
 w: Currans. 5,
 at 2. Roasted Leg of Mutton. . 8, } Gr: wine. . . . 14,
 w: bread. 4½ } Claret. . . . 6,

Solids. . . 21t° Liquids. . 62t°

Drove, in Coach, to n mill & b: fr: 4½ till 6¼,
 Slept on Chair, fr: 6½ till 7½; to bed, at 8; Slept
 Interruptedly fr: 8½ till 3; / Water d, 48 t° /

/W; N m°: / V° Dr: & fine / Dr: V° & fine / W; N W m°: /

up at 5½; W; N W m°: / V° & fine / y: 29 July; No O.

Rid Via n works, &c: fr: 6 till 8;
 at 8½, bisq: 3, Sugar 1t° 4t° { E beer. } hots } 18,
 twint 12½ & 1. E beer, 20t° Gr: wine } 8,
 ab: 2. Eggs 14t° butter 1. 15, } Gr: wine 10 t° . 30,
 w: bread. 6, } Old hock. . . 28,
 Solids. . . 25t° Liquids. . 84t°

Rid Via, Winterthur fr: 4½ till 7¾; to bed, at 8; Slept
 fr: 8¼ till 11½, & till 1 & fr: 3 till 6½; / Water d, 44 t°: /

/W; N W m°: / Various & Dr: / gr: & Dr: / W S W m°: /

Whilst Riding at 6½. (P)

up at 7½; W; WSW m. / gr. & dr. / y: 30: July; No O.
 Not out before dinner;
 at 2.. in bed, 2 Small figs. t:
 at 8½. Pringle 4¾, butt: ¾ Aug: 1 t. . . 6½, gr: tea & milk. . . 18.
 ab: 1. Dry Madeira 1 t. E beer, cold 17 t. . . 18.
 at 2.. plain bread pud: Solids. 6, y: humidity. . . 6.
 a Young Teal, Duck. 7, Clar: & wat: Sauce 8.
 w: bread. 3½, Clar: wine. . . 6.
 bisquits. 1, Old hock. . . 30.

Solids. . . 24 t. Liquids. . 86 t.
 Aid, Via Stenir, plenty, &c. fe: 5½ till 7½, to bed,
 at 9, Slept fe: 9¼ till 10½ & till 2; no O. / waterd, 36 t. /
 W; WSW m. / Rain, & thick / Rain, & gr: / W; WSW m.

up at 5½; W; W m. / V. & dr. / y: 31: July; at 5½. (S) & figs.
 Not abroad before dinner;
 at 6. Chicoré, gruel, or Tisan. warm. . . . 18.
 at 9¼ Pringle 4, butt: ½, Aug: 1 t. . . 5½, t: tea & milk. 12.
 at 2. Leg of Mutton, hashed. . . . 14½ green, kidney beans 14.
 w: bread. 6, gravy or water, . . 4.
 N.T. wing. . . 30.
 } at 7½. Chicoré, gruel. 18.

Solids. . . 26 t. Liquids. . 96 t.
 Not abroad all day; Slept on Chair, fe: 6 till 7,
 to bed, at 8½, Slept fe: 8¾ till 1½, & Interruptedly
 fe: 3½ till 5; / waterd, 46 t. /
 W; W m. / Rain, & thick / Rain, & V. / W; W storm

up at 6 $\frac{1}{2}$; W; W Storm, W. & Rain / 6^{mo}: Aug: at 6 $\frac{1}{2}$ (Spt):
Not abroad since 30th July.

at 6 $\frac{3}{4}$. Chicore, gruel or Pisan, warm. 20,
ab: 9. Prings 4 $\frac{3}{4}$, butt: 4 $\frac{3}{4}$ Sug: 1 $\frac{1}{2}$. 7t. green tea, & mth. 18,
at 1. w: bread. 5, beef broth. 10,
A Roasted Leveret. 10, gravy. 4,
Pudding out y belly of Pigs. 4, y humidity. 2,
w: bread. 4, Old hock. 36,

at 6 $\frac{3}{4}$. Chicore, Gruel or. Pisan, warm 18,
Solids. 30t: Liquids. 108t:

Not abroad since y 30. July; Slept on Chair fr:
5 till 6; to bed, at 8, Slept Somew: Interrupt: fr: 8 $\frac{1}{4}$ till 12 $\frac{1}{2}$
/Waterd, 46t: /

/W; WSWh: / V^a: & dry / dry & V^a: / W; SWh: /

up at 5; W; SWfr: / dry & V^a: / f: 2: Aug: at 5. (S).

Aid Via Nintex Grde fr: 1 till 1 $\frac{1}{2}$;
at 5 $\frac{1}{2}$. Chicore, gruel, alias Pisan, warm. 18,
ab: 8. w: bread, 5, butter 1 $\frac{1}{2}$ 6 $\frac{1}{2}$ t: Gravy. 4,
at 1 $\frac{3}{4}$. w: bread. 2, Old hock. 16,
at 2. Veal Cuttletts. 16 $\frac{1}{2}$. gr: Kidney beans. 16,
w: bread. 4, C: wine. 30,
at 6 $\frac{1}{2}$. Chicore, gruel, alias. Pisan warm 18,

Solids. 20t: Liquids. 102t:

Slept on Couch fr: 5 till 6; to bed at 10, Slept a
little, Interrupt: fr: 10 $\frac{1}{4}$ till 4; /Waterd, 50t: /

/W; SWfr: / Rain, & gr: / Lowry & dr: / W; WSWfr: /

up at 6; W; WSWfz: / gr: & dr: / yf: 3? Aug: at 4½ (mx): at 5. (P) Jf:
 Not abroad before dinner;
 at 6½. Chicore gruel alias Ptisan, warm. 18,
 at 2. dumple: solid. 6t: beef broth de? 17.
 at 9. w: bread, 6t: butter, 2t: . 8 ;. No drink
 Rump beef boils. 18 } Gr: wine. 37,
 w: bread 3½ }
 at 6½. Chicore gruel. alias Ptisan. 18,
 Solids. 36t: Liquids. 90t:

Not out all day; to bed, at 8; Dozed, interruptedly
 fr: 8½ till 2; / water d, 52t: /

/ W; SWfz: / fine, V: & dry / dr: V: & fine / W; SWh: /
 up at 6; W; SWh: / dry & fine / yf: 4 Aug: at 3. (P) water
 at 6. (P) water,
 Not out before dinner;
 at 6¼. Chicore gruel, alias Ptisan, warm. 18,
 at 8¼. w: bread, 6½ butter 2t: . 8½ t: . No drink
 at 1¼. Veal, Cuttlett 12 } Old hock. 35.
 roasted, Chicken. 4 } Old dr: Mad. 3,
 w: bread 7 }

at 6½. Chicore gruel, alias Ptisan, cold. 18,
 Solids. 32t: Liquids. 74t:

Not abroad since yf: 2:; to bed, at 8½; Slept a little,
 Interruptedly fr: 8¼ till 12 & till 3½; / water d, 48t: /

/ W; SWfz: / V: & dry / gr: & dr: / W; WSWfz: /

up at 5½; W; WSW fr: / gr: & dr: / yf: 5: Aug: at 5½. (L).
 Walkd on ramparts fr: 11¼ till 12¼;
 at 6. Chicore gruel, alias Pisan, warm, . . . 18,
 at 8½ bring 7t: butter, 1t: . . . 8t: No drink y!
 at 1¼. Veal Cuttlett. 4, } Old hock. 32,
 roasted Chicken, 9, }
 w: bread. 7½ }
 bioguts. . 1t: Chees½. 1½.
 at 6½. Chicore, gruel, alias . . . Pisan . . . 18,
 Solids. . . 30t: , Liquids. . . 68t:.

Not out since dinner, to bed, at 8, Slept a
 little, Interrupted by fr: 8½ till 2½ / waterd, 40t: /

/W; SWm: / Rain, to th: / dry & fine / W; Nm: /
 up at 5½; W; Nm: / dr: fine & V: / yf: 6: Aug: at 3½ (P) at 5½ OP.

Walkd on ramparts fr: 12¼ till 2;
 at 6. Chicore gruel, alias Pisan, warm, 18,
 at 8¾. w: bread 7½, butter 2t: 9½t: . No drink y
 at 2¼. Fryd Pike fish, Lay broild. 18, } Champagno wine 30,
 w: bread. 7½ }
 at 8½. Chicore, gruel alias. Pisan warm 18,
 Solids. . . 35t: , Liquids. . . 66,

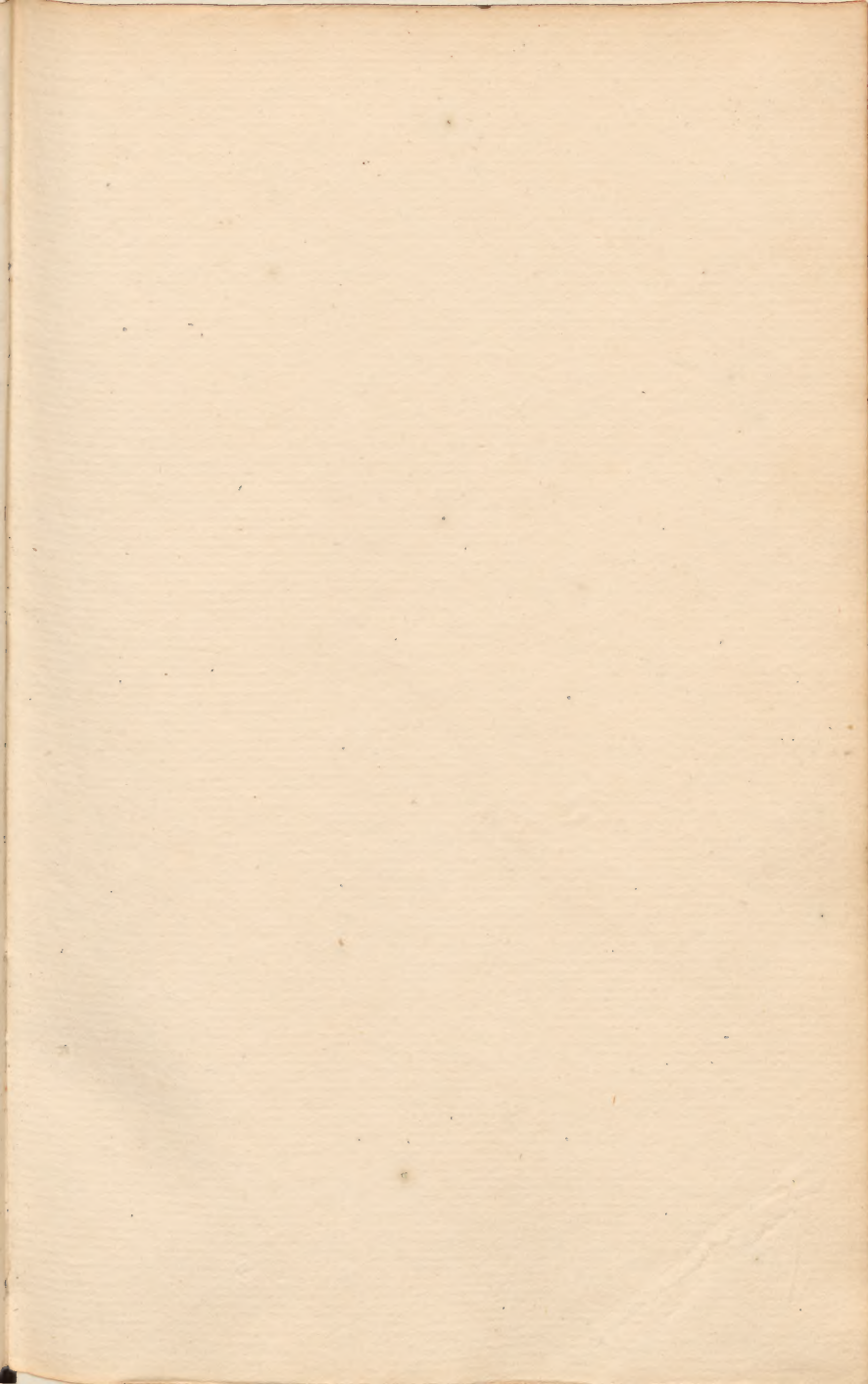
Walkd on Streets &c? fr: 5 till 6; Slept on Couch
 fr: 6½ till 8, to bed, at 9½, Slept a little, Interrupt:
 fr: 9¾ till 3; / waterd 48t: /

/W; NWm: / dr: & fine / V: & dry / W; NWm: /

up at 5½; W; NWm: / Dr: & fine, / y: 7. Aug: at 3½ (P) Mk: at 6. OP.
 Walked on ramp 5 fr: till 2;
 at 6. Chicore, gruel, alias Ptisan. 18.
 at 8½. w: bread 8¼, butter 1¼. 9½ t: No drink. -
 at 2¼. Beef Stakes. 16½ old hock. 38,
 w: bread. 8 & gravy. 4.
 at 6½. Chicore, gruel, alias Ptisan. 18.
 Solids. 34t: Liquids. 78t:
 Not abroad Since Noone; to bed, at 8; Slept a little. Inter-
 ruptedly, fr: 8¼ till 1, & fr: 4½ till 5½; / waterd, 54 t: /
 / W; NW fr: / Various & dry / W: & dry / W; NWm: /
 up at 6¼; W; NWm: / Dr: & fine, / y: 8. Aug: at 2. (M) at 6¼ (P) mu
 Not out before noone;
 at 6½. Chicore gruel, Alias Ptisan, warm, . . . 18,
 at 9. w: bread 5 t: butter 1 t: . . . 6 t: No drink!
 at 1¼ Roasted beef. 17 green kidney beans. 11.
 w: bread. 5½ At: E beer. 12,
 bisquits. 1½ Old hock. 33,
 at 3½. So: Mad: wine. 4.
 at 6¼. Chicore, gruel, alias Ptisan warm, . . . 18.
 Solids. 30t: Liquids. 96t:
 Slept on Chair, fr: 4½ till 6; to bed, at 8¼, Slept, w:
 frequent Interruptions fr: 9 till 2½;
 / waterd, 50 t: /
 / W; W: 4 m: / V: Dr: & fine, / gr: & dry / W; NE m: /
 at 7½. (S) p'd:







Med. Hist.

MS.

B

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